

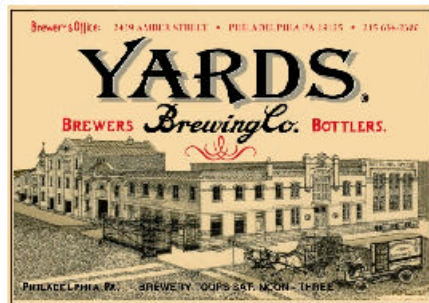
The Quaker City Masters Regatta



Philadelphia, Pennsylvania

July 30, 2005

Presented by



www.yardsbrewing.com



www.mastersrowing.org

Hosted by

The Fairmount Rowing Association

**The Quaker City Masters Regatta
aka Quaker City Sprints**



NOTE THAT THE DATE HAS BEEN MOVED UP BY ONE WEEK COMPARED TO LAST YEAR SO IT WILL STILL BE 10 DAYS BEFORE MASTERS NATIONALS

Race all day on the storied Schuylkill River for a single entry fee. Includes a shirt, lunch, and post-race refreshments. See how many times you can race before your legs explode.

NEW THIS YEAR:

An award you can actually use!!! Winners will receive beer steins instead of medals.

Lightweight 4+ events, AA singles, and Mixed 4+ added.

Improved (we think) schedule!

Once known as the MRA Championship Regatta, then the Subaru Schuylkill Sprints, the regatta is now in its sixth year, and its second as Quaker City Masters Regatta. The regatta is hosted by the Fairmount Rowing Association, a club predominantly made up of masters rowers on Philadelphia's historic Boathouse Row. Fairmount, est. 1877, merged with Quaker City Barge Club, est. 1858, in 1945, thus the name of the regatta. In the Fairmount spirit, we try to provide a fun, relaxed atmosphere with plenty of great competition. And beer.

Regatta Bulletin

Regatta date: Saturday, July 30, 2005

Location: The Schuylkill River Rowing Course, Kelly Drive, Philadelphia, PA

Entry Deadline: Entries, entry fees and competitor waivers are due on July 27, 2005. After that date, entries will be accepted at the discretion of the regatta committee on a "lane available" basis **and with a \$10 per boat late fee.**

Host Organization: The Fairmount Rowing Association

www.fairmountrowing.org

Mailing Address: Mail or drop off waivers to:

Quaker City Masters Regatta

c/o Fairmount Rowing Association

#2 Boathouse Row

Kelly Drive

Philadelphia, PA 19130

Questions: Contact: Lee Silverberg, Fairmount Rowing Association

1-856-616-0820

regatta@fairmountrowing.org

Regatta Headquarters: The Canoe Club parking lot and the Fairmount boathouse. Registration will open at 7:00 am at each site and remain open all day. **All competitors must stop by before racing to check in** and get their shirt and lunch ticket. Heat sheets will also be available.

Awards: Beer steins will be awarded to first place finishers in each race. Winner will be informed on the water as soon as the handicaps are figured in. The winning crew should pull into the awards dock at the grandstand to receive their steins.

Coach and coxswains meeting: There will be a meeting at 8:00 a.m. Saturday morning at the Canoe Club parking lot to review any scratches and schedule changes. All crews will be responsible for any information discussed at that meeting.

ALL EVENTS 1,000 METERS

RACING STARTS AT 9:00 AM

Course: The racecourse runs from the St. Joseph's boathouse to the grandstand on the famed Schuylkill River. There will be six lanes and stake boats at the starting line.

Traffic Pattern: Traffic on the Schuylkill goes upstream on the west bank of the river, and downstream on the east bank. Crews launching from the Canoe Club dock (east side) should paddle up the east side through Strawberry Mansion Bridge and then cross to the west bank on the upstream side of the bridge. Warm-up area is between Strawberry and the Twin Stone Bridges. Crews are advised not to go above the Twin Stone Bridges as there are submerged boulders there. Crews launching from Boathouse Row should be aware of the waterfall on the west bank across from the boathouses.

Upon finishing the race, crews should paddle through Columbia Bridge. If coming back to the Canoe Club, cross the river to the west bank, paddle back through the bridge and past Peter's Island. You may cross back to the east side when there is not a race coming down and then proceed in lane 0 to the Canoe Club dock. If you think you may have won the race, wait downstream of Columbia for the officials to inform you, then paddle through the bridge to the grandstand dock. After receiving your steins, you may paddle back up lane 0 to the Canoe Club.

Racing format: We will use a finals-only format, with steins to the winners of each race.

Racing Schedule: The planned event schedule is shown later in this bulletin. The Regatta Committee retains the right to alter the regatta schedule by the addition or elimination of races or combining of age categories as necessary to conform to the number and pattern of entries received.

For your planning purposes: We plan to start races 10 minutes apart. Note that each event can have multiple races depending on the entries.

After the entry deadline, heat sheets will be posted on www.boathouserow.org.

