

Ann Arbor Rowing Club



Michigan Club Invitational Regatta

**Argo Pond
July 25, 2009**



Invitees:

Open to all clubs and individuals from the State of Michigan. Affiliation to a rowing club is not required. Clubs from neighboring states by invitation.

Participating organizations must be active members of USRowing and must compete under their official USRowing membership name. The only exception to this rule is for single entries. These single scullers must be full-privilege individual members of USRowing and must race as “Unaffiliated.”

Event Categories:

- 1) High School/Junior: a competitor who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full time student seeking a diploma. A competitor thus ceases to be a Junior after December 31 of the year of his or her 18th birthday, or of the year in which he or she completes the 12th grade of secondary school, having been a full time student, whichever is later.
- 2) Open: Open to all age categories
- 3) Masters: individual who has attained the age of 21, during the current calendar year. A competitor's age is determined as of December 31 of the current calendar year. The age of a crew is determined by the average of the crew rounded down to the highest contained integer. The Coxswain's age shall not be counted. Each member of the crew with the exception of the coxswain must be within the masters' age limitations. An athlete in the “AA” Category (ages 21-26) may only average an “A” boat (ages 27-35)
*******Masters registration forms that are missing date of birth will default to 21 years, the youngest possible masters age.*******
- 4) Mixed: At least 1 & no more than half of the rowers in the shell may be male.
- 5) Novice: Learned to row in the calendar year 2009; Individuals who took a rowing class in a previous year but who did not race at more than one regatta or row regularly for more than 2 months in that year may also be considered novices.
- 6) Recreational: Rowers in these events should be novice rowers or rowers who row for fun and occasionally race, but have no intention of competing at Masters Nationals or other highly competitive regattas. Typically, these rowers practice no more than two times a week.



Distance: All events are 1000 meters.

Minimum Entries for Race to be run:

If an event has at least two entries, even if they are from the same club, the event will be run.

Waivers: This regatta is registered with USRowing and accepts the **once-a-year** USRowing waiver. A Waiver must be on file for all athletes. If you have not yet signed the waiver for 2009, please do so on-line at www.usrowing.com

Online Submission: Contact the person who submits your entries (e.g. coach, rowing partner, etc) and request their Regatta Central '**Roster Code**'. (this unique code enables the system to automatically link your waiver submission with the entries made by your coach or rowing partner)

1. Go to <https://www.regattacentral.com/athletes/> and follow the instructions
2. You'll be provided a USRowing Membership ID. Provide this number to any additional coaches or rowing partners who submit entries which include you as they'll need to include it in their Regatta Central roster.

Note: Have your coach contact us at support@regattacentral.com if they need assistance obtaining their Roster Code.

Paper Submission: Online waivers save AARC significant amounts of time and therefore we prefer online submission. Online waivers also save athletes time since the waiver can be submitted just once a year, covering the athletes for all USRowing-registered regattas. However, insurance rules stipulate that regattas must also accept a paper waiver if one is submitted in lieu of online waivers. If you prefer to submit a paper waiver, make a copy of the form on Page 8 of this packet, sign and send directly to the regatta at the following address:

Waiver Compliance; Ann Arbor Rowing Club 1325 Longshore Drive, Ann Arbor, MI 48109

Heats:

Due to the size of the Huron River only three shells may compete at a time. Accordingly, any event that has four or more will be run in heats. If heats are necessary in a particular event, no entrant will row alone.



Trophies & Medals:

Tom Kraft Cup - Awarded annually to a Michigan Club with the highest overall score. The team points champion of the Michigan Club Invitational will have their name added to the Tom Kraft Cup;

Point System:

	<u>1st Place</u>	<u>2nd Place</u>	<u>3rd Place</u>	<u>4th Place</u>
8+ & 4+ Events	6 pts	5 pts	4 pts	3 pts
2x & 1x Events	4 pts	3 pts	2 pts	1 pt

Medals - Medals will be awarded for First, Second and Third Place in each event. If an event has only three entries, only first and second place medals will be awarded; if an event has only two entries, only first will be awarded.

Medals will be distributed as soon as times are verified. Teams that participate in cup races will also compete for medals.

The fastest (raw-no handicap) time from all the Men's single events will be awarded an MCI 2009 commemorative oar bag, made by Zip-cover.

