

“MOTOWN MADNESS”

“Your mind and body will never be the same!”

DETROIT INDOOR ROWING REGATTA

SATURDAY, FEBRUARY 25, 2006

SPONSORED BY

FRIENDS OF DETROIT ROWING

AT THE GENERAL MOTORS WORLD HEADQUARTERS
100 RENAISSANCE CENTER
WINTER GARDEN ATRIUM
DETROIT, MICHIGAN 48243

- Parking:** Ample free parking in public lots and structures located at or near the Renaissance Center.
- Time:** Registration begins at 7:30 a.m., Warm Up at 8:00 a.m., and Racing Starts: 8:30 a.m. on Saturday, February 25, 2006.
- Events:** Events for girls & boys are based on age & experience. Women and men are classified by experience & weight. Master's events are classified by age. Team Races classified by gender.
- Distance:** Races will be 2000 meters.
- Race Fees:** For early registration, \$15.00 per contestant which **includes a commemorative Regatta T-Shirt** and the opportunity to row and **win a commemorative medal for 1st, 2nd, & 3rd places.** The late registration entry fee is \$15.00 (doesn't include the regatta T-Shirt). ***It pays to register early.*** Early registration deadline is 02/22/06.
- Prizes:** A commemorative medal will be awarded to the winner of each event. Each member of the winning team events will receive a medal award.
- Ergometers:** **Also this year, ergometers from the races will be available for sale. You save shipping, the DBC crew assembles the ergometer, and it's ready-for-use. Just pick it up and take it home.** Please call for more information on erg sales (248) 875-8574.
- Contact and Registration:**
Dick Bell
27551 Rackham Dr., Lathrup Village, Michigan 48076-3301
Phone: (248) 875-8574 Fax: (248) 559-0908
Email: bellr@macomb.edu.
E-mail registration: <http://www.regattacentral.com>
Visit our website for details and forms www.detroitrowing.org or www.dbcjuniors.com

MAP AND DIRECTIONS TO RACE

General Motors Corp: 313-556-5000
100 Renaissance Ctr
Detroit, MI 48243, US

Go to <http://www.mapquest.com> for a map

Directions from Port Huron on I-94 west: Exit onto I-75/S/Chrysler Fwy via exit 216 toward Toledo. Merge onto I-375 S/Chrysler Fwy via exit 51C on the left toward Civic Center. Turn left on Jefferson Ave. E. Turn right on St Antoine St. Turn right onto Renaissance Dr. N.

Directions from Chicago on I-94 east: Take the M-10 S exit toward downtown. Merge onto John C. Lodge Fwy/ MI-10 S becomes Jefferson Ave. W. Turn onto Renaissance Center.

Directions from Pontiac on I-75 south: Merge onto I-375 S/Chrysler Fwy via exit 51C on the left toward Civic Center. Turn left on Jefferson Ave. E. Turn right on St. Antoine St. Turn right onto Renaissance Dr. N.

Directions from Toledo on I-75 north: Take exit 49 toward MI-10/Lodge Fwy/Civic Center. Take the MI-10 S exit toward Civic Center. Merge onto John C. Lodge Fwy/MI-10 S. John C. Lodge Fwy/MI-10 S becomes Jefferson Ave. W. Turn right onto Renaissance Center.

Registration online at <http://www.regattacentral.com>