



WINNIPEG ROWING CLUB

The Head of the Red Regatta and 2nd Annual Skills Rodeo September 27, 2014

The Winnipeg Rowing Club will be hosting the new and improved Head of the Red Regatta on Saturday September 27, 2014 followed by our 2nd Annual Skills Rodeo in the afternoon. The event will take place at the Winnipeg Rowing Club facility located at 20 Lyndale Drive on the renowned Red River just south of the famous Winnipeg Forks.

The fall regatta will be in head race format. The course will be an open 5K course from the bridges of Vital to the Norwood just north of the WRC. Further course details are:

1. A 5 km race starting at the Winnipeg Fire Hall and ending at the famous Winnipeg Forks just past the Norwood bridge and WRC dock.
2. It is an open race course with continued starts throughout the day.
3. There will be 2 minutes between each racer allocated.
4. Regatta is focussed on allowing for full participation and sportsmanship.
5. Racers are limited to 3 launches.
6. No club limit on entries per event to allow for full participation.

Racing Categories

Open: Open to all competitors

Junior: Athletes under the age of 19 years by December 31, 2014

Masters: Athletes who are 27 years of age and older as of January 1, 2014. Age handicaps will apply (1 second for each year older than the youngest masters competitor in the race. Crews will use average age. Age is determined as a person's age as of December 31, 2014.)

Novice: Athletes who started rowing after September 2013.

Categories

Open Men	1x, 2x, 2-, 4x, 4-, 8+
Open Women	1x, 2x, 2-, 4x, 4-, 8+
Junior Men	1x, 2x, 2-, 4x, 8+
Junior Women	1x, 2x, 2-, 4x, 8+
Novice Men	4x, 8+
Novice Women	4x, 8+
Master Men	1x, 2x, 2-, 4x, 4-, 8+
Master Women	1x, 2x, 2-, 4x, 4-, 8+
Mixed Master	2x, 4x, 8+

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Entries

- Due on September 22nd, 2014 by 6:00 pm. Late entries will be accepted until September 24th by 6:00 pm for an additional fee of \$5. Adjustments may be made to the schedule pending entries
- Entry fee is \$25 per person and the late entry fee is \$30.00 per person. Payment is through Regatta Central.
- Scratch fee after September 25th will be assessed a \$30 scratch fee
- Masters rowers will be evaluated a 1 second handicap per crew average year over 27 years per 1,000 m of course length.
- Coaches meeting will be at 8:00 am on Saturday at the boathouse to be followed by a general address to the participating athletes reviewing the course, schedule and safety issues.
- All boats are to have left the dock 40 minutes prior to the start of that launch

Entry Procedure

- Registration is through Regatta Central (<https://www.regattacentral.com/regattas/>) starting after September 1st

General

- All participants, rowers and coxswains must be registered and in good standing with RCA.
- Start time 9:00 with a break during mid day to start the skills rodeo in afternoon.
- WRC will allow for mixing of crews for clubs with limited numbers.
- Registration will include voucher for hotdog, beverage and snack
- Please contact us at headofthered.wrc@gmail.com for further information or to request assistance with boats.

Course Map to follow

Proposed Schedule to follow!

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The 2nd Annual WRC Skills Rodeo 2014

The WRC skills rodeo is staged to enhance the skills of athletes that will help develop you as rowers. Each athlete will be given a score card at the start of the event. Each event has a maximum amount of points that can be attained on the full execution of the skill. Bonus points are set up throughout the events to promote advance skill development. With the great success and learning experience from 2013 we have made some changes that I hope you will enjoy.

Entries

- Due on September 22nd, 2014 by 6:00 pm. Late entries will be accepted until September 24th by 6:00 pm for an additional fee of \$5. Adjustments may be made to the schedule pending entries
- Entry fee is \$10 per person and the late entry fee is \$15.00 per person. Payment is through Regatta Central.
- Scratch fee of \$15 will be assessed for cancellation after September 25th
- Event is only open to Juniors and Novice rowers only!
- Coaches meeting will be at 1:00 pm on Saturday at the boathouse to be followed by a general address to the participating athletes reviewing the course, schedule and safety issues.

Entry Procedure

- Registration is through Regatta Central (<https://www.regattacentral.com/regattas/>) starting after September 1st

General

- Events are open to Juniors and novice rowers only.
- Each athlete will perform all events in the skills rodeo in sequence consecutively
- Events will be sent to Head coaches 5 days prior to event for training purposes
- All events are approved and in support of the RCA Skills Rodeo program.
- *All events are done in singles*