Cup Races:

Downtown Home & Garden Cup	Men's HS 8+	(event #6)
RowKraft Cup	Women's HS 8+	(event #20)
Dixie Cup	Men's HS 2x	(event #25)
Sithe Global Power Cup -	Men's Masters 4+	(event #26)
SeaView Systems Cup	Women's Open 8+	(event #35)
Sala Attorneys at Law Cup	Women's Masters 8+	(event#28)

Entry Deadline:

All entries must be submitted through Regatta Central's online regatta registration by midnight, Monday, July 20, 2009. Waivers will also be collected online using USRowing waivers. Questions regarding registration should go to the MCI Coordinator, Marcia Leonard: leonard.marcia@gmail.com

Entry Fees:

Single	\$20	Four	\$36
Double	\$24	Eight	\$48

Information:

Contact Marcia Leonard by email, leonard.marcia@gmail.com

Coaches and Coxswain Meeting:

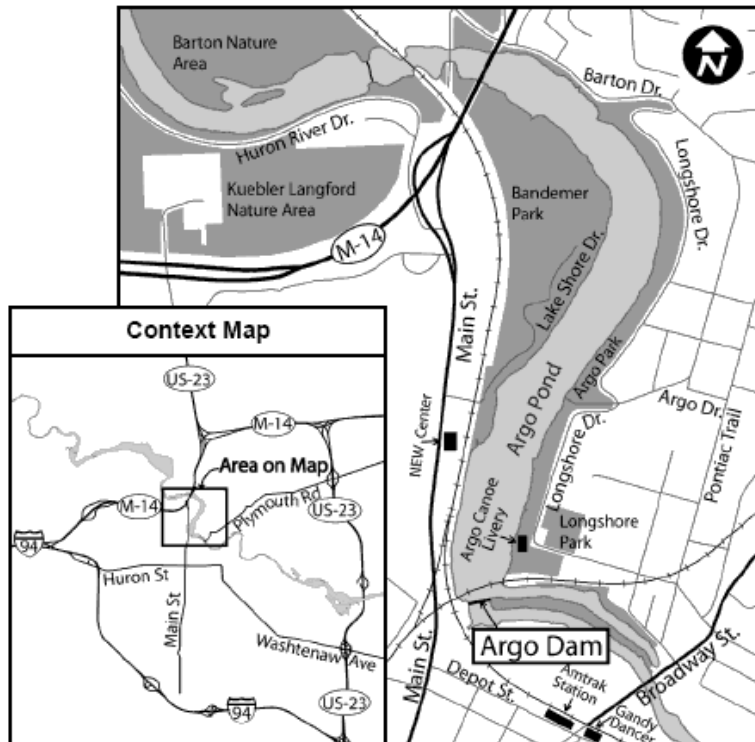
Will be held at 7:15 am, July 25th. Location of this meeting will be near the dock.

Final Schedule and Heat Assignments:

The schedule and heat assignments will be finalized on the evening of Thursday July 23, 2009.

Race Site & Parking:

There are two large parking areas around the boathouse and dock. However, no vehicles other than trailers and the vehicle pulling the trailers will be allowed to park in this area. This includes cars transporting singles or doubles. An area will be set up to drop off small boats but cars cannot stay in the area. Please bring slings for your boats. Walking directions from off-site parking areas will be added to this site on July 20.



Race Schedule: Race times will depend on the number of heats per event. Heats of the same event will be run consecutively. Estimated time between races/heats will be 5 minutes. Events will start at 8am.

Saturday, Jul 25

1	8:00a	Women's Masters 1x
2		Mens Masters 1x A-C
3		Mens Masters 1x D-F
4		Womens Masters 4+
5		Womens HS 4+
6		MEN'S HS 8+
7		Mens Masters 8+
8		Womens Masters 2x
9		Mens HS 1x
10		Womens HS 2x
11		Mixed Masters Novice/Rec 8+
12		Mens Open 1x
13		Womens Open 1x
14		Mixed Masters 8+
15		Womens Open 4+
16		Mens Open 4+
17		Mens Novice/Rec 4+
18		Mixed Open 2x
19		Mens HS 4+
20		WOMEN'S HS 8+
21		Mens Masters 2x
22		Mixed Open 4+
23		Womens Open 4x
24		Womens HS 1x
25		MEN'S HS 2X
26		MEN'S MASTERS 4+
27		Mens Open 2x
28		Womens Masters 8+
29		Mens Masters Novice/Rec 8+
30		Womens Masters Novice 8+
31		Mixed HS 8+
32		Mens Open 4x
33		Womens Open 2x
34		WOMEN'S OPEN 8+
35		Mens Open 8+

BOLD events are cup races. 30 minute lunch/break after Event 18.

Accommodations:

The following accommodations are available at group rate prices and set for arrival on Friday, July 24th and a departure of Saturday, July 25th. Best Western will accept reservations up until arrival at the discounted rate, on a space available basis after the release date.

1. Located on the West side of town--for people arriving from 1-94:



Best Western Executive Plaza
2900 Jackson Road
Ann Arbor, Mi 48103
Phone: 734-665-4444 Fax: 734-665-1776
Doubles \$79.99

2. Located on the Northeast side of town-- arriving from US-23:



Holiday Inn at North Campus

3600 Plymouth Road, Ann Arbor, Michigan 48105

Phone: (734) 769-9800 Fax (734) 769-4747
\$89.00/night; guaranteed rate until July 3, 2009

USRowing Referees:

The MCI regatta is registered with USRowing and is therefore officially and nationally recognized as a safe and fair event, meeting the highest standards for American regattas. Many thanks to our referees for their help during our annual MCI regatta:

- Rhaea Miller, Head Referee
- Steve Frushour
- Skip Martinko
- Greg Soleau