



107th Annual NWIRA Championship Regatta **Kenora, Ontario, Canada** **Friday & Saturday, August 13 & 14, 2010**

Regatta Information Sheet

Welcome to the 107th year of NWIRA

Coaches meeting: 6:00 PM Thursday August 12, 2010
at the Kenora Rowing Club

NWIRA Registration Process

Entries are due by **Friday, August 6, 2010.**

NWIRA association clubs and guest clubs can submit their entries at the Regatta Central website - www.regattacentral.com. The online registration will close at 12AM Midnight (Pacific time) on **Friday August, 6, 2010.**

Changes in names and scratches without fees will be accepted until 5PM (Central Time) **Monday, August 9, 2010.** After the August 6 deadline, clubs may submit changes and scratches to the NWIRA Secretary, stock041@tc.umn.edu. No entry and/or alternate changes will be accepted after the August 9 deadline.

Heats Draw and Event Schedule will be posted by **Wednesday, August 11, 2010.**

The following information are needed to prepare your club 2010 NWIRA entries in Regatta Central:

- Competitor list which includes first and last name of rowers and coxswains
- CARA # for Canadian competitors
- Masters' birthdates
- Crew entries which includes crew names, coxswain when needed, event #, event name, boat ID (i.e. A, B, C), and alternates when applicable.

All US competitors should be either an individual member of USRowing or a member of a USRowing-member institution. All Canadian competitors should be a member of Rowing Canada Aviron (RCA).

Please contact the NWIRA Secretary, Charlie Stockwell, (stock041@tc.umn.edu / 651-602-0758) with questions about the NWIRA Registration Process

NWIRA Fees Schedule

Exchange rate (1 USD = 1 CAD)

	US Dollars	Canadian Dollars
Entry Fees		
Singles	\$17	\$17
Doubles / Pairs	\$34	\$34
Fours / Quads	\$51	\$51
Eights	\$68	\$68
Scratch Fees *		
Singles	\$17	\$17
Doubles / Pairs	\$34	\$34
Fours / Quads	\$51	\$51
Eights	\$68	\$68
Club Membership Dues (Required)	\$75 per club	\$75 per club
Guest Clubs (Non-NWIRA Clubs)	No fee (\$0)	No fee (\$0)
Damage Deposit (Required)**	\$40 per club	\$40 per club
Regatta Fees (Required) ***	\$15 per person	\$15 per person

* Any scratch fees NOT paid at the regatta will be subject to an administration fee (\$50 USD \$50 CAD).

** Damage deposit check will be shredded, if no damages were reported during the regatta.

*** All rowers, including coxswains, competing in the championship regatta are required to pay the regatta fee (\$15UD / \$15 CAD) in addition to boat entry fees and club membership dues if applicable. This Regatta fee covers regatta expenses (e.g. banquet, insurance, entertainment, and equipment rental).

Non-rowers (parents, coaches, family members and friends) that wish to attend the awards banquet may do so at (\$15UD / \$15 CAD) per person. Clubs may list those individuals on the Club Information Form (see next section for details). After submitting the list, clubs are responsible for the number of people expected to attend. No refund will be given for those listed unable to attend the banquet.

Two payments will be collected at the Coaches Meeting on Thursday August 12, 2010, at 6:00 PM (Central) at the regatta site. If you are not paying by credit card at Regatta Central, please make checks payable to Northwestern Int'l Rowing Assn. in the currency of the country of your club.

1. One payment, by credit card via Regatta Central and/or check(s), to pay for:
 - Entry Fees. Entry fees will be based on entries and changes submitted as of 5PM (Central Time) Monday, August 9, 2010.
 - Scratch Fees, if applicable.
 - NWIRA Club Membership Fee, if applicable.
 - Regatta Fees for individuals (rowers and non-rowers) attending the awards banquet.
2. One payment check for NWIRA Damage Deposit.

Club Information Form

To ensure that information related to the 2010 NWIRA Championship Regatta is communicated to the appropriate contacts at your club, complete the attached Club Information Form (2010 NWIRA Club Information Form.doc) and send it to the NWIRA Secretary, Charlie Stockwell, at stock041@umn.edu. Please send the completed form no later than **August, 6, 2010**.

The form will also ask for two other information:

- A. A list of coxswains will be competing in the regatta, please include alternates. Officials need this information for weigh-in purposes.
- B. A list of all non-rowers (parents, coaches, family members and friends) that will attend the awards banquet. This allows the Kenora Rowing Club to plan the award banquet accordingly.

