

2008 Head of the Oklahoma REGISTRATION INFORMATION Oklahoma River, October 4-5



EVENT OVERVIEW

The 2008 Oklahoma Regatta Festival features the Oklahoma City University Head of the Oklahoma, as well as live music and entertainment, food from some of Oklahoma City's finest restaurants, an international art show, wine tasting featuring Oklahoma vineyards, a children's area complete with inflatables and activities, plus the OG+E NightSprints on Saturday evening. The Oklahoma Regatta Festival and the OCU Head of the Oklahoma will be held at Regatta Park on the Oklahoma River, adjacent to downtown Oklahoma City and the Bricktown entertainment district.

HEAD OF THE OKLAHOMA

Presented by Oklahoma City University, the Head of the Oklahoma has quickly become one of the top collegiate rowing regattas in the country. The 2008 OCU Head of the Oklahoma will attract an estimated 1000 athletes from 40+ collegiate and community rowing clubs, with top crews including the US National Team. Teams will compete in the 2.5 mile Head of the Oklahoma head race on Saturday with racing beginning at noon. The head race will also act as a qualifier for the 500 meter OG+E NightSprints on Saturday evening.

OG+E NIGHTSPRINTS

In its third year, the OG+E NightSprints attract thousands of spectators to the Oklahoma River as world-class rowers from across the nation sprint under giant stadium lights. Crews will qualify for night racing in select head races held earlier in the day.

NEW FOR 2008

The Head of the Oklahoma has made several changes to improve the regatta experience for athletes, coaches, and spectators including

- A reversed head race traffic pattern allowing for longer warm-up. Racing will begin on the west end of the course.
- Additional lighting for night racing
- Alumni Row during OG+E NightSprints
- New "Athlete Village" with athlete amenities and race registration in one location
- Expanded sound system
- New festival entrance
- Free WiFi throughout the venue
- Free meal voucher for each athlete

EVENT CATEGORIES

- Collegiate - Varsity collegiate rowing programs; Also open to clubs. **see special notice regarding NCAA Rule 13.11.1.2 below**
- Open – Open to all USRowing registered rowing clubs, individuals, and teams (no handicapping) except junior athletes, crews and scholastic programs. Includes all international teams that are not juniors.
- Youth - Junior Crews, Scholastic and Club; Juniors may only row or cox in events with a Youth designation
- Lightweight Men - Open to rowers who do not weigh more than 165 lbs.
- Lightweight Women - Open to rowers who do not weigh more than 135 lbs
- Collegiate Freshman/Novice – Open to rowers who have not competed in the past year as a collegiate athlete.
- Youth Novice - limited to rowers who began racing within 12 months prior to October 4, 2008
- Masters - The Head of the Oklahoma will follow USRowing Rules of Rowing for Masters eligibility and handicapping guidelines; The Head of the Oklahoma will recognize all categories of masters racing. Only masters head race events will be handicapped. NightSprints will not be handicapped.

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Non-collegiate rowers, scullers and coxswains are not allowed to enter competitions representing a college or university.

SPECIAL NOTICE REGARDING NCAA RULE 13.11.1.2

The Head of the Oklahoma encourages the participation of both college and high school athletes, and allows participation by both groups of athletes while not jeopardizing their ability to compete in future intercollegiate competition. The restrictions apply to high school students participating in both school AND club based junior programs.

REGATTA/ REGISTRATION INFORMATION

IMPORTANT NOTICE

The Head of the Oklahoma is a US Rowing registered regatta. All participating organizations/schools/clubs must be members of the US Rowing Association; single scullers do not have to be individual members of US Rowing. If your organization is not a member of US Rowing, contact:

Kelly McGlynn, US Rowing Membership Services
2 Wall Street, Princeton, NJ 08540
609 -751-0703 kelly@usrowing.org

PRACTICE: The Oklahoma River head race course is open for practice from Noon to 5:00 pm on Friday, October 3; no boats may launch after 4:00 pm. The course must be clear for the Corporate Challenge NightSprints. The course will be open from 7:00 am to 11:00 am on Saturday, October 4 for practice; last launch will be at 10:00 am.

