

2004 Head of the Cuyahoga Regatta Rules – Saturday, September 18, 2004

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1. ENTRIES. To be complete, entries must include payment (payable to "Cleveland Rowing Foundation"), completed entry form for each event and waiver form signed by each competitor (parent/guardian must sign for competitor under 18) or, for members of US Rowing Association, on file with US Rowing. Registration is on-line at www.regattacentral.com.

2. ELIGIBILITY As a USRowing Registered Regatta, the Head of the Cuyahoga requires that all competitors must be rowing with a USRowing member organization. All rowers need not be USRowing members, but their club or school must be a USRowing organizational member. Single scullers are exempted from this rule.

3. BOAT AND TRAILER STORAGE. Security patrolled, overnight storage will be available at the Nautica launch site parking lot designated on the enclosed map after 5:00 PM on Friday, September 17, 2004.

4. CHECK-IN. All coaches or other parties responsible for each school or club must check in to confirm registration and receive race packets. Check-in for teams not affiliated with the Cleveland Rowing Foundation (CRF) must check-in on Friday, September, 17 from 5:00 - 7:00 PM, or on race day from 6:30 AM to 8:30 AM. All crews from CRF member programs must register during the Friday check-in hours.

5. COACHES/COXSWAINS/SCULLERS MEETING. A meeting for coaches, coxswains, and scullers is required by our US Coast Guard permit and will be held at the Nautica launch site at 7:00 AM on Saturday, September 18, 2004. Due to the challenging nature of the course, attendance at these meetings by all coxswains and scullers is MANDATORY and wristbands will be distributed to all attendees. Dockmasters will not permit coxswains or scullers who did not attend the meeting to launch.

6. LIGHTWEIGHT CREWS are expected to comply with current US Rowing Association weight limits, but there will be no actual weigh-in. Coxswains will not be weighed.

7. COURSE. The course extends approximately 2.68 miles downstream from the West 3rd Street Bridge to just upstream of the Main Avenue Bridge, along the eastern shore of the Cuyahoga River (see map at launch sites).

8. BOW AND BACK NUMBERS. Bow and back numbers will be distributed at registration in the race packet. Bow numbers must be returned at the conclusion of racing to the Dockmaster. A \$10.00 charge will be assessed if the bow numbers are not returned. All shells must have bow clips to race. Back numbers must be worn on the back of the bow rower; stern coxswains must wear numbers on their backs (provided in the race packet) and a bow-coxed shell must place its stern bib number on the front of the stroke seat rower.

9. START. Directions for proceeding to the start will be announced at the meeting for coaches/coxswains/scullers. Boats must be ready to leave the dock at the specified launch time. Due to the large number of crews anticipated, quick launching is essential. Boats must arrive at the marshaling area 5 minutes before the start time of their event.

10. CLASSES

Junior. A junior is a competitor who in the current calendar year does not attain the age of 19, or who is currently and has been continuously enrolled in secondary school as a full time student seeking a diploma.

Novice. A novice is a competitor who has not competed in a regatta before the current calendar year.

Open. Unrestricted.

Master. A master is a competitor who has attained or will attain the age of 27 during the current calendar year.

Lightweight. In any men's lightweight event (sweeps or sculling) no rower shall weigh more than 160 lbs. In any junior men's lightweight event no rower shall weigh more than 155 lbs. In any women's lightweight event (including juniors), no rower shall weigh more than 130 lbs.

Recreational. The Recreational category is for masters who practice on average one day per week. This category includes such crews as those rowing as a corporate crew, in a summer rowing

league, as novices (in first year of rowing), or other occasional rowers. What distinguishes a recreational rower is the limited frequency with which he or she rows.

11. HANDICAPPING. Masters races will be handicapped. Competitors/crews entered in masters races who do not have their ages (as of 12/31/04) listed on their entry forms will not have their handicaps calculated (actual elapsed time will be used). Handicaps will be figured using US Rowing Association 1000 meter handicaps, multiplied by 2.25.