NWIRA Association Clubs

NWIRA is an association of rowing clubs in the United States and Canada. Current association club members are:

- Winnipeg Rowing Club (WNPG), Winnipeg, Manitoba, Canada
- Minneapolis Rowing Club (MPLS), Minneapolis, Minnesota, USA
- Minnesota Boat Club (STPL), St Paul, Minnesota, USA
- Duluth Rowing Club (DULT), Duluth, Minnesota, USA
- Kenora Rowing Club (KENR), Kenora, Ontario, Canada
- Thunder Bay Rowing Club (TBAY), Thunder Bay, Ontario, Canada
- Regina Rowing Club (RGNA), Regina, Saskatchewan, Canada
- Saskatoon Rowing Club (SASK), Saskatoon, Saskatchewan, Canada
- Pinawa Rowing and Sailing Club (PINW), Pinawa, Manitoba, Canada
- Rochester Rowing Club (ROCH), Rochester, Minnesota, USA
- Twin Cities Youth Rowing Club (TCYR), Edina, Minnesota, USA

NWIRA Volunteer Duty

Each NWIRA association club needs to provide two volunteers per day to work at the regatta. This duty can be divided among several people– as long as there are two volunteers from each club at all times for the duration of the event. Please contact the Kenora Rowing Club at kenorarowing@kmts.ca.

Guest clubs are exempt from this duty.

Please provide volunteer contact information to kenorarowing@kmts.ca. Contact information should include volunteer name, date and time they are available, their email address and phone number. Volunteers will be contacted a week before the regatta on their role at the regatta.

Rower Classifications

Junior B	An individual who will be 16 or under on December 31, 2010.
Junior	An individual who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full time student seeking a diploma, whichever is later.
Open	All individuals are eligible for Open events. Individuals rowing in Open events cannot row in Master's events.
Masters	An individual who will be age 27 or older on December 31, 2010. Masters will be age handicapped based on the United States Rowing Association's Handicap System. Age will be based on the rower's age as of the last day of the calendar year. All masters entering master's events can only row Master events, Dashes, and Open 8+ events.
Lt. Weight Women	No crew member shall be over 130 lbs – 59.0 kg.
Lt. Weight Men	No crew member shall be over 159.8 lbs – 72.5 kg.

With the exception of the Junior 8+ events, all Master, Junior B, Junior, and Open rowers may row in any 8+ events

Course Length

Except for dashes, all rowing events are 2000 meters. Dashes will be 400 meters, starting from the 1600 meters mark.

Waiver

Waiver is not required at this championship regatta.

Maximum Number of Events

Rowers may compete up to six events that he or she is eligible to row. Dashes are not included in this limit.

Coxswains

- Coxswains must not weigh less than 125 lbs – 57.0 kg for men's boats and 110 lbs – 50 kg for women. Coxswains must weigh in ONCE for the regatta. Coxswains who weigh less than the required minimum MUST carry weight. Coxswains are responsible for picking up a sand bag at the weigh-in station or for securing their own weights.
- Please indicate if the Coxswain will cox both Women's and Men's events.
- Please enter list of Coxswains on the Club Information Form.

Weigh-Ins

- Weigh-ins shall be open for at least one and one-half hours and will end one-half hour before the first light weight race on the first day of the regatta. Weigh-in on first day of the regatta applies for lightweight events on both day of the regatta, Friday and Saturday.
- Crews and Coxswains must be accompanied by their coaches for weigh-ins. Pair and Double teams MUST weigh-in together.
- If a male weighs in more than three pounds or a female weighs in more than two and a half pounds over the maximum weight for lightweights, that individual will be disqualified from the lightweight events for the regatta.
- ALL CREWS AND COXSWAINS MUST BE IN CLUB ATTIRE FOR WEIGH-INS, DRESSED AS TO COMPETE IN A RACE – NO EXCEPTIONS! Athletes who do not dress in racing attire will not be allowed to weigh-in. Athletes have only two attempts only to make weigh on the first day of the regatta, provided they are not over the maximum allowed weight. There will be no “practice weigh-ins”.
- Not making weight results a scratched entry and a scratch fee will be applied.

Club Colors

All competitors must wear their club colors on the water.

Bow Balls and Bowmarkers

All crews are required to have a bow ball on their shell. NWIRA will have standard size bowmarkers available for shells.

Heel Ties

All stretcher shoes must have heel-restraining ties in place. Dock master will inspect shells before they can be launched.

Awards

- Awards will be given for first place finishes in all events.

Aggregate Trophies

Aggregate trophies are awarded to the club scoring the most points for:

- Junior's Division Championship
- Master's Division Championship
- Women's Division Championship (Henning Peterson Trophy)
- Men's Division Championship (Con' Riley Trophy)
- US / Canada Cup – US Clubs vs. Canadian Clubs
- Efficiency Championship (CAN-AM Shield)
- Grand Aggregate NWIRA Championship (Sir Thomas Lipton Cup)

All clubs, including guest clubs are eligible to earn points for the aggregate trophies.

