



2005 USRowing Midwest Masters Championship Regatta

July 30 – July 31, 2005

Eagle Creek Park , Indianapolis , IN

The 2005 USRowing Midwest Masters Championship Regatta will be held on July 30 & 31, 2005 at Eagle Creek Park in Indianapolis, Ind. Racing will be spread over two days, Saturday afternoon and Sunday morning. Racing is scheduled to conclude around 1:00 p.m. on Sunday.

This regatta is a USRowing owned and registered regatta. Each individual participant must be a current individual member of USRowing, and as a registered regatta, each club must be an organizational member, as per rule 5-203 or the 2005 Rules of Rowing. Participants from outside the Midwest Region are welcome to participate, competing for medals only. Team points will be scored only by Midwest Organizations.

Special Classifications: **Novice Master** and **Recreational Master** will be used for this event. Please refer to definitions of these classifications provided in this information.

Events for this regatta:

Novice Masters:

Men: 1X, 4+, 8+

Women: 1X, 4+, 8+

Recreational Masters:

Men: 4+, 8+

Women: 4+, 8+

Masters:

Men: 1X, Ltwt 1X, 2X, Ltwt 2X, 4X, 2-, 4+, 8+

Women: 1X, Ltwt 1X, 2X, Ltwt 2X, 4X, 2-, 4+, 8+

Mixed: 2X, 4X, 4+, 8+

******* Other events may be added if there are at least three entries. To add events, contact Elizabeth Webb before July 25 at 317-237-5678 or elizabeth@usrowing.org.**

Waivers: A Waiver must be on file for all athletes. If you have not yet signed the waiver for 2005, please do so online at www.usrowing.com

Entries: Entry Forms, All Fees, and certain waivers are due to the USRowing office on or before the entry deadline of Monday, July 25, 2005. You may make your entries online at www.regattacentral.com.

Entry Form – Midwest Masters (Please use only if not using RegattaCentral)

If at all possible, please register on-line at www.regattacentral.com. If you are unable to use RegattaCentral, please print or type to complete the form below.

Organization <i>(Please specify if you are rowing as a composite crew.)</i>		
Contact		Phone (day)
E-Mail		Event Number
Event Name		
Boat Designation ("A", "B") <i>This applies to crews who enter more than one boat in an event.</i>		_____ of _____ Entries
ATHLETE'S NAME (Last, First)	AGE	USRowing NUMBER <small>(If you don't know your number, please give us a call)</small>
Bow		
Stroke		
Coxswain	Age needed only for juniors	

Please send all entry information to:

USRowing Midwest Masters
201 S. Capitol Ave., Suite 400
Indianapolis, IN 46225
317-237-5646 - Fax

elizabeth@usrowing.org (Fax and e-mail entries will be accepted with a MasterCard or Visa.)

Events Fee Form – Midwest Masters (Use this form only if not using RegattaCentral.)

IF AT ALL POSSIBLE, PLEASE REGISTER ON-LINE at www.regattacentral.com. All entries should be submitted to USRowing by Monday, July 25, 2005. To ensure accurate processing of your organization's entries, please neatly print or type all information.

A scratch fee of \$25.00 will be enforced for all entries scratched after July 29, 2005.

If paying by check, please make payable to USRowing. All checks must be payable in U.S. funds drafted on a U.S. bank.

Organization				
Contact Person			Phone (day)	
E-mail			Phone (evening)	
Street Address				
City	State	Zip	Fax	
MasterCard/Visa			Exp.	
Boat Type	# of Boats	Cost per Boat		Total Cost
8+		U.S. \$55		
4+/4x		U.S. \$45		
2-/2x		U.S. \$30		
1x		U.S. \$20		
Grand TOTAL				

Entry Fees and forms are DUE on or before Monday, July 25, 2005

Make Checks Payable to: USRowing

Send Checks to:

Elizabeth Webb

201 S. Capitol Ave., Suite 400

Indianapolis, IN 46225

Registration: Teams and Individuals are to verify entries at the course (finish area) on Friday, July 29, from 5:00 p.m.- 6:30 p.m.; Saturday morning, July 30, from 8:00 a.m.-11:00 a.m.; OR Sunday, July 31 from 6:00 a.m.-7:00 a.m.

Regatta Meeting: The regatta meeting will be held on Saturday morning, July 30, at 10:00 a.m. at the finish area.

Definitions:

Novice Master-individual who started racing sweep or scull after Jan.1, 2005, and meets the Masters' definition below.

Recreational Master-individual whose skills are at the developmental level, experience is limited, and who has trained and/or practiced No More that three (3) times per week this calendar year on average and meets the Masters' definition below.

Master -individual who has attained the age of 21, during the current calendar year. A competitor's age is determined as of December 31 of the current calendar year. The age of a crew is determined by the average of the crew rounded down to the highest contained integer. The Coxswain's age shall not be counted. Each member of the crew with the exception of the coxswain must be within the masters' age limitations. An athlete in the "AA" Category (ages 21-26) may only average an "A" boat (ages 27-35)

Mixed-one half of the rowers are male. One half of the rowers are female.

Lightweights-Men = 160 Pound Max. No average required; Women = 130 Pound Max. No average required.

