

# NYSSRA

Chris Chase  
NYSSRA Chairman  
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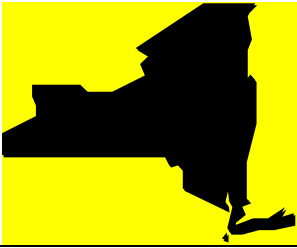
January 11, 2008

NYS Coaches,

On behalf of the New York State Scholastic Rowing Association, it is my pleasure to invite you and your crew to participate in the **13<sup>th</sup> annual New York State Scholastic Rowing Championship Regatta**. This year's regatta will be held on May 10<sup>th</sup> & 11<sup>th</sup> (Saturday & Sunday), on Fish Creek, Saratoga Springs, NY. Please note that this year we have made several changes to the Regatta. The **major** change is that all events, excluding the Junior & Freshmen Events, will be combined and run together (High School with Club). The results will yield the bid winners for both Scholastic Nationals and the USRA Youth National Championships in one regatta. In addition, there have been changes to the progression system. In many cases, we have added Reqs, Semi's, and Petite Finals to go with the Grand Finals. Please make sure you review the new system. Rowers will not be without chances to progress where their speed permits. All Finals will be run on Sunday. Lastly, although the events are combined, the top 3 High School finishers, and the top 3 Club finishers will be awarded respective medals within the combined event. Please feel free to contact me with any questions.

Included in this packet are:

- **Preliminary schedule of events** – We used last year's entries as a guide for heats. These are approximate times, depending on entries. Any event that reaches 22 entries will begin with a time trial.
- **Progression charts** – Please review very carefully. Point of information: the primary use of Lane 7 is for protests. It is not to be filled simply for the sake of moving more crews beyond heat. These charts are on the NYS Championships website: <http://www.saratogarowing.com/nys.html>
- **Contingency Plans & Practice Schedule** – Please read carefully to ensure no misunderstandings later.
- **Entry Directions** – As we are about **3000+** competitors, please alphabetize your alpha list. Read the directions carefully. **Make sure you understand the qualifying guidelines set forth by the SRAA for Scholastic Nationals, as well as the guidelines for the YNC in Cincinnati!!** <http://www.sraa.net/> **Remember, lineups must follow the 50% rule if you wish to change them after NY States, for either National Championships.**
- **Alpha Lists** – Must include the entire team and be alphabetized/signed. (Mail to Saratoga RA.)
- **Premium Team Tent Forms & Bus Forms** are located on the website below. Please do not miss handing them in. Those forms should be in by May 1<sup>st</sup>. Team forms for the **Program** are also here.
- **NYS Championship website link:** <http://www.saratogarowing.com/nys.html> This site is loaded with information concerning this year's Championship Regatta as well as those since 1998. (We are continuously looking for pictures, more complete results from the early years, etc. We would love a picture of every winning crew going back.)
- **NY All-State Team application** – Due back by April 1<sup>st</sup>. It is each Team's Coach's responsibility to get this to the athletes. <http://www.saratogarowing.com/NYSChampionships/NY%20All-State%20Team.pdf>
- **Invoice for NYSSRA membership.** Checks need to be sent directly to Dave Cusano (Fayetteville-Manlius) who is the Treasurer for the organization.



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Please be aware that the 2008 Regatta has changed:

- All registration of entries will be handled by [www.RegattaCentral.com](http://www.RegattaCentral.com), with results being handled by [www.racetrak.com](http://www.racetrak.com). This computer service will not allow entries past May 1<sup>st</sup> (Thursday).
- Any team/athlete wishing to go to the USRA Youth Invite will need to be a USRA member as a team, and individually. Scholastic Nationals are to be held in Oak Ridge, Tennessee in 2008.
- Lightweights categories: (155lbs-Boys / 130lbs Girls); **Please Note**; there are different guidelines for SRAA's and the YNC. High School Boys crews will need to be 150lbs at Schoolboys. Be responsible and safe with the athletes' weight please.
- **The Coaches/Cox's Mtg will begin promptly at 6:00am** (both days). Coxswains, coaches and scullers are responsible for information given at this meeting.
- There is "**Maintenance Fee**" for 2008. This fee goes directly to Lee's Park. Any team under 50 athletes, pays \$35. Any team 50, or over, pays \$50. Please make checks payable to "Lee's Park". Any team who does not take care of this detail, is not eligible to enter the Regatta site, and therefore, not race. Send the checks (written out separately) to the SRA – who will give them to the owners of the Park altogether. It is important to note that this fee has no connection with the NYSSRA, or the LOC.
- We are looking for **Trophy Sponsors** for several of the trophies. With the combining of the events, many of the newly-formed (unified) Events are without a Trophy. Please call me if you have an interest in sponsoring a Trophy.

We look forward to a great Regatta this year. See you all in May.

Sincerely,

Chris Chase  
NYSSRA Chairman

## **Events of the 2008 NYS Championships**

<b>BSr1x</b>	(HS by nature)	<b>B2nd8</b>	(HS & Club entries)
<b>GSr1x</b>	(HS by nature)	<b>Glt4</b>	(HS & Club entries)
<b>Blt2x</b>	(HS & Club entries)	<b>Blt4</b>	(HS & Club entries)
<b>Glt2x</b>	(HS & Club entries)	<b>Glt8</b>	(HS & Club entries)
<b>BJr2x</b>	(HS entries only)	<b>Blt8</b>	(HS & Club entries)
<b>GJr2x</b>	(HS entries only)	<b>GJr4</b>	(HS entries only)
<b>BJr4x</b>	(HS entries only)	<b>BJr4</b>	(HS entries only)
<b>GJr4x</b>	(HS entries only)	<b>GJr8</b>	(HS entries only)
<b>GN4</b>	(HS & Club entries)	<b>BJr8</b>	(HS entries only)
<b>BN4</b>	(HS & Club entries)	<b>BSr2x</b>	(HS & Club entries)
<b>GN8</b>	(HS & Club entries)	<b>GSr2x</b>	(HS & Club entries)
<b>BN8</b>	(HS & Club entries)	<b>BSr4x</b>	(HS & Club entries)
<b>GF4</b>	(HS entries only)	<b>GSr4x</b>	(HS & Club entries)
<b>BF4</b>	(HS entries only)	<b>GSr4</b>	(HS & Club entries)
<b>GF8</b>	(HS entries only)	<b>BSr4</b>	(HS & Club entries)
<b>BF8</b>	(HS entries only)	<b>GSr8</b>	(HS & Club entries)
<b>G2nd8</b>	(HS & Club entries)	<b>BSr8</b>	(HS & Club entries)

