

The 3rd Annual Midwest Summer Sprints Championships

Saturday August 7, 2021

Dillon State Park

5265 Dillon Hills Drive
Nashport, OH 43830-9568

We are excited to share our plans for the Third Annual Midwest Summer Sprint Championships!

HIGHLIGHTS:

- We are working with the State of Ohio and USRowing to finalize a safe plan to race on August 7th.
- We expect the first race to be at 7:45 am and may change the schedule as needed depending on the entries, including potentially eliminating the lunch break.
- 1000 meter sprint competition for high school age students through Masters.
- This is a USRowing registered regatta, and as such, all participating crews must be members of USRowing.

Check-in/Registration –

All teams should check in at the Registration Tent located at the finish. Registration is open Saturday morning, starting at 6AM.

Coaches and Coxswains Meeting –

Time: Aug 5, 2021 08:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/87336877526?pwd=Y3I3T0VBeWtTZTBOeVR5aXU2bVp2Zz09>

Meeting ID: 873 3687 7526

Passcode: 408095

One tap mobile

+13126266799,,87336877526#,,,,*408095# US (Chicago)

+16465588656,,87336877526#,,,,*408095# US (New York)

Dial by your location

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+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 873 3687 7526

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Find your local number: <https://us02web.zoom.us/j/87336877526?pwd=Y3I3T0VBeWtTZTBOeVR5aXU2bVp2Zz09>

Practice –

There is no official practice prior to the first event on racing Saturday. However, if the course setup is complete at a reasonable time on Friday, we will notify the teams (via the contacts designated in regatta central) of available practice. Any practice on Friday is at your own risk. No marshals or LOC will be present on the course.

Shells, Tents, & Food Trailers –

- Trailers may be unloaded any time after 12 PM on Friday, August 6.
- Store boats in the assigned shell areas only. Please be mindful of your neighbors.
- It is expected that you stage boats tightly together to conserve space for all participants.
- Trailers are not permitted on the lawn or beach area. Park in designated areas only.
- Trailers may be permitted to unload on the lower road, and must do so quickly and park up top as soon as unloading is completed. This will be determined by the LOC on the day of the event.
- Keep your area clean and free of trash. Dispose of all trash in the dumpster provided for the event.
- Staking of tents is permitted.
- Be aware that tents and food equipment will need to be carried to your site. Vehicle traffic of any kind other than designated regatta vehicles is not permitted on the grass or lanes down to the beach.
- There will be a \$200 fee for any team neglecting to maintain their site

COVID-19 RISK MITIGATION PLAN:

In the event the laws, rules, or orders become more or less restrictive as it relates to rowing regattas in the State of Ohio, this COVID-19 Risk Mitigation plan may change.

All SafeSport requirements, general rowing safety protocols and Registered Regatta requirements will be followed. Protocols for safety during the COVID-19 pandemic have been lifted at this time. If new protocols are implemented prior to the date of the regatta, they must be followed. Failure to abide by any of the Event requirements of your athletes or spectators representing your team, will result in exclusion of your team entries and you will be asked to leave the venue.

Event Medical Plan:

- There will be a First Aid tent located between the launch and recovery areas. Teams are asked to also provide for their own team's First Aid Needs. EMS Services will be available via 911 only and will not physically be onsite.
- Local healthcare resources:
 - Hospital/Emergency Services
 - Genesis HealthCare System
2951 Maple Ave.
Zanesville, OH 43701
(740) 454-4000; (800) 322-4762

Regatta Rules and Definitions:

- Novice: Began competing after August 7, 2020
- Hot seating boats or rowers requires a minimum of 40 minutes separation, but it is always done so at your own risk! We cannot wait for your crew. We strive to run an 'on-time' regatta. Please check the tentative schedule to ensure that you can make all necessary accommodations for the double use of boats, oars or rowers. Races will not be held for crews which are late to the starting line.
- Please plan to provide your own bow numbers.
- All events will be final. Medals for events with multiple flights will be determined by taking the top 3 times from within all the cumulative flights. In some cases, as determined by the LOC some masters events will be split and medaled separately. All crews must beat at least one boat to medal with the exception of first place.

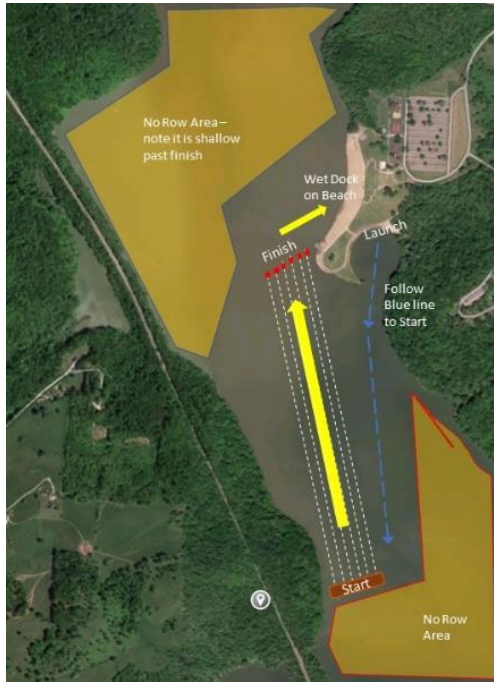
- **COACHES: YOU ARE RESPONSIBLE FOR MAKING SURE THAT YOUR COXSWAINS AND CREWS KNOW HOW TO BACK INTO A START PLATFORM AND CAN SCULL TO KEEP THEIR LINE!!!!!!**

Coxswains:

- Coxswains and rowers **MUST KNOW HOW TO BACK INTO A START PLATFORM!!!!** Please practice with your crew(s) the technique of using a starting platform, including the pointing of their bows – i.e. having two-seat scull with bow-seat's oar or three-seat scull with two-seat's oar.
- More info on this will be sent to teams. Due to the early start time, it is likely the Coaches and Coxswains meeting will be held via a zoom session a few days prior to the event. We would ask for your flexibility on this item.

Venue:

Course traffic pattern



General site overview



Trailer Traffic Pattern



Boat Storage



Car traffic Pattern



First Aid, Finish, Spectator Area, Vendors



Regatta Staff:

- Regatta Director: Jeff Klima – jeffklima05@gmail.com
- Chief Referee – Andrew Cooke