BOAT STAGING: Please keep all boats and oars in the designated staging areas and clear of marked pathways and docks. Most staging will occur in the new launch and recovery area near Interstate 35. Boat staging locations will be pre-assigned with assignments based upon the order that regatta entries are received and the space requirements for each participating team. A limited number of a-frame racks will be available on a first-come, first-serve basis.

REGISTRATION AND WEIGH-IN TIMES: Registration and weigh-ins will take place at the Regatta Registration tent in the Athlete Village on Friday, October 3, 1-6 pm, and Saturday, October 4, 9 am - Noon. Registration for athletes racing only on Sunday will be open Sunday, October 5, 7-8 am.

DRIVING DIRECTIONS: Regatta Park is located at 725 S. Lincoln Boulevard in Oklahoma City, one-half mile south of the intersection of Lincoln and Reno. Please note that Lincoln Blvd was formerly Byers Ave; online mapping services may still show it as Byers. Lincoln Blvd is currently under construction but is easily negotiable by passenger vehicle. For the most current driving directions, please check online, www.headoftheoklahoma.com/athletes.php.

Trailer drivers will want to follow the driving directions below:

I-40 from the West:

Proceed past the Lincoln Blvd exit and take I-35 south.

Take the SE 15th Street Exit, travel west to Central.

Turn right (north) onto Central.

Travel north on Central; it becomes Lincoln Blvd.

Proceed across the Lincoln Blvd. bridge to the Regatta Park entrance to the Chesapeake Boathouse.

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I-40 from the East:

Exit I-35 South.

Take the SE 15th Street Exit, travel west to Central

Turn right (north) onto Central.

Travel north on Central; it becomes Lincoln Blvd.

Proceed across the Lincoln Blvd. bridge to the Regatta Park entrance to the Chesapeake Boathouse

You may contact the Chesapeake Boathouse at (405) 552-4040 if you need assistance with directions upon arrival in Oklahoma City.

TRAILER PARKING: Trailer parking will occur in designated areas adjacent to the new boat staging and launch/recovery areas near Interstate 35. Access to the trailer parking areas will be from 4th Street just east of Lincoln Boulevard.

BUS/ATHLETE PARKING: Free bus and athlete parking will be located in designated grass lots near the boat staging areas. Parking in these designated areas is limited to a first-come, first-serve basis. Once designated lots are full, athletes will be directed to public parking.

CLUB TENTS: Clubs and universities are permitted to erect tents in-designated areas along the race course. Please see the registration officials for information on the permitted tent locations.

ENTRY FEES: 8+, \$70.00; 4+, \$55.00; 4x, \$50.00; 2x/2-, \$40.00; 1x, \$30.00; Alumni 8+, \$35 per participant

REGISTRATION: All regatta registration will take place utilizing Regatta Central. Entries will open Tuesday, August 12 and will close Saturday, September 24, at midnight. Please see www.regattacentral.com or www.headoftheoklahoma.com for registration information. Packets will include heat sheets with corresponding bow numbers and race bibs, course maps, and additional event instructions and information.

REFUNDS/ SCRATCH FEES: Entry fees will be refunded for scratches registered on or before Friday, September 26. Scratches after this date will forfeit their entry fees. A \$10 scratch fee will apply for scratches after this date and for no-shows on race day.

RELEASE OF LIABILITY WAIVERS: The Head of the Oklahoma is a USRowing event and requires a signed USRowing Release of Liability for each athlete. Waivers may be signed online which is the preferred method for submission; paper waivers may be mailed in advance or presented at Registration. All junior team coaches must carry and be able to provide a signed copy of the USRowing Release of Liability for each member of the team.