# 2008 New York State Scholastic Rowing Championships

## DIRECTIONS FOR ENTRY

- 1) READ THE RULES WHICH FOLLOW:
    - i. ROWERS MAY ONLY ENTER **ONE** RACE. UNDER NO CIRCUMSTANCES MAY AN ATHLETE/COXSWAIN COMPETE IN MORE THAN ONE EVENT.
    - ii. COACHES MUST IDENTIFY THE ORGANIZATION AS "SCHOLASTIC" (OR) "CLUB" AS THEY ENTER THEM ON REGATTACENTRAL. THERE WILL BE AN OPPORTUNITY TO DO SO AS YOU ENTER ON RC. SRAA BIDS WILL ONLY BE AWARDED TO CREWS WHO ARE IDENTIFIED AS A SCHOLASTIC DURING REGISTRATION.
  - b. ALPHA LISTS
    - i. ONE FORM SHOULD INCLUDE THE NAMES OF EVERYONE WHO WILL ROW IN A SCHOLASTIC BOAT, AND WILL REQUIRE THE SIGNATURE OF A SCHOOL OFFICIAL.
    - ii. THE OTHER FORM SHOULD INCLUDE THE NAMES OF EVERYONE ROWING IN A CLUB BOAT AND DOES REQUIRE THE SIGNATURE OF A CLUB OFFICIAL.
  - c. WEIGH-INS
    - i. WHERE APPLICABLE, THE ATHLETES HAVE THE OPTION TO WEIGH-IN [WITH THE ENTIRE BOAT - COACH MUST ATTEND], THE DAY BEFORE OR THE MORNING OF THE RACE. ATHLETES ONLY HAVE TO WEIGH-IN **ONCE** FOR THE WHOLE REGATTA.
    - ii. ATHLETES WILL BE GIVEN A SECOND CHANCE TO MAKE WEIGHT ONLY IF THEY ARE WITHIN 2 POUNDS OF THE REQUIRED WEIGHTS
    - iii. THERE WILL BE NO AVERAGING
    - iv. THERE WILL BE NO COXSWAIN WEIGH-INS
  - d. DEFINITIONS OF CLASSES
    - i. **SCHOLASTIC** = ALL COMPETITORS FROM THE SAME SCHOOL. THIS INCLUDES THE JUNIOR & FRESHMEN EVENTS.
    - ii. **FRESHMAN** <= 9<sup>TH</sup> GRADE FROM THE SAME SCHOOL
    - iii. **JUNIOR** <= 11<sup>TH</sup> GRADE FROM THE SAME SCHOOL
    - iv. **SENIOR** <= 12<sup>TH</sup> GRADE – OPEN TO ALL TEAMS TO ENTER.
    - v. **NOVICE** ANY HIGH SCHOOL-AGED ATHLETE WHO BEGAN ROWING AFTER THE LAST DAY OF THE 2007 SCHOOL YEAR. OPEN TO ALL TEAMS TO ENTER.
    - vi. **SECOND** <= 12<sup>TH</sup> GRADE WITH THE REQUIREMENT THAT THE TEAM MUST HAVE AT LEAST ONE ENTRY IN THE SENIOR/JUNIOR/OR LIGHTWEIGHT EVENT. OPEN TO ALL TEAMS TO ENTER.
    - vii. **LIGHTWEIGHT** <= 12<sup>TH</sup> GRADE FROM THE SAME SCHOOL AND NO BOY OVER 155LB OR NO GIRL OVER 130LB. **[PLEASE NOTE: SCHOLASTIC NATIONALS HAS A MAXIMUM WEIGHT REQUIREMENT FOR BOYS, OF 150LBS. DO NOT OVERLOOK THIS IF YOU INTEND TO QUALIFY FOR "SCHOOLBOYS"]**. OPEN TO ALL TEAMS TO ENTER.
  - e. ENTRY DEADLINES
    - i. ALL ENTRIES ARE DUE MAY 1<sup>ST</sup> (THURSDAY) ON [WWW.REGATTACENTRAL.COM](http://WWW.REGATTACENTRAL.COM) .
    - ii. ALL ALPHA LISTS MUST BE ACCOMPANIED BY WAIVERS FOR EVERY COMPETITOR. COMPETITORS WITHOUT WAIVERS WILL NOT BE ALLOWED TO COMPETE. THESE MUST BE MAILED TO THE SARATOGA ROWING ASSOCIATION POSTMARKED BY MAY 1<sup>ST</sup>.
- 2) FILL OUT THE ALPHA LIST WITH THE NAMES OF EVERY COMPETITOR (ALPHABETICALLY)
  - 3) ARRANGE THE WAIVERS TO MATCH THE ORDER ON THE ALPHA LIST (WE CHECK THE WAIVERS!)
  - 4) WRITE A CHECK TO **NYS HIGH SCHOOL ROWING CHAMPIONSHIPS** (OR PAY ONLINE BY CREDIT CARD AT REGATTA CENTRAL).
  - 5) MAIL THE COMPLETE PACKET (ALPHA LIST, WAIVERS, CHECK) TO THE FOLLOWING ADDRESS:  
**SARATOGA ROWING ASSOCIATION**  
**P.O. Box 750**  
**Saratoga Springs, NY 12866**