Age handicaps: Age handicaps published in the USRowing 2005 edition of the Rules of Rowing will be applied in races that combine age categories. Single-age category races will not be handicapped. Handicaps will be applied at the finish line.

Definitions: A master is a competitor who has attained or will attain the age of 27 during 2005. A = 27-35; B = 36-42; C = 43-49; D = 50-54; E = 55-59; F = 60-64; G = 65-69; H = 70 and over. Average age of the crew determines eligibility. The age category of a masters crew shall be determined by the average age of the crew, rounded down to the highest contained integer. Time handicaps will be applied in any masters event that combines two or more categories. A competitor's age is determined as of December 31, 2005.

Note that competitors can choose to “race down” in age if they want. For example, a D boat can enter an A-C race, but will only be handicapped at the maximum C handicap. You cannot race up – a C boat cannot enter a D-J race, although the regatta committee may decide to combine categories in order to make a race.

Any line-up changes on race day must be reported to Regatta Headquarters at least two hours prior to race time in order to compute the age handicap. You will need to fill out a change card. Line-up changes prior to race day may be done online through Regatta Central.

AA Rowers: An AA category rower is a rower between the ages of 21-26. This age category is not considered to be a masters category, but because some people of this age may wish to participate, we will accept AA entries. AA rowers may only compete against other AA rowers. AA rowers cannot be in boats in the other age categories. If we get two or more AA entries in an event, we will run an AA heat with a stein awarded. If only one AA entry comes in for an event, we will try to put that boat into an A race, but it will be counted as a separate event and there will not be an award for the AA boat.

Coxswains: Can be any age or sex. But yes, they must be registered entrants.

Mixed crews: Mixed crews shall be composed of an equal number of men and women.

Corporate Mixed 8 event: All rowers, excluding coxswain, must be employed by the company under whom they are rowing. However, composite boats are allowed.

Recreational Singles: Class 1 boats are 19 ft. 0 in. maximum length, 40 lbs. minimum weight. Example: Alden Ocean Shell. Class 2 boats are 22 ft. 0 in. maximum length, 38 lbs. minimum weight. Examples: Maas Aero, Martin Trainer, Alden Star. Class 3 boats are 25 ft. 2 in. maximum length, 38 lbs. minimum weight. Examples: Maas 24, Vespoli Comp. A single shell that is longer than 25 ft. 2 in. or that weighs less than 38 lbs. is not considered recreational. Length is measured bow to stern, along the deck, excluding the bow ball, if fitted. Weight is measured on a dry, fully rigged boat, excluding electronics, safety and personal gear.

Weigh-ins: Lightweight men shall weigh no more than 160 lbs. Lightweight women shall weigh no more than 130 lbs.

Weigh-ins will be held from 7:00 to 10:00 a.m. the morning of the Regatta. Competitors can weigh-in at either the Canoe Club parking lot or the Fairmount boathouse.

Entries: All entries this year will be done through Regatta Central. Visit regattacentral.com to register.

RegattaCentral

All waivers must be completed and turned in to Fairmount Rowing Association before racing.

If fewer than three entries are received or if all the entries are from the same club, at the discretion of the regatta committee, the event may be scratched. Clubs will be notified of scratched events.

No competitor may represent two different clubs in the regatta. **Boats composed of members from various clubs should register as composite crews on their entry form.**

Entry fees: Each participant must pay a registration fee of \$40. Each registrant will receive a regatta shirt, lunch, and may enter an unlimited number of races.

Members of the Masters Rowing Association get a \$5 discount. Entry fee is \$35. If you are not a member of the MRA, you have several options:

- a) Pay the \$40 nonmember registration fee.
- b) Join the MRA as a racing member for \$10. This allows you to race in all 2005 regattas that are insured by MRA, without other benefits of MRA membership.
- c) Join MRA at one of the regular membership levels of \$25, \$50, \$60, \$125, \$250 or \$1,000 and receive the benefits of MRA membership.

To join the MRA, visit www.mastersrowing.org.

Fees are non-refundable after July 27, 2005. **All fees will be paid through Regatta Central.**

Late Entries: After July 27, entries will be accepted at the discretion of the regatta committee on a "lane available" basis **and with a \$10 per boat late fee.** To request a late entry, send an e-mail to regatta@fairmountrowing.org.

Scratch fees: Entry fees will be refunded if the scratches are made before July 27, 2005. Those scratching after that time will forfeit their entry fees.

Waiver forms: Every competitor must complete a waiver form and return it to Fairmount Rowing Association before they will be allowed to race. No competitor will be allowed to race without a signed waiver on file.

Heat Sheets: Will be posted on the internet a few days before the race and may be subsequently updated. **Competitors are advised to pick up a heat sheet at the racecourse the morning of the regatta.**

Lunch: Lunch will be provided to all competitors. Lunch will be served in a tent at the Canoe Club parking lot beginning at 11 am. We will keep it open during the afternoon racing.