To sign an online waiver, the athlete may do it either through the USRowing web site or on Regatta Central. **USRowing:** go www.usrowing.org and click on Join/Renew in the upper right hand corner. Full-Privilege members of USRowing click Sign Your Waiver Online. If the athlete is not a Full-Privilege member of USRowing, click Sign Waiver and Add My Name to my Organization's Roster. Complete the forms per their instructions.

Through **RegattaCentral.com**, log-in to www.regattacentral.com. On the home page, under My Roster, click on Instructions for USRowing Waiver Submission.

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IMPORTANT: Waivers must be submitted by the athlete or their legal guardian. (Coaches are not permitted to submit a waiver on a rower's behalf)

SEEDING: The top five starting positions for the head race events will be seeded according to the top five times from the 2007 event. All other starting positions will be assigned according to a random draw conducted by Powerhouse Timing. The lane assignments for the NightSprint events will be based upon the finish times from the corresponding head race events. Head Race events with a, b, and c sub categories will base advancement on the top collective times from all sub categories. For example: in an event with Open, Collegiate, and Lightweight subcategories, the top 12 times from all three advance to one NightSprint final.

EXHIBITION EVENTS: The Alumni and Parent/Child NightSprints are direct registration with no corresponding head race event. Email Elizabeth Laurent to register, elaurent@chesapeakeboathouse.org. In deference to NCAA regulations, collegiate rowers are excluded from participation in Parent/Child NightSprints.

TIMING: All event timing and results will be provided by Powerhouse Timing. Live results and video will be available online throughout the event and the entire Regatta Park area will be a WIFI Hotspot.

ATHLETE MEAL: Each athlete will receive a free meal voucher which can be used at any Oklahoma Regatta Festival food vendor.

CHAPEL SERVICE: A special church service will be presented by OCU at the Awards Stage at 7:30 am Sunday, October 5.

COACHES AND COXSWAIN MEETINGS: Race officials and organizers will hold a meeting for coaches, coxswains and unaffiliated scullers at 10:00 am on Saturday, October 4, at the Awards Stage adjacent to the Athlete Village. Individuals not competing on Saturday are required to attend the Sunday meeting at 6:30 am.

AWARDS: Awards will be distributed for the Head of the Oklahoma at designated times throughout the day on Saturday and Sunday as results become official. An awards schedule will be included in the athlete race packet. Special awards will be awarded during a special ceremony prior to the start of the OG+E NightSprints. Special awards include:

- Norick Cup – First-place finisher of the Men's Collegiate Eight Head Race
- Ackerman Cup – First-place finisher of the Women's Collegiate Eight Head Race

OG+E NightSprints: Medals for the OG+E NightSprints will be distributed immediately following each NightSprint event at the awards dock located near the finish line.

ATHLETE FOOD: Food will be available from vendors adjacent to the Athlete Village.

REFRESHMENTS: Free water and fruit will be available at the athlete's hospitality area located in the Athlete Village near the bell tower and Interstate 35.

FIRST AID: First aid will be available in the Athlete Village near the bell tower in the boat staging area.

APPAREL/VENDORS: Oklahoma Regatta Festival apparel will be available along with full color commemorative programs. Quantities are limited. A vendor expo area in the Athlete Village will offer rowing merchandise and equipment vendors.

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COURSE INFORMATION: Specific Oklahoma River course information can be found by online at www.headoftheoklahoma.com.

REGATTA UPDATES: Please continue to check www.headoftheoklahoma.com for regatta updates, schedule updates, or racing information. Emails will also be sent to regatta registrants with updated information leading up to the event.

RACING SHELL RENTALS: Boat rentals are available on a limited basis from the Chesapeake Boathouse at the following rates per entry: Eight - \$60; Quad/Four - \$50; Pair/Double - \$40; Single - \$30

Please email Mike Knopp at mknopp@chesapeakeboathouse.org for more information or to make a reservation.

HOTEL INFORMATION: Please visit www.headoftheoklahoma.com for a complete list of our hotel partners and the contact information to receive the special regatta rates.