12. EVENTS. Please see the Events List and Schedule in the Race Packet. Although every effort will be made to keep to the published events schedule, the race times are subject to change. Two (2) entries are required to run an event.

13. EVENT TIMES. Entries MUST row only at the time the event they are entered in is scheduled and raced. No boats will be permitted to race at any other time in the schedule (e.g., a men's junior 4+ will not be permitted to race when the women's masters 2x's are racing or at any other time except when men's junior 4+'s are racing).

14. HOTSEATING. Races will not be delayed to permit hotseating. All crews are on notice of the scheduled launch and start times, and enter at their own risk. The Dockmaster retains the final authority regarding the launch and retrieval order of shells.

15. CONDUCT DURING TRANSIT, RACING AND PENALTIES

A. Boats will row to the start line upriver along the river's west bank (to the coxswain's right, sculler's left), and race back to the east of the center line of the river.

B. Boats passing other racing boats shall pass on the inside of a turn or curve in the river (on those limited areas of straightaway on the course, the passing boat may take its choice of sides); the overtaken boat will yield to the outside of a turn or curve, or to the side not chosen by the overtaking boat on the straightaway.

C. Boats rowing to the start will at all time stay between the port side of the course buoys and the west bank. Passing another boat while rowing to the start line is permitted only in areas where orange-colored buoys are present. There are only 3 areas where passing is permitted, and all are on straightaways. Passing another boat should only be done if necessary. If a crew passes another boat on a turn or in a no-pass zone, this may result in exclusion.

D. Any racing boat crossing the buoys (with any part of the hull of the boat, but not the oars) will be charged a penalty of 10 seconds per crossing, except at the final turn before the finish line, where the penalty is 20 seconds. All boats must finish between the finish line buoys, and any boat finishing outside the buoys will be charged a 20 second penalty. Boats in transit to the start may also be charged a penalty for crossing the buoys.

E. Any boat which, without justification, interferes with the forward progress of another boat, or which unreasonably fails to yield to an overtaking boat will be charged a 1-minute time penalty or be excluded, at the discretion of the officials.

F. After crossing the finish line, a shell must continue rowing at a paddle until past the turn-around buoy (on the port side of the boat). Once past that buoy, shells should stop, turn around to port, and return to their designated dock.

G. No shell, under any circumstances, may proceed beyond the buoy markers down river of the Nautica launch/recovery docks under order of our US Coast Guard permit. Any shell doing so will be excluded from their event, and the crew or sculler will be disqualified from all other races in which they/he/she participated during this regatta.

16. PROTESTS. Protests regarding the outcome of a race must be made to Race Central within 60 minutes of the time the provisional results of the race in question are posted. Protests made outside of that time period will not be allowed. Protests must be accompanied by a fee of \$25.00 at the time the protest is submitted to Race Central. The fee will be refunded if a decision in favor of the protest is made. Initial decisions on protests will be made by an ombudsman.

17. MEDALS/TROPHIES. Medals (gold, silver and bronze) will be awarded to winning crews when race results are confirmed and official. Special trophies will be awarded for designated events. Refer to the Race Program for these events.

18. TEAM POINTS TROPHY. Points will be awarded in each 8+ and 4+ event to the school or club with whom the winning boat is affiliated (NOTE: if a team has more than one entry in any event, only the highest finishing entry is eligible to win team points.) Points will be awarded as follows: 1st place - 6 points; 2nd place - 4 points; 3rd place - 2 points; 4th place - 1 point. The school or club winning the most points overall will be awarded the Regatta Trophy.

19. GENERAL RULES. US Rowing Association Rules of Racing apply to all situations not covered above.

20. FEES.

1X - \$35.00

2X - \$40.00

4+ - \$50.00

8+ - \$60.00

Credit Card payment will be accepted by Regatta Central. Deadline for registration is Friday, September 10, 2004.

Register on-line at www.regattacentral.com

The Head of the Cuyahoga will be hosted by the Cleveland Rowing Foundation and will take place on the mouth of the Cuyahoga River in Cleveland, Ohio.