

2012 Row for the Cure Poughkeepsie

Heat Sheet for Sunday, Jun 3

| # | Time | Race Name | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|----|----------|-------------------------------|--------------|--------------|----------------|--------------|----------------|---------------|--------|--------|
| 1 | 06:30 AM | Mens Open 1x Final | Arlington | FDR | | Poughkeepsie | HRRA | John Jay | | |
| 2 | 06:45 AM | Womens Open 2x Final | FDR | Poughkeepsie | | | | | | |
| 3 | 07:00 AM | Mens HS Novice 8+ Final | Wappingers A | FDR | Mountain Lakes | Arlington | Wappingers B | Spackenkill | | |
| 4 | 07:15 AM | Womens HS Novice 8+ Final | Arlington A | Poughkeepsie | Mountain Lakes | Wappingers | Arlington B | Spackenkill | | |
| 5 | 07:30 AM | Womens Open 1x Final | Poughkeepsie | FDR | | | | | | |
| 6 | 07:45 AM | Mens Open 2x Final | HRRA | Arlington | Poughkeepsie | | | | | |
| 7a | 08:00 AM | Mens HS Varsity 4+ Flight 1 | Arlington | FDR | Mountain Lakes | Poughkeepsie | Rhinebeck A | Wappingers A | | |
| 7b | 08:15 AM | Mens HS Varsity 4+ Flight 2 | FDR A | Wappingers B | Spackenkill A | Wappingers C | Rhinebeck B | Spackenkill B | HRRA | |
| 8a | 08:30 AM | Womens HS Varsity 4+ Flight 1 | Rhinebeck A | Spackenkill | Wappingers A | Arlington A | Mountain Lakes | Wappingers B | | |

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| 8b | 08:45 AM | Womens HS Varsity 4+ Flight 2 | FDR | Wappingers C | Rhinebeck B | Poughkeepsie | Arlington B | | | |
| 9a | 09:00 AM | Mens HS Varsity 8+ Flight 1 | Rhinebeck | Wappingers A | Arlington A | FDR | Mountain Lakes | | | |
| 9b | 09:15 AM | Mens HS Varsity 8+ Flight 2 | Spackenkill | Wappingers B | Poughkeepsie | Arlington B | | | | |
| 10 | 09:30 AM | Womens HS Varsity 8+ Final | Poughkeepsie | Spackenkill | Wappingers A | Rhinebeck | Mountain Lakes | FDR | Arlington | Wappingers B |
| 11 | 09:45 AM | Mixed Masters 8+ Final | FDR | HRRA | MHRA | | | | | |
| 12 | 10:00 AM | Mixed Novice HS 8+ Final | Arlington A | Wappingers A | Arlington B | Spackenkill | Saratoga | Arlington C | Wappingers B | FDR |
| 13a | 10:15 AM | Mixed HS Varsity 8+ Final 1 | Spackenkill A | Wappingers A | Rhinebeck A | Poughkeepsie | Mountain Lakes | | | |
| 13b | 10:30 AM | Mixed HS Varsity 8+ Final 2 | Wappingers B | Rhinebeck B | Arlington | Spackenkill B | Wappingers C | | | |
| 14 | 10:45 AM | Mixed Alumni 4+ Final | Wappingers A | Arlington | Wappingers B | | | | | |
| 15 | 11:00 AM | Mens Open Coxed Quad Final | Saratoga A | Poughkeepsie A | Saratoga B | Poughkeepsie B | Saratoga C | Poughkeepsie C | Saratoga D | |
| 16 | 11:15 AM | Coaches vs Teams 4+ Final | Arlington A | Arlington B | Arlington C | FDR A | FDR B | Spackenkill | | |

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| 17 | 11:30 AM | Open 4+ Final | Buffalo A | Marist | Mountain Lakes | Buffalo B | Newburgh | | | |
| 18a | 11:45 AM | Womens Open Coxed Quad Flight 1 | Saratoga A | Poughkeepsie A | Saratoga B | Poughkeepsie B | Saratoga C | | | |
| 18b | 12:00 PM | Womens Open Coxed Quad Flight 2 | Saratoga D | Poughkeepsie C | Saratoga E | Saratoga F | | | | |