

Time	Event	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
	Expo.					
10:30:00 AM	Adaptive Rowing			WSRC A	WSRC B	
	Result					
	Event #1					
10:40:00 AM	Womens Open 1x		St. Catharines B	St. Catharines A	SNRC	
	Result					
	Event #2					
10:50:00 AM	Mens Open 4-			WSRC A	WSRC B	
	Result					
	Event #3					
11:00:00 AM	Womens U19 Ltwt 8+		Wyandotte	SNRC	WSRC	St. Catharines
	Result					
	Event #4					
11:10:00 AM	Mens U19 Ltwt 8+		WSRC A	St. Catharines	Wyandotte	WSRC B
	Result					

	Event #5					
11:20:00 AM	Womens Open 4x		St. Catharines	SNRC	Wyandotte	
	Result					
	Event #6					
11:30:00 PM	Mens Open 4x		SNRC B	St. Catharines	SNRC A	
	Result					
	Event #7					
11:40:00 PM	Womens Open 2-		WSRC B	St. Catharines A	WSRC A	St. Catharines B
	Result					
	Event #8					
11:50:00 PM	Mens Open 4+		St. Catharines Ltwt	WSRC A	St. Catharines	WSRC B
	Result					
	Event #9					
12:00:00 PM	Womens U19 4+		Time Trial 3rd	Time Trial 1st	Time Trial 2nd	Time Trial 4th
	Result					
	Event #10					
12:10:00 PM	Mens U19 4+		Time Trial 3rd	Time Trial 1st	Time Trial 2nd	Time Trial 4th

	Result					
	Event #11					
12:20:00 PM	Womens Open 2x		Time Trial 3rd	Time Trial 1st	Time Trial 2nd	Time Trial 4th
	Result					
	Event #12					
12:30:00 PM	Mens Open 2x		Time Trial 3rd	Time Trial 1st	Time Trial 2nd	Time Trial 4th
	Result					
	Event #13					
12:40:00 PM	Womens Ltw Open 4+		Wyandotte B	SNRC	Wyandotte A	St. Catharines
	Result					
	Event #15					
12:50:00 PM	Womens U19 8+	WSRC B	Rochester Jr	St. Catharines A	WSRC A	St. Catharines B
	Result					
	Event #16					
1:00:00 PM	Mens U19 8+		Time Trial 3rd	Time Trial 1st	Time Trial 2nd	Time Trial 4th
	Result					
	Event #17					

1:10:00 PM	Womens Open 4+		Rochester Jr	WSRC A	St. Catharines	WSRC B
	Result					
	Event #18					
1:20:00 PM	Mens Open 2-		Leander	WSRC A	St. Catharines	WSRC B
	Result					
	Event #19					
1:30:00 PM	Womens U17 4+		Time Trial 3rd	Time Trial 1st	Time Trial 2nd	Time Trial 4th
	Result					
	Event #20					
1:40:00 PM	Mens U17 4+		Time Trial 3rd	Time Trial 1st	Time Trial 2nd	Time Trial 4th
	Result					
	Event #21					
1:50:00 PM	Mens Open 1x		Time Trial 3rd	Time Trial 1st	Time Trial 2nd	Time Trial 4th
	Result					
	Event #22					
2:00:00 PM	Womens U17 8+		Time Trial 3rd	Time Trial 1st	Time Trial 2nd	Time Trial 4th
	Result					

	Event #23					
2:10:00 PM	Mens U17 8+		WSRC B	St. Catharines	WSRC A	WSRC C
	Result					
	Event #24					
2:20:00 PM	Womens Ltw Open 8+/Open 8+			WSRC	St. Catharines Ltw A	
	Result					
	Event #25					
2:30:00 PM	Mens Open 8+			WSRC	St. Catharines	
	Result					