# 2008 New York State Scholastic Rowing Championships

## LINE UP SHEETS

<b>ORGANIZATION NAME</b>		
<b>CONTACT INFORMATION</b>	<b>NAME</b>	
	<b>PHONE</b>	
	<b>E-MAIL</b>	

<b>EVENT NAME</b>	<b>CREW CLASSIFICATION</b> <small>(CIRCLE ONE)</small>
	HIGH SCHOOL ----- CLUB

	EXPECTED LINE-UP	YEAR		SPARES	YEAR
EX	EXAMPLE, JOE	10		EXAMPLE, JANE	11
C					
8					
7					
6					
5					
4					
3					
2					
1					

- 1) ALL COMPETITORS ARE LISTED ON ALPHA SHEETS \_\_\_\_\_
- 2) BUS FORM \_\_\_\_\_
- 3) PREMIUM TENT FORM (IF WANTED) \_\_\_\_\_
- 4) ALL MONEY HAS BEEN INCLUDED \_\_\_\_\_
  - a. (\$111 PER 8+, \$88 PER 4+/4X, \$36 PER 2X, \$19 PER 1X)
  - b. (\$50 FOR THE NYSSRA MEMBERSHIP – MANDATORY AND PAID TO THE NYSSRA)
  - c. (\$35/\$50 FOR THE SITE “MAINTENANCE FEE” - MANDATORY)
- 5) ALL SCHOLASTIC ALPHA SHEETS HAVE BEEN SIGNED BY SCHOOL PRINCIPAL \_\_\_\_\_
- 6) ALL CLUB ALPHA SHEETS HAVE BEEN SIGNED BY A CLUB OFFICIAL \_\_\_\_\_

PLEASE DRAW ALL CHECKS TO THE ORDER OF:  
NYS HIGH SCHOOL ROWING CHAMPIONSHIPS

PLEASE MAIL ALL ENTRIES TO THE FOLLOWING ADDRESS:  
SARATOGA ROWING ASSOCIATION  
P.O. BOX 750  
SARATOGA SPRINGS, NY 12866





# 2008 New York State Scholastic Rowing Championships

## Contingency Plans

1. IN THE EVENT OF UNROWABLE WATER ON EITHER SATURDAY/SUNDAY:
  - a. WE WILL ROW AS MANY OF THE HEATS AS POSSIBLE WITH CHANGES IN THE RACE ORDER ONLY IF NECESSARY. SHOULD IT BECOME CLEAR THAT WE CAN'T GET ALL OF THE HEATS IN, WE MAY CHANGE THE ORDER OF RACING TO MAKE SURE THE HIGHER EVENTS ARE RUN.
  - b. SATURDAY CAN/WILL BE EXTENDED (UNTIL 7:30) IF THERE IS A POSSIBILITY THE WATER WILL BECOME ROWABLE, AND THE LIGHT HOLDS.
  - c. IF FINALS (SUNDAY) NEED TO BE CANCELLED, THE FASTEST QUALIFYING TIMES IN THE HEATS/SEMI'S WILL BE AWARDED THE MEDALS. WE WILL USE THE LAST LEVEL OF RACING COMPLETED TO DETERMINE THE NECESSARY PLACEMENTS.
  - d. SHOULD WE (THE NYSSRA EXEC. COMMITTEE) DECIDE WE CANNOT GET ALL THE HEATS AND/OR FINALS IN, AND SUBSEQUENTLY NEED TO CHANGE THE "ORDER OF RACING", THE FOLLOWING WOULD BE THE ORDER: SENIOR, THEN LIGHTWEIGHT, THEN JUNIOR, THEN SECOND, THEN FRESHMEN, THEN NOVICE. ALL FINALS WOULD BE RUN BEFORE PETITE FINALS.
  