****** Weigh-ins**- will be conducted on Saturday morning from 9:00am until 12:00pm and on Sunday from 6:00am until 7:30am . If a lightweight makes weight for Saturday racing, and also rows on Sunday, there is no second weigh-in. A lightweight that only rows on Sunday must make weight on Sunday.

Bow Balls and Quick Release footgear, Safety: Bow-balls are required equipment. Check all boats to ensure that they are equipped with quick release foot gear as described in the 2005 Rules of Rowing. Bow Coxed boats are to also be in compliance with the rules.

Boat trailers, storage, and parking: Indianapolis Rowing Center is in charge of the parking and storage layout. Please cooperate with their directions. Our access to the facilities begins at noon on Friday, JULY 29, 2005. Please be considerate of other activities in the park area. No coaching launches will be permitted on the water Saturday or Sunday. Only course and LOC boats will be permitted on the water during the regatta time frame.

Other Items: We will be using Floating Starts from the 1000m mark and racing to the finish tower, finish line. A proper warm-up traffic pattern will be posted. Please read it and observe it.

Housing Information: Following is a listing of local hotel accommodations and directions to the course.

Accommodations/Directions

\$ room quotes are approximate \$

Hampton Inn – Northwest

7220 Woodland Dr.
Indianapolis, IN 46278
317-290-1212 (phone)
317-291-1579 (fax)
1-800-426-7866
\$79.00 for double/nonsmoking
\$79.00 for king/pull-out

Clarion Inn & Suites

7001 Corporate Dr.
Indianapolis, IN 46278
317-298-3700
12 minutes to venue
\$70.00 for double/double or single/w queen sofa
\$74.00 for mini-suite (This includes refrigerator)

Holiday Inn Select North

3850 DePauw Blvd.
Indianapolis, IN 46268
317-872-9790 (phone)
317-871-5608 (fax)
\$89.00 for a single
\$89.00 for a double
15 minutes to venue

Ramada Inn – Country Hearth Inn

3851 Shore Dr.
Indianapolis, IN 46254
317-297-1848 (phone)
317-297-2096 (fax)
7 minutes to the venue
Closest to the venue
Outside entrance to rooms
\$69.95 single/double

Wingate Inn - Indianapolis Northwest

6240 InTech Commons Drive
Indianapolis, IN 46278
317-275-7000 (phone)

317-275-7001 (fax)
\$79.00 – double
12-15 minutes for the venue

Pickwick Farms – Northwest

9259 Racquetball Dr.
Indianapolis, IN 46260
317-872-6506
15 minutes to venue
These are furnished apartments with kitchens.
One bedroom: \$75.00
Two bedrooms: \$95.00

Courtyard by Marriott – Northwest

7226 Woodland Drive.
Indianapolis, IN 46278
\$69.00 single/double
317-297-7700 (phone)
317-387-1628 (fax)
12-15 minutes for the venue

Directions to Eagle Creek Park

Traveling from the Northwest

I-65 South to I-465 South. Exit 71st Street. Travel West into Park. Once in park, follow signs to Eagle Creek Beach Dr. approximately seven minutes into the park. Turn right onto Eagle Creek Beach Dr.

Traveling from the East

I-70 to I-65 North. Take the Lafayette Rd exit. Turn right onto Lafayette Rd. Turn left at light onto 56th St. Park will be on the right. Once in the Park turn left at your first opportunity onto Eagle Creek Beach Dr.

Traveling from the Northeast

I-65 South to I-465 West. Take the 71st exit and turn right (west) onto 71st. this will take you directly into the park. Once in park, follow signs to Eagle Creek Beach Dr. approximately seven minutes into the park. Turn right onto Eagle Creek Beach Dr.

Traveling from the West

I-74 or I-70 east to I-465 North. Take the 56th St. exit. Turn left at light. Park will be on the right. Once in the Park turn left at your first opportunity onto Eagle Creek Beach Dr.

Traveling from the South

I-65 North to Lafayette Rd. Take the Lafayette Rd exit. Turn right onto Lafayette Rd. Turn left at light onto 56th St. Park will be on the right. Once in the Park turn left at your first opportunity onto Eagle Creek Beach Dr.

2004 Midwest Masters Regional Championship Regatta

Order of Events (Actual times are dependent upon total entries)

Saturday, July 30, 2005

12:00 noon Heats as necessary

1:00 pm Finals

Event:

1 Women's Master 4+

2 Men's Master Novice 8+

3 Men's Master 4X

4 Women's Master Rec 4+

5 Women's Master Ltwt 2X

6 Men's Master 1X

7 Men's Master Novice 1X

8 Women's Master Rec 8

9 Men's Master Ltwt 2X

10 Women's Master 1X

11 Mixed Master 8+

12 Women's Master Novice 4+

13 Women's Master 2-

14 Mixed Master 2X

15 Men's Master 8+

Sunday, July 31, 2005

7:30 am Heats as necessary

8:30 am Finals

16 Women's Master 4X

17 Men's Master Rec 4+

18 Men's Master Ltwt 1X

19 Men's Master 2-

20 Women's Master Ltwt 1X

21 Women's Master Novice 1X

22 Men's Master Novice 4+

23 Women's Master 2X

24 Women's Master Novice 8+

25 Men's Master 2X

26 Mixed Master 4+

27 Men's Master Rec 8+

28 Mixed Master 4X

29 Men's Master 4+

30 Women's Master 8+