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RACE COURSE/ REGATTA RULES

TRAFFIC PATTERN: Please see course map for specific traffic-related information. All rowing will be conducted in a counter- clockwise traffic pattern with racing occurring from west to east. Please use caution when passing through the (deleted many) bridges that cross the course.

LAUNCHING: All participants are expected to launch a minimum of 40 minutes in advance of the event in which they are entered. First call to the water is 55 minutes prior to the start of the race. Any changes to the launch times will be announced. Announcements will be made calling crews to the water. Events will not be held for late crews. Please ensure your crews are prompt on the dock and observe a 90 second dock time.

CONTROL COMMISSION: All crews are expected to check in at the Control Commission tent prior to launching. The crew will be given direction as to which dock to use for launching and will check for a properly affixed bow ball and heel ties on each shoe. Control Commission representatives will be located near boat launching areas.

BOAT LIGHTING: Regatta staff will provide lights for all boats entered in OG+E NightSprint events. Boats are prohibited from launching without the required lighting.

RACE BIBS/BOW MARKERS: Race bibs and bow numbers will be in your entry packet that should be picked up Friday afternoon or Saturday morning. All waivers must be turned in to receive the packet. All boats must have the bow number displayed during the race and the race bibs should be worn on the back of all bow seat rowers. PLEASE PLACE THE BOW NUMBERS IN THE MARKED RECEPTACLE AT THE CONCLUSION OF YOUR RACE located near the recovery dock.

HOT SEATING: Hot seating will be permitted only from the specially designated hot seat dock. The control commission must be informed in advance of a hot seating situation. No events will be delayed for late arriving crews. Late arriving crews may race the course for time if deemed safe by the starting official (however, they will not be eligible for a medal).

STARTING: The starter will arrange the crews so that crews cross the starting line at approximately 15 second intervals. PLEASE HAVE YOUR CREWS LINE UP IN THE ORDER OF YOU BOW NUMBER PRIOR TO THE START OF EACH RACE. To consolidate space in the starting area and expedite the start process, crews will set up in two lines with the even numbers on the north and odd on the south.

RIGHT OF WAY: A crew is deemed to be overtaking another crew when it has moved within one length of open water of the crew ahead. On those portions of the course that are straight, a crew being overtaken shall move to the right to allow the overtaking crew to pass. Where the course turns, a crew being overtaken shall move to the outside turn and allow the overtaking crew to pass along the shorter path. Nevertheless, passing is not allowed, nor is the crew being overtaken required to yield, in cases where the overtaking crew's position clearly prevents safe passage or where there is insufficient room to yield. Use extreme caution near the railroad trestle bridge located just west of the boathouse.

PENALTIES

Buoys- White buoys mark the boundaries of the course, dividing the race lanes from the warm-up/traffic lanes. Red buoys alert of approaching hazards. A crew shall be penalized 10 seconds for each buoy the crew passed incorrectly. A crew passes a buoy incorrectly when any part of its hull passes on the wrong side of the buoy.

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Start- A crew that missed the correct order of the start will be penalized 10 seconds.

Yielding- A crew that fails to yield to a crew having proper right of way shall be penalized 30 seconds. A crew that fails to yield to a crew being properly summoned to the starting area, or interferes with the staging of the start may be penalized 10 seconds by the Marshal or Starter.

Bow Number- A crew that crosses the starting line without its required bow number shall be penalized 60 seconds.

CONTACT INFORMATION

REGATTA DIRECTOR

Mike Knopp
405-552-4040
mknopp@okcboathousefoundation.org

Race schedule attached

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RACE SCHEDULE

SATURDAY OCTOBER 4

7:00 to 11:00 AM - Course is open for practice (last launch at 10:00 am)

12:00 - Racing starts.