2. IN THE EVENT OF UNROWABLE WATER ON SUNDAY.
  - a. WE WILL ROW AS MANY FINALS AS POSSIBLE WITH CHANGES IN THE RACE ORDER ONLY IF ABSOLUTELY NECESSARY
    1. THE HIGHEST PRIORITY IS THAT EVERY KID GETS A CHANCE TO RACE (HEAT OR FINAL) – AS DONE IN 2001, WHERE EVERY EVENT RACED A TIME TRIAL FIRST, WITH SENIOR FINALS RUN AFTER. SEVEN EVENTS USED THE TIME TRIAL TIMES AS FINALS TIMES THAT YEAR. IN ADDITION, EACH CREW ALSO EARNED A TIME FOR THE CHAMPIONSHIPS FOR RANKING.
    2. THE SECOND PRIORITY IS THAT THE SRAA/CINCINNATI QUALIFYING FINALS ARE RUN.
    3. THE THIRD PRIORITY IS THAT THE ORDER OF RACING (ABOVE) IS FOLLOWED.
  - b. THE DAY CAN/WILL BE EXTENDED IF THERE IS A POSSIBILITY THE WATER WILL BECOME ROWABLE.
  - c. IF FINALS NEED TO BE CANCELLED, THE FASTEST QUALIFYING TIMES IN THE LATEST LEVEL OF RACING COMPLETED WILL BE AWARDED THE MEDALS.

## ***Practice Schedule***

1. THE RACECOURSE AND DOCKS WILL BE IN ASSEMBLY ON FRIDAY AFTERNOON. CREWS WILL BE ALLOWED ON THE WATER, BUT THERE IS NO GUARANTEE THAT EVERYTHING WILL BE IN PLACE.
2. BECAUSE THE RACE COURSE MAY STILL BE IN THE PROCESS OF BEING ASSEMBLED, THE PEOPLE WHO ARE SETTING UP THE COURSE AND TOWING THE DOCKS HAVE THE PRIORITY ON THE WATER AND CANNOT BE ASKED TO WATCH CREWS WHILE DOING THEIR JOB.
3. CREWS **MUST** FOLLOW THE "PRACTICE SCHEDULE MAP" (ON THE COX' PAGE TO DOWNLOAD)
4. TO BE SURE THAT YOUR CREWS ARE ALLOWED TO PRACTICE, CREWS SHOULD MAKE ARRANGEMENTS TO BRING LAUNCHES AND ENGINES. PLEASE CONTACT THE LOC IF YOU PLAN TO BRING A LAUNCH.
5. THERE WILL BE NO PRACTICE IN THE MORNINGS BEFORE THE RACING.
6. ON SATURDAY EVENING, THE COURSE WILL BE OPEN FOR COACH-ACCOMPANIED PRACTICE ½ HOUR AFTER THE COMPLETION OF THE FINAL RACE UNTIL DUSK.
7. ONCE AGAIN...CREWS MAY ONLY PRACTICE WITH THE ACCOMPANIMENT OF A COACH W/ LAUNCH.

# 2008 New York State Scholastic Rowing Championships

## Saturday's Schedule

<b>Time Trials</b>			
7:30	GSr4	1	0:14
7:44	BSr4	1	0:14
7:58	GN8	1	0:14
8:12	BN8	1	0:14
8:26	GN4	1	0:14
8:40	BN4	1	0:14
8:54	Glt4	1	0:14
9:08	Change stake-boats		0:30

<b>Heats w/rebs</b>			
9:38	BSr8	3	0:24
10:02	GSr8	3	0:24
10:26	BSr1x	2	0:16
10:42	BSr2x	2	0:16
10:58	GSr2x	2	0:16
11:14	Blt4	3	0:24
11:38	G2nd8	2	0:16
11:54	B2nd8	2	0:16
12:10	<b>LUNCH</b>	7	1:00
13:10	GJr4	3	0:24
13:34	BJr4	2	0:16
13:50	GJr8	3	0:24
14:14	BJr8	2	0:16
14:30	GF8	2	0:16
14:46	BF8	2	0:16

