



Five Rivers
MetroParks



FIVE RIVERS FALL REGATTA

Sponsored by: Greater Dayton Rowing Association, Five Rivers MetroParks & Dayton Children's Medical Center

**A JUNIOR/YOUTH, OPEN, AND MASTER HEAD RACE
SUNDAY, OCTOBER 1, 2006**

Island MetroPark, Dayton, Ohio

Events start about every 15 minutes beginning at 10:00 a.m.

<http://www.DaytonRowing.org> - Regatta

Registration Information and Entry Packet

Five Rivers MetroParks and The Greater Dayton Rowing Association are pleased to sponsor and host the 11th Annual Five Rivers Fall Regatta. This is a Junior/Youth, Open, and Masters Regatta. The 2000-meter course will be rowed on the Great Miami River just north of downtown Dayton.

We are pleased to be part of the new *Interstate-70 Challenge* that includes the Five Rivers Fall Regatta in Dayton on Oct. 1, the Columbus Crew Classic Regatta in Columbus on Oct. 7, and the Head of the Eagle Regatta, in Indianapolis on Oct. 21. Please see the included flyer for more details!

Excellent viewing of the race will be provided from the park and pedestrian bridge, over the river. An announcer will be on-hand to provide color commentary on the crews as they race.

Entry forms should be postmarked by Thursday, September 28, 2006. Please photocopy packet pages for club distribution, for multiple entries, and for your records.

We are offering FREE registration for the first two College Novice crew entries from each school. This applies to all 4+ and 8+ entries. So, bring your novices!

If you have any questions regarding the materials in this regatta packet, please contact:

Brenda Boyd, Regatta Registrar Phone: 937-478-9072 Email: fiveriversregatta@hotmail.com	Jim Wall, Regatta Chairman Phone: 937-890-5368
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Attached please find:

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| <input type="checkbox"/> Registration Information | <input type="checkbox"/> Directions & Local Motels/Hotels |
| <input type="checkbox"/> Race Information & Event Schedule | <input type="checkbox"/> Team Entry Form |
| <input type="checkbox"/> Boat Lineup Form - send one for each entry please | NEW I-70 Challenge Flyer NEW |
| <input type="checkbox"/> USRowing Waiver Form - must be presented for each competitor | |

2006 Five Rivers Fall Regatta RACE INFORMATION

Race Information: Five Rivers Fall Regatta is a 2000-meter, single file, head race on the Great Miami River

Coaches and Coxswains Meeting: Race day -- Sunday morning, 9:00 a.m. at the launch dock.

Launching: The boathouse and dock are located at Island Park in Dayton, Ohio. All launching will take place from this dock. Bow numbers are required, and will be provided at the launch dock. Please return.

Warm up: 2500m from the dock to the starting line.

Starting Line: Great Miami River, Route I-75 overpass.

Finish Line: At Island MetroPark

Special Rules: Finishes will be determined by accepted master handicapping rules, USRowing.

Course Safety Rules: This is a narrow buoyed course approximately three lanes wide, and the rules of head racing apply. Racing boats have the right of way over all other boats. Any boat failing to follow these or any rules will be subject to a time penalty of 30 seconds or disqualification. There is a 10 second penalty for each missed buoy and the course will be monitored.

Boats being overtaken must yield the right-of-way (move to starboard shore) to passing crews.

**Traveling to the start area, boats must stay on the boathouse side of the buoys*

EVENT SCHEDULE

Event No.	Event	Approximate Race Time
1	Nov Women 8+	10:00 a.m. *
2	Nov Men 4+	10:15 *
3	Women's 1X	10:30
4	Men's 2X	10:45
5	Women's 2-	11:00
6	Women's 4X	11:15
7	Novice Men's 8+	11:30*
8	Novice Women's 4+	11:45*
9	Mixed 4X	12:00
10	Mixed 4+	12:00
11	Mixed 8+	12:15
Lunch Break		12:30 - 1:00 p.m.
12	Women 8+	1:30
13	Men 4+	2:00
14	Men 1X	2:15
15	Women 2X	2:30
16	Men 2-	2:45
17	Men's 4X	3:00
18	Mixed 2X	3.15
19	Women's 4+	3:30
20	Men's 8+	3:45

- ✓ All times & events are open to change. Final regatta schedule will be given at registration.
- ✓ ALL RACES ARE 2000 METERS.
- ✓ Novice 4+ and Novice 8+ Racing is scheduled *before* the Lunch Break.

2006 Five Rivers Fall Regatta REGISTRATION INFORMATION

Check In: A check-in/information tent at the finish line will open on Sunday, October 1st at 7 a.m. and remain open until the races are over. *All crews must register at the Registration Tent.*

Boat Storage: There is space to leave trailers and stretchers near the launch area on SOUTH Island Park. (Security will be provided for trailers Saturday night.)