Post-race Party: All competitors and volunteers are invited to join us at the Fairmount boathouse for pizza, beer, and soft drinks, beginning after the last race is completed. Come fill up your new Quaker City stein with ale from **Yards Brewing Company**. No charge.

Results: Complete regatta results will be posted on the Fairmount Rowing Association web site at www.fairmountrowing.org and on the Schuylkill Navy website at www.boathouserow.org. The regatta uses RaceDay regatta management software and the Finish Lynx system, which provides photos of the finish.



Closed Networks - Official wireless supplier to the regatta

Bow markers & bow balls: No shell may launch without a bow ball and no shell may race without its appropriate lane number affixed to its bow. We ask crews to bring their own set of bow markers. However, we will be able to provide a limited number of bow numbers.

Uniforms: All crews must wear matching shirts. "Matching," means identical in style, color, and detail, including any insignia. Composite crew members should race in their respective club colors.

Dispute resolution: All questions of eligibility, qualification, or interpretation of the regatta rules will be referred to the Regatta Committee whose decisions will be final.

Protests: Referees should be notified on the water if a crew has a protest. Note however that protests also have to be put in writing at registration when the crew is back on land.

Vendors/Advertising: All manufacturers, clubs, and sellers of rowing related equipment and goods are welcome to apply for vendor space. For more information, please contact Mike Bowers at 1-800-321-5312, rowing@fairmountrowing.org.

Photographs: We are pleased to announce that Regattashots.com will be on hand again this year to photograph crews during the regatta.

Regattashots.com 

Overnight Accommodations: City Line Holiday Inn is offering a discounted rate of \$89/night for a single/double occupancy for the nights of July 29 and 30. **This rate is good until July 15.** After that, you will be charged the normal rate. Please call the front desk at 215-477-0200 to make reservations and tell them you are here for the Quaker City Masters Regatta. City Line Holiday Inn is at 4100 Presidential Blvd. in Philadelphia.



www.holiday-inn.com

Quaker City Masters Regatta

Order of Events

Events may be added or deleted based on the number of entries received.

Event No.	Event Name
1	Adaptive 1x
2	Men's AA 1x
3	Men's A-C 1x
4	Women's AA 1x
5	Women's A-C 1x
6	Women's D-H 1x
7	Men's D-H 1x
8	Men's Rec 1x
9	Women's Rec 1x
10	Men's A-C 8+
11	Women's A-C 8+
12	Men's D-H 4x
13	Women's D-H 4x
14	Men's A-H 2-
15	Women's A-H 2-
16	Mixed A-H 4x
17	Men's D-H 8+
18	Women's D-H 8+
	LUNCH
19	Men's Lwt A-H 1x
20	Women's Lwt. A-H 1x
21	Men's A-C 4x
22	Women's A-C 4x
23	Women's D-H 4+
24	Men's D-H 4+
25	Men's D-H 2x
26	Women's D-H 2x
27	Women's A-C 4+
28	Men's A-C 4+
29	Mixed A-H 4+
30	Men's A-C 2x
31	Women's A-C 2x
32	Men's A-H Lwt 2x
33	Women's A-H Lwt 2x
34	Mixed A-H 8+
35	Corporate Mixed 8+
36	Mixed A-C 2x
37	Mixed D-H 2x
38	Mens' A-H Lwt 4+
39	Women's A-H Lwt 4+

MASTERS ROWING ASSOCIATION REGISTERED REGATTA: ROWING RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT (“AGREEMENT”)

IN CONSIDERATION of being given the opportunity to participate in any way in the _____ Quaker City Masters Regatta _____ (“Regatta”), I, for myself, my personal representatives, assigns, heirs, and next of kin:

- 1. ACKNOWLEDGE**, agree, and represent that I understand the nature of rowing activities, including, without limitation, the Regatta, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in the Regatta.
- 2. FULLY UNDERSTAND** that: (a) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis, and death (“Risks and Dangers”); (b) these Risks and Dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Regatta, the condition in which the Regatta takes place, or the negligence of the Releasees named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND DANGERS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Regatta.
- 3. AGREE AND WARRANT** that I will examine and inspect each activity of the Regatta in which I take part and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Regatta and will refuse to take part in the Regatta until the condition has been corrected to my satisfaction.
- 4. HEREBY RELEASE**, discharge, and covenant not to sue the Club, host organization, The Masters Rowing Association, the Regatta, their administrators, directors, agents, officers, members, volunteers, and employees, other participants, regatta organizers, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Regatta takes place, (each considered one of the “Releasees” herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim to the fullest extent permitted by law.
- 5. HEREBY ACKNOWLEDGE AND AGREE** and by my signature below, or that of my parent or guardian, attest that I have received, read, fully understand and will abide by the Regatta Safety Rules for Participants. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

PRINTED NAME OF PARTICIPANT _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

DATE _____ PARTICIPANT’S SIGNATURE (only if age 18 or older) _____