<b>Semis for Time Trials</b>			
15:02	GSr4	3	0:24
15:26	BSr4	3	0:24
15:50	GN8	2	0:16
16:06	BN8	2	0:16
16:22	GN4	2	0:16
16:38	BN4	2	0:16
16:54	Glt4	3	0:24

<b>Reps</b>			
17:18	BSr8	1	0:08
17:26	GSr8	1	0:08
17:34	BSr1x	1	0:08
17:42	BSr2x	1	0:08
17:50	GSr2x	1	0:08
17:58	Blt4	1	0:08
18:06	G2nd8	1	0:08
18:14	B2nd8	1	0:08
18:22	GJr4	1	0:08
18:30	GJr8	1	0:08

## Sunday's Schedule

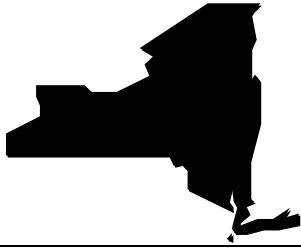
<b>Semis for Reps</b>			
7:30	BSr8	2	0:16
7:46	GSr8	2	0:16
8:02	Blt4	2	0:16
8:18	GJr8	2	0:16
8:34	GJr4	2	0:16

<b>Reps for events qualifying 5 for SRAA's</b>			
8:50	BF8	1	0:08
8:58	GF8	1	0:08
9:06	BJr8	1	0:08
9:14	BJr4	1	0:08

<b>Finals</b>			
9:22	BSr1x	2	0:16
9:38	GSr1x	1	0:08
9:46	Blt2x	1	0:08
9:54	Glt2x	1	0:08
10:02	BJr2x	1	0:08
10:10	GJr2x	1	0:08
10:18	BJr4x	1	0:08
10:26	GJr4x	1	0:08
10:34	GN4	1	0:08
10:42	BN4	1	0:08
10:50	GN8	1	0:08
10:58	BN8	1	0:08
11:06	GF4	1	0:08
11:14	BF4	1	0:08
11:22	<b>LUNCH</b>		0:54
12:16	GF8	1	0:08
12:24	BF8	1	0:08
12:32	G2nd8	2	0:16
12:48	B2nd8	2	0:16
13:04	Glt4	2	0:16
13:20	Blt4	2	0:16
13:36	Glt8	1	0:08
13:44	Blt8	1	0:08
13:52	GJr4	1	0:08
14:00	BJr4	1	0:08
14:08	GJr8	1	0:08
14:16	BJr8	1	0:08
14:24	BSr2x	2	0:16
14:40	GSr2x	2	0:16
14:56	BSr4x	1	0:08
15:04	GSr4x	1	0:08
15:12	GSr4	2	0:16
15:28	BSr4	2	0:16
15:44	GSr8	2	0:16
16:00	BSr8	2	0:16

**Please note: Schedule subject to change. This schedule is based on last year's entries. Petite Finals will precede the Grand Finals on Sunday's Schedule**





# NYSSRA

Dave Cusano  
NYSSRA Treasurer  
315-546-6575

[djcusano@hotmail.com](mailto:djcusano@hotmail.com)

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January 11, 2007

To Whom this concerns:

Please consider this a receipt for the NYS Championship regatta. The NYSSRA requires a \$50 fee to be paid (with registration) in order to participate. All teams must be a member of the organization. Please send along questions to Dave Cusano @ 315-546-6575. Please send this check directly to the Treasurer. The check should be made out to the "NYSSRA" and sent here:

**NYSSRA Treasurer  
c/o Dave Cusano  
8114 Sloop Drive  
Cicero, NY 13039**

Sincerely,

Dave Cusano  
NYSSRA Treasurer