NWIRA Scoring System

Event Types	# of Entries in an event	2000 Meters Events						
		Places						

Event Types	# of Entries in an event	1st	2n	3rd	4th	5th	6th	7th
		1X	2	10	4			
3	10		6	0				
4	10		6	4	0			
5	10		6	4	2	0		
6	10		6	4	2	1	0	
7 or more	10		6	4	2	1	0.5	0

2X/2-/2+	2	15	6					
	3	15	9	0				
	4	15	9	6	0			
	5	15	9	6	3	0		
	6	15	9	6	3	1.5	0	
	7 or more	15	9	6	3	1.5	0.75	0

4X/4+/4-	2	20	8					
	3	20	12	0				
	4	20	12	8	0			
	5	20	12	8	4	0		
	6	20	12	8	4	2	0	
	7 or more	20	12	8	4	2	1	0

8+	2	30	12					
	3	30	18	0				
	4	30	18	12	0			
	5	30	18	12	6	0		
	6	30	18	12	6	3	0	
	7 or more	30	18	12	6	3	1.5	0

# of Entries in an event	Dashes Events						
	Places						

# of Entries in an event	1st	2nd	3rd	4th	5th	6th	7th
	2	6	2.4				
3	6	3.6	0				
4	6	3.6	2.4	0			
5	6	3.6	2.4	1.2	0		
6	6	3.6	2.4	1.2	0.6	0	
7 or more	6	3.6	2.4	1.2	0.6	0.3	0

2X/2-/2+	2	15	6					
	3	15	9	0				
	4	15	9	6	0			
	5	15	9	6	3	0		
	6	15	9	6	3	1.5	0	
	7 or more	15	9	6	3	1.5	0.75	0

4X/4+/4-	2	20	8					
	3	20	12	0				
	4	20	12	8	0			
	5	20	12	8	4	0		
	6	20	12	8	4	2	0	
	7 or more	20	12	8	4	2	1	0

8+	2	30	12					
	3	30	18	0				
	4	30	18	12	0			
	5	30	18	12	6	0		
	6	30	18	12	6	3	0	
	7 or more	30	18	12	6	3	1.5	0

2010 NWIRA Championship Regatta

Schedule of Events

Except for Dashes, all Events are 2000 Meters

Friday – August 13, 2010	Saturday – August 14, 2010
1. Master Men 4x	29. Open Women's 8+
2. Junior Women 2-	30. Master Men 4-
3. Master Women 1x under 50	31. Junior Men 2x
4. Master Women 1x 50 and over	Break
5. Junior Men 4x	32. Light Weight Women 1x
6. Junior B Women 4x	33. Open Men 4-
7. Open Women 2-	34. Master Women 2x
8. Light Weight Men 1x	35. Junior Women 4+
9. Open Men 1x	36. Junior Men 8+
10. Mixed Master 4x	37. Open Women 4-
11. Junior Men 2-	38. Master Men 2x
12. Junior Women 8+	Lunch Break
13. Open Women 1x	39. Junior Women 2x
14. Open Men 4x	40. Men's 8+
15. Master Men 2-	41. Master Women 4-
Lunch Break	Break
16. Master Women 2-	42. Light Weight Women 2x
17. Open Women 4x	43. Open Women 2x
18. Junior Women 1x	44. Junior Men 1x
19. Junior Men 4+	(10 min to switch lines)
20. Open Men 2-	45. Dash Men 1x
21. Master Women 4x	46. Dash Lt. Wt. Men 1x
22. Master Men 1x under 50	47. Dash Women 8+
23. Master Men 1x 50 and over	Break
Break	48. Open Men 2x
24. Junior B Men 4x	49. Light Weight Men 2x
25. Junior Women 4x	Break
(10 min to switch lines)	50. Mixed Master 2x*
26. Dash Women 1x	
27. Dash Light Weight Women 1x	
28. Dash Men 8+	

* Local Operating Club Special Event

NWIRA Banquet and Award Ceremony

Location for the NWIRA Banquet and Award Ceremony in Kenora will be announced as soon as it is available.

Hotel Accommodations in Kenora

Best Western Lakeside Inn & Conference Centre

470 1st Avenue S, Kenora, Ontario P9N 1W5

Phone: (807) 468-5521

Travelodge Kenora

800 Highway 17 East, Kenora, ON P9N 1L9

Phone: (807) 468-3155

Comfort Inn

1230 Highway 17 East, Kenora, ON P9N 1L9

Phone: (807) 468-8845

Days Inn and Super 8 are FULL

Camping - Anicinabe Park

Their number is 807 467 2700.