

2005 Head of the Licking Regatta



on
Saturday, September 24, 2005
in
Cincinnati, Ohio/Wilder, Kentucky

REGISTRATION INFORMATION AND ENTRY PACKET

The Cincinnati Rowing Club is pleased to host the twelfth annual Head of the Licking Regatta. This USRowing sanctioned headrace consists of a 3-mile course on the scenic Licking River that starts in Newport, Kentucky where the Licking meets the Ohio River across from the beautiful Cincinnati skyline.

We will be staging the regatta from Fredricks Landing Park in Wilder Kentucky. This allows for better viewing, parking and access to major highways.

The regatta continues to grow each year. We would like to thank all of those rowers and coaches who participated in past events. We are pleased to be able to hold this event again in 2005 and hope that you will once again join us for the competition and the fun!

Register electronically at <http://www.regattacentral.com>

Electronic entries must be received by **Tuesday September 20th**. If you have any questions regarding the materials in this packet, please contact Geoff Beglen at gbeglen65@yahoo.com

In this packet, you will find:

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GENERAL INFORMATION

Entry Form: Electronic entries must be completed by Tuesday, September 20, 2005. Register online at <http://www.regattacentral.com>

There will be 10 dollar per entry fee assed for all late entries. Late entries can be emailed to gbeglen65@yahoo.com following the deadline.

Registration: When you arrive, a **representative or coach from each crew must check in to verify entries and complete the registration** process. The registration/information booth will be open at the regatta site at **Fredricks Landing Park** on Saturday, 9/24, 6:30 a.m. to 2:00 p.m.

Boat Storage and Trailer Parking: Volunteers will be on site to facilitate boat storage. Our new location allows you to park your trailers in the park and unload near the trailer.

Team Tents: Volunteers will be on site to direct teams where booster tents may be erected. Do not put up your tent without first checking with the regatta committee.

Events: Events are described on the Event Specification sheet (page 4 of this packet). Events with fewer than three entries may be folded into an open event.

Fees: Fees are non-refundable due to acts of God, failure to register the day of the regatta, or withdrawing from an event on race day. Fees for scratched events will be refunded.

Event	Fee
1x	\$25
2x/2+	\$30
4x/4+	\$45
8+	\$60

Medals: Head of the Licking medals will be awarded to the first, second, and third place crews in each event. In events with fewer than 4 crews entered only first place medals will be awarded.

Bow Markers: Bow markers are required and will be provided. **PLEASE** return bow markers to the dock master after each race. **A \$25 fee will be assessed if a bow marker is not returned.**

Accommodations: Accommodation options are described on page 6 of this packet.

Traffic and Parking: Due to space limitations, **access to the regatta site will be strictly limited to trailer rigs and cartoppers.** The field adjacent to the park will be reserved for regatta volunteers and officials. **All competitors and spectators will be required to park at the Wilder municipal building, which is .2 mile north of Fredrick's Landing Park on route 9. There will be shuttle service to the park from the municipal building.** Excess vehicular traffic in Fredrick's Landing Park causes unsafe conditions for our guests; therefore please **do not** try to access the park unless you have a boat trailer or regatta supplies. Coaches, we ask that you ensure all of your athletes and their families have these parking instructions before traveling to the regatta.

Coach and Coxswains Meeting: At the flagpole in Fredricks Landing Park at **8:30 am**, September 24, 2005.

Contact Person: Questions? Concerns? Problems? Call **Geoff Beglen** at (c)513-235-7122 . You'll have better chance of reaching him if you call in the evening.

Merchandise: Check out the merchandise booths for official Head of the Licking merchandise.

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EVENT SCHEDULE

Tentative Race Schedule

Event #	Event Name
	8:30 AM Coaches and Coxswains meeting
	9:15 1st boats launch
1	10:00 Junior Men's 4+
2	10:15 Open/Masters Men's 4x
3	10:30 Open/Masters Women's 4+
4	10:45 Novice Women's 8+
5	11:00 Novice Men's 4+
6	11:15 Open/Masters Men's 1x
7	11:30 Open/Masters Women's 2x
8	11:45 Junior Women's 4+
9	12:00 PM Open/Masters Women's 8+
10	12:15 Open/Masters Men's 4+
11	12:30 Open/Masters Women's 4x
12	12:45 Open/Masters Men's 2x
13	1:00 Open 2- Lunch Break
14	1:45 Junior Women's 8+
15	2:00 Open/Masters Mixed 2x
16	2:15 Novice Men's 8+
17	2:30 Open/Masters Men's 8+
18	2:45 Novice Women's 4+
19	3:00 Open/Masters Women's 1x
20	3:15 Junior Men's 8+
21	3:30 Open/Masters Mixed 8+

* Race events and times subject to change depending on participation. Final schedule will be posted 1 week prior to race.

