

michigan high school and junior rowing championships

regattacentral.com

welcome to the michigan high school and junior rowing championships! the 2007 championship races will be held 26 may at stony creek park, shelby township, michigan. detroit rowing hosts the event. all races are 1500 meters. events are offered in singles, pairs, doubles, quads, coxed fours and eights for students in novice, lightweight and varsity categories. the course is marked and will require crews to execute a clean floating start. all races are conducted under US Rowing rules of racing handbook.

eligible organizations: junior club and high school based teams are welcome to participate in this regatta.

entries and line ups: boat entries and rower line ups should be registered through *regattacentral.com*. **the entry window at regattacentral.com will close 11.59pm 21 may 2007.**

forms: please send waivers to detroit rowing's regatta registrar by 21 may 2007

- for competitors who are members of USRowing and have signed an on-line waiver, waiver compliance will be verified through Regatta Central
- non-USRowing members please print, sign, and mail waivers in ***alphabetical order***, to
detroit rowing registrar
348 hillcrest
grosse pointe farms, michigan 48236

if waivers are sent by overnight carrier, please indicate that the recipient need not sign

entry fee payment: crews are encouraged to pay online through *regattacentral.com*. if this is not practicable, a cheque may be sent with a *regattacentral.com* generated invoice to the detroit rowing registrar at the address noted for waivers and eligibility lists. forms and fees must be complete for your boats to be entered in scheduled heats.

entry fee structure: \$10 will be assessed per competing athlete (*rower, coxswain, alternate*).

late entries: any entry made after 21 may 2007 will be accepted based on the availability of a lane. a **late entry will not be accepted if it creates a heat.**

park entry: please note there is a \$4 per vehicle park entry fee. the park gates are scheduled to open at 5am

hot seating: neither rowers, coxswains or equipment may hot seat in events less than 40 minutes apart on the schedule. first race is scheduled for 8am

lane draws: crews may review their entries and lane draws on *regattacentral.com* late on wednesday 23 may. questions? contact dick bell at *bellr@macomb.edu*

on site registration: the on site registration desk will be open saturday 26 may from 6-10am

coaches and coxes meeting: a coaches and coxes meeting will be held under the portico near the registration desk at 7.00am saturday 26 may. please be sure coxswains and crews have practiced floating starts

competitor age: a rower must be 19 years of age or younger as of 31 december 2007, and must not have graduated high school

event limits: rowers and coxswains may be entered in as many events as the event schedule will allow. please do not schedule rowers, coxswains or equipment in events less than 40 minutes apart

results: race results will be posted on the walls under the portico near the registration desk as soon as they are available

definition of terms:

- TEAM a team is considered to represent the usual way the program practices and competes, a program that represents a single organization, with distinct location, colors and coaches for the entire competitive season is a team
- NOVICE a novice rower began rowing after the michigan high school and junior championships in 2006
- 1st boat; one entry per team
- 2nd boat; made up of athletes not competing in the 1st boat; in order to enter a 2nd boat, the team must also be entering a 1st boat in the corresponding event.
- LIGHTWEIGHTS women 130#, men- two classes: 145# and 155# individual maximum

weigh in rules:

- all lightweight competitors must weigh in and be banded in order to load into their boat at the dock; bands must be worn throughout the competition
- members of each crew must weigh in together and be accompanied by their coach or a club official
- weigh in scales will open **one hour before, and remain open until two hours after the first race of the day.** the first race is set to row at 8am.
- no one will be allowed to check weight on the official scale during official weigh in times
- priority on the scale will go to those entered in earlier races
- a trial scale will be available in the weigh in area
- there is no limit to the number of trial weigh ins
- only one official weigh in will be allowed

quick release: check your equipment for race readiness, including proper tying of heels (3 inches). releases will be checked at the dock as boats load on the beach

bow balls: bow balls must be secured to shells before launch. shells without bow balls will not be allowed to race

bow numbers: bow numbers will be supplied at the launch area and must be returned to the dock master after a race

lane numbers: lanes are numbered from 1-7, lane 1 is closest to the beach

boat storage: boats are to be stored in marked areas only. please provide your own boat stands for and secure all boats not in use. trailers will not be allowed on the lawns or beaches. once your equipment is unloaded, please move your trailers and tow units to the areas marked. security will be provided overnight friday. all equipment must be removed from the regatta site by sunset saturday evening

practice sessions: crews will be allowed to practice at their own risk on friday from 2pm to sunset. all crews must follow the traffic pattern noted on the course map. crews heading to the start must row in lanes 1-3 or outside the course on the south side (closest to the beach). crews heading from the start to finish should be in lanes 5-7 (farthest from the beach). lane 4 is to remain open

starts: all races will begin with a floating start. racing will begin at 8am

protests: protests will follow the USRowing rules of racing. any crew wishing to protest should raise their hands after completing their race. coaches should formally register their concern with the clerk of the course and pay the protest fee. protests will be adjudicated by course officials

race results: all results will be posted locally on the wall under the portico near the registration desk

awards:

- medals will be awarded for FIRST, SECOND and THIRD place finishes in each event
- an all points trophy is awarded according to the barnes scoring system

pre registration information available:

- regatta brief (*this document*)
- release waiver form from *regattacentral.com*
- entry invoice from *regattacentral.com*
- heat list and lane draws from *regattacentral.com* (*wednesday 23 may*)

on site information packets:

- event list with lane draws (*one packet per team*)

concessions:

- regatta shirts will be available for purchase
- food will be available for purchase on site at the park concession stand

EVENT ORDER:

1. women's 2-
2. women's novice 8+
3. men's novice 8+
4. women's 1x
5. men's 2x
6. women's ltwt 4+
7. women's 1st 4+
8. men's 155# 4+
9. men's 1st 4+
10. men's 145# 4+
11. women's 4x
12. men's 1x
13. men's 2-
14. women's novice ltwt 4+
15. women's novice 4+
16. men's novice ltwt 4+
17. men's novice 4+
18. women's 2x
19. men's 4x
20. women's 2nd 4+
21. men's 2nd 4+
22. women's ltwt 8+
23. men's ltwt 8+
24. women's 2nd 8+
25. women's 1st 8+
26. men's 2nd 8+
27. men's 1st 8+