#	Event Name
Womens Eight - Night Sprint Qualifier / Top 12 to Advance	
1a	W8 Open
1b	W8 Collegiate
1c	W8 Open Lightweight
2	W4+ Collegiate Frosh/Novice
3	W4x Youth Novice
4	M4+ Youth Novice
Womens Youth Eight - Night Sprint Qualifier / Top 6 to Advance	
5a	W8 Youth
5b	W8 Youth Lightweight
Womens Open 1x - Night Sprint Qualifier / Top 6 to Advance	
6a	W1x Open
6b	W1x Open Lightweight
Mens Double Open 2x - Night Sprint Qualifier / Top 6 to Advance	
7a	M2x Open
7b	M2x Open Lightweight
8	M4x Youth - Night Sprint Qualifier / Top 6 to Advance
9	M4+ Collegiate Frosh/Novice
Mens Eight - Night Sprint Qualifier / Top 12 to Advance	
10a	M8 Open
10b	M8 Collegiate
10c	M8 Open Lightweight
11	W4+ Open
12	M4x Youth Novice
13	W4+ Youth Novice
Mens Youth Eight - Night Sprint Qualifier / Top 6 to Advance	
14a	M8 Youth
14b	M8 Youth Lightweight
15	W4x Youth / Top 6 to Advance
16	M2x Masters - Night Sprint Qualifier / Top 6 to Advance
Womens Double Open 2x - Night Sprint Qualifier / Top 6 to Advance	
17a	W2x Open
17b	W2x Open Lightweight
	W K1 - Night Sprint Qualifier / Top 6 to Advance
18a	W K1 Open
18b	W K1 Youth

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	M K1 - Night Sprint Qualifier / Top 6 to Advance
19a	M K1 Open
19b	M K1 Youth
20	W2x Masters - Night Sprint Qualifier / Top 6 to Advance
21	W8 Youth Novice
22	W8 Collegiate Frosh/Novice
	Mens Open 1x - Night Sprint Qualifier / Top 6 to Advance
23a	M1x Open
23b	M1x Open Lightweight
24	Mixed Masters 4x - Night Sprint Qualifier / Top 6 to Advance
25	M8 Collegiate Frosh/Novice
26	M4+ Open
27	M8 Youth Novice

OG&E NIGHTSPRINTS

#	Event Name
28	EXHIBITION - Youth Outreach
29	EXHIBITION - Parent /Child
30	M4x Youth
31	W2x Open
32	M1x Open
33	W4x Youth
34	M2x Open
35	W1x Open
36	EXHIBITION - Alumni Eight
37	W2x Masters
38	WK1
39	MK1
40	M2x Masters
41	Womens Youth Eight
42	Mens Youth Eight
43	Womens Eight - Petite Final
44	Mens Eight - Petite Final
45	Mixed 4x Master
46	Womens Eight - Grand Final
47	Mens Eight - Grand Final

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SUNDAY, OCTOBER 5

8:30 AM - Racing starts.

48	M1x Open Rec
Womens Master 1x	
49a	W Master 1x AA-D
49b	W Master 1x E-J
50	W2- Open
Womens Youth 4+	
51a	W4+ Youth
51b	W4+ Youth Lightweight
52	M8 Masters
53	W4x Masters
Mens Youth 2x	
54a	M2x Youth
54b	M2x Youth Lightweight
55	M2- Open
56	W1x Collegiate
57	M1x Youth Rec
58	M4x Open
Mens Youth Four	
61a	M4+ Youth
61b	M4+ Youth Lightweight
62	Mixed 2x Masters
Womens Youth 2x	
63a	W2x Youth
63b	W2x Youth Lightweight
64	M1x Collegiate
Mens Master 1x	
65a	M Master 1x AA-D
65b	M Master 1x E-J
66	W1x Open Rec
67	W1x Youth
68	M1x Open Novice
69	W4x Open
70	W8 Masters
71	M4x Masters
72	W4+ Collegiate
73	M4+ Collegiate
74	M1x Youth
75	W1x Youth Rec
76	W1x Open Novice
77	Mixed 8 Open
78	Mixed 8 Masters
79	Mixed 8 Youth