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EVENT SPECIFICATIONS

Juniors Age : 18 years old or younger as of race day and/or a high school student

Masters Age: Boat average age must be over 27.

Novice: Rowed for less than one year as of race day.

Coxswains: May be of either sex and of any age. No weight restrictions apply.

Protests: Protests must be submitted in writing within one hour of the event's completion. Any protest must be submitted to the Regatta Director along with **\$25**. If the protest is upheld then the **\$25** will be refunded.

Hot Seating: Hot Seating is **STRONGLY DISCOURAGED**. The schedule allows little time for hot seating so do not attempt to hot seat without at least three events or one hour between your races. Events cannot, and will not, be held up for missing competitors.

Scratched Events: Competitors in scratched events will be notified by phone by Thursday, 9/23. If an event is scratched on the day of the regatta, competitors will be offered the opportunity to race for time with another event. Money will be completely refunded for scratched events. Refunds will be mailed after the regatta. Combined events do not qualify as scratched events.

Open Events: Where there are three or more entries in individual categories within open races (e.g., collegiate, master), medals will be awarded as separate events.

Masters Age Handicap: All masters events will be handicapped according to USRowing standards. Open events containing three or more masters entries will constitute separate masters events.

Pre-Race Meeting: 8:30 a.m. at the flagpole in Fredricks Landing Park. All coaches and coxswains must attend. Teams should be prepared to launch for the first event immediately following the meeting (approximately 9:15 a.m.)

Start Time: The first race will begin at 10:00 a.m.

Launching Time: Crews should arrive at the dock 45 minutes prior to the scheduled start time to ensure on time arrival at the start.

Dock Procedure: There will be a dock master handling all crews departing for the start and arriving after the finish. There will also be 2 volunteers at the top of the hill aiding the dock master. Boats should be carried down to the dock bow first to facilitate smooth dock operations and launching. Please pay attention to the requests of the dock master and volunteers.

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DIRECTIONS AND ACCOMMODATION INFORMATION

Directions:

On I-75 (or I-71) North:

I-75 (or I-71) North to I-275 East
 Take Exit 77 to Route 9 (Licking Pike) North
 Left on Fredricks Landing Road
 Follow into park

On I-75 (or I-71) South:

I-75 (or I-71) South to I-471 South
 I-471 South to I-275 West
 Take Exit 77 to Route 9 (Licking Pike) North
 Left on Fredricks Landing Road
 Follow into park



Road Conditions:

Please check current road conditions at <http://www.cincinnati.com/traffic>.

Accommodations:

Some hotel/motel listings in Kentucky and Ohio:

Riverfront TraveLodge (Newport, KY)	859-291-4434
Comfort Inn (Newport, KY)	859-291-6700
Hampton Inn (Covington, KY)	859-581-7800
Holiday Inn (Covington, KY)	859-291-4300

HEAD OF THE LICKING REGATTA EVENT WAIVER

IN CONSIDERATION of being given the opportunity to participate in the **Head of the Licking Regatta**, I, for myself, my personal representatives, assigns, heirs, and next of kin:

ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

FULLY UNDERSTAND that: (a.); ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releases names below; (c.); there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Cincinnati Rowing Club, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered on of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or allege to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees, from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.

I have read this agreement, fully understand its terms, understand that have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant

Address

Phone

Signature (only if age 18 or over)

Date

PARENTAL CONSENT

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

Printed Name of Parent/Guardian

Address

Phone

Parent/Guardian Signature (only if participant is under the age of 18)

Date

**PLEASE COPY - ONE PARTICIPANT PER FORM
MINORS MUST HAVE PARENTAL CONSENT SECTION COMPLETED**

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>>**MUST READ**<<

PARKING LOCATION MAP

In an effort to ease the traffic and parking difficulties at the regatta site, we ask that you please make sure that every member of your team or club who will be driving to the regatta have a copy of this parking map. Parking at the “**Primary site**” is limited strictly to boat transportation vehicles. Trailer rigs will be directed to assigned parking spaces starting **Friday** evening at 6pm. **All** others are directed to the “Overflow” parking site at the Wilder Community center. Shuttle bus transportation will be provided. Team support trailers (holding tents, tables, coolers, etc) will try to be accommodated as best we can. If you are bringing that type of vehicle, please contact Geoff Beglen at gbeglen65@yahoo.com or call him at 513-235-7122(c). Parking space will be at a premium at Fredericks’s Landing this year. However, there is plenty of parking at the Wilder Community Center- just a 5 Min walk away.