Events and Categories: Events and categories are listed on the Team Entry Form. (4+ and 8+s: Please designate your crew by letter . [A, B, C, D] Separate medals will be awarded for "A" crews and "BCD" crews. Teams must have an "A" crew in order to enter "BCD" crews.

Definition of Novice: Any rower whose first race in any boat was after October 1, 2005.

Definition of Youth/Junior: Any rower born in 1987 or later and currently in high school.

Definition of Open: Any aged rower NOT Youth/Junior. *Due to a recent revision of NCAA rules, no high school students are permitted to row/cox in any OPEN classification events!*

Definition of Master: Any rower aged 27 and over on December 31, 2006.

Fees: Fees are not refundable due to acts of God, failure to register the day of the regatta, or withdrawal from an event the day of the regatta. Fees for scratched events, prior to race day, will be refunded.

Event	Fee	Late Fee
1x	\$25	\$10
2x	\$35	\$10
2-	\$35	\$10
4x	\$45	\$10
4+	\$45	\$10
8+	\$60	\$10

Medals: Five Rivers Fall Regatta medals will be awarded to the 1st, 2nd, and 3rd place winners in each category of each event. The Olinsky Cup will be awarded to the fastest men's youth/junior 8+ and the fastest women's youth/junior 8+

Team Entry Form: Must be completed and postmarked by Thursday, September 28, 2006. **All fees** must be received with the team entry form. Please specify all boat entries by event name and number and category, i.e. Women, Men, Mixed, Junior, Open, Masters, LtWt, Novice.

Boat Lineup Form: Must be completed and post-marked by Thursday, September 28, 2006 and/or with Team Entry Forms.

Waivers: Should be completed and post-marked by Thursday, September 28, 2006 and/or with Team Entry Forms and Boat Lineup Forms. If this is not feasible, then bring them to the regatta registration. Please do **not** FAX the waivers.

Traffic and Parking: This year Helena Street, which divides Island Park NORTH and SOUTH will be closed to local traffic. There will be no general parking available in the boathouse parking lot. Only shell trailers and booster trailers are allowed in shell storage area in SOUTH Island MetroPark area near the launching docks. Booster trailers may park in the grass near the Band Shelter on NORTH Island Park. All others must park in the levy parking area.

Contact person: Questions? Concerns? Problems? Please call Jim Wall at 937-890-5368.

Food at regatta: Breakfast & lunch foods will be available at the Crew Boosters Concessions Tent from 8 a.m. to 11 a.m. and 11:30 a.m. to 3:00 p.m. Drinks & snacks will be available there the entire day.

Logo items: Five Rivers Fall Regatta tee shirts will be available for purchase at the official regatta clothing tent!

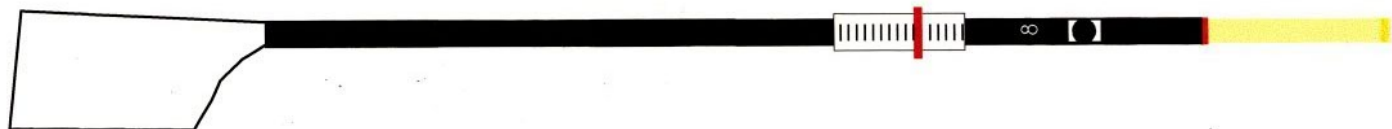
Coaches are encouraged to bring as many crews as possible. The first race begins at 10:00 a.m. Novice 4+s and 8+s race in the morning. Novice rowers and recent adult Learn-To-Row students are encouraged to race often.

RACE ANNOUNCER'S INFORMATION SHEET

We anticipate providing a color commentary from the bridge spanning the race course during the different race events. Please fill in as much information as possible and feel free to add additional interesting information. Mail this sheet to the Regatta Registrar (see address below).

Team/Club//Individual Name _____ Team Colors _____

Blade Colors & Design:



City & State _____

Nickname _____

Years of Rowing Experience _____

Please circle ALL events you/your team entered in this Regatta, how many entries is each event, and enter comments to the side if you wish:

EVENT SCHEDULE

Event No.	Event	Approximate Race Time
1	Nov Women 8+	10:00 a.m. *
2	Nov Men 4+	10:15 *
3	Women's 1X	10:30
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17	Men's 4X	3:00
18	Mixed 2X	3.15
19	Women's 4+	3:30
20	Men's 8+	3:45

Accomplishments / Anecdotes / History of your organization: _____

If you need more room, please attach an additional sheet

Mail to: Dr. Todd Sobol, 130 Wisteria Avenue, Dayton, OH 45419 before September 30th or bring to regatta.

DIRECTIONS TO THE ISLAND PARK BOATHOUSE:

On I-75 Northbound:

Take Exit #56 at Stanley Avenue. At the bottom of the exit ramp turn left (west) and go through two traffic lights. **After the light at Keowee Street, the road takes a dogleg to the left. Stay on Stanley until you reach the T-intersection with Helena Street. Turn right (west) onto Helena Street. At the top of the knoll you will see the beige boathouse on the left and Five Rivers MetroParks Island Park on the right. There are parking lots available on either side of Helena St., but trailer parking only on the boathouse (left/south) side. The lot will be marked and attended for your convenience on race day.

On I-75 Southbound:

Take the abrupt Exit #56B at Stanley Avenue WEST. At the bottom of the ramp bear right and go through one traffic light at Keowee Street. **Follow the above directions from this point.

From Downtown Dayton:

Take either Main Street or Riverside Drive north until you reach Helena Street. Turn right (east) onto Helena Street and cross the Great Miami River on the Helena Street Bridge. The boathouse is on the right (south) across from the Island Park Entrance.

SOME LOCAL HOTELS AND MOTELS:

Comfort Inn, 7125 Miller Ln, Dayton, OH 45414, (937-890-9995)
Days Inn, 7470 Miller Ln, Dayton, OH 45414, (937-898-4946)
Extended StayAmerica, 6688 Miller Ln, Dayton, OH 45414, (937-898-9221)
Fairfield Inn, 6960 Miller Ln, Dayton, OH 45414, (937-898-1120)
Holiday Inn, 2301 Wagoner Ford Rd, Dayton, OH 45414, (937-278-4871)
Motel 6, 7130 Miller Ln, Dayton, OH 45414, (937-898-3606)
N Dayton Courtyard, 7087 Miller Ln, Dayton, OH 45414, (937-890-6141)
Red Roof Inn, 7370 Miller Ln, Dayton, OH 45414, (937-898-1054)
Residence Inn, 7070 Poe Ave, Dayton, OH 45414, (937-898-7764)

PARKING

Helena Street including the bridge will be closed to general traffic on regatta day this year. General parking will be available on the levy, adjacent to Island MetroPark on the east side of the river. It is not advised to park in the neighborhood on the west side of the river.

Crew Booster trailers may enter the NORTH or SOUTH Park to unload trailers. On the NORTH Park, empty trailers and vehicles should be parked in the designated area near the large band shelter. Booster trailers may be left on the SOUTH Park, but all towing vehicles should move to the levy parking or to NORTH Park parking. Boat trailers and vehicles will be permitted to park on SOUTH Island Park, as indicated by the Regatta Parking Crew. If you are transporting rowers, please let them walk from the levy parking spaces.

Booster Tents may be erected on either the NORTH or SOUTH Island Park locations. However, there is no vehicle parking on NORTH Island other than near the band shell location.

Interstate 70 Challenge



Three great, and very different races make up the I-70 Challenge. The Columbus Crew Classic and Head of the Eagle are longer races on reservoirs and Dayton’s Five Rivers Fall Regatta is a shorter race on a river. What ties the races together is I-70, the interstate that follows the path of the National Road (now Route 40), the country’s first highway west. The I-70 Challenge brings these three Midwestern Head races together and gives competitors the opportunity to face one another over three different weekends in October. The only way to win the new traveling trophy is to race in all three. Be a part of this new tradition and have your crew’s name be the first on one the trophies.

Events

There will be a complete complement of events for all categories, Junior, Open and Masters.

- 1x – Single
- 2x – Double
- 4x – Quad
- 2 - Pair
- 4+- Four
- 8+ - Eight

Juniors will have only 1st and 2nd Varsity eights. Open and Youth/Junior will have lightweight fours and lightweight eights. There will be mixed events for all categories as well.

Entry Fees

Eights	60
Fours/Quads	45
Doubles/Pairs	35
Singles	25
College Novices	First 2 entries per event free
Late	\$10

Scoring System

Traveling trophies will be awarded to the Junior, Open and Masters crews with the highest total accumulated points. The winning clubs’ names will be engraved and the trophy will be available for display at their boathouse.

- Points for each event
- 5 - first
 - 4 – second
 - 3 - third
 - 1 – entry

\$250 cash prizes will be awarded for the fastest total accumulated time for a man and a woman single sculler racing at all three regattas.

Registration

Registration for each individual regatta at www.regattacentral.com

Results will be available real time at www.racetrak.com

GREATER DAYTON ROWING ASSOCIATION, FIVE RIVERS METROPARKS AND
DAYTON CHILDREN'S MEDICAL CENTER
PRESENT

FIVE RIVERS FALL REGATTA
For
YOUTH/JUNIOR, OPEN & MASTER
ROWERS

2000-METER HEAD RACE

Sunday, October 1, 2006

10:00 a.m. until approximately 4:00 p.m.

In

Dayton, Ohio

On the

Great Miami River

Island MetroPark

For more information:

(937) 890-5368

(937) 478-9072

Email: fiveriversregatta@hotmail.com



Five Rivers
MetroParks



<http://www.DaytonRowing.org> - Regatta