Official Results (Sat, Aug 14)

| Place | Lane | Organization | Net Time | % | Delta | Raw | Winning | Split |
|----------|--------|--|----------|-------|----------|----------|-------------|-------------|
| Race 1 | a: Mix | xed C-D 4x Heat 1 @ 08:00 AM | | | | | | |
| 1st | 2 | VRC (J.Walle-Jensen, A.Sproull, L.McCulloch, D.Craveiro) | 03:16.23 | | | 03:37.23 | 00:03:37.23 | |
| 2nd | 3 | Delta Deas B (K.Boyd, P.Osztian, S.Gauvin, J.Norris) | 03:21.67 | 2.8% | 00:05.44 | 03:43.67 | 00:03:37.23 | 00:00:06.44 |
| 3rd | 4 | Station L (L.Wylder, M.Murdock, A.Glasfeld, S.Baird) | 03:22.33 | 3.1% | 00:00.66 | 03:48.33 | 00:03:37.23 | 00:00:11.10 |
| Race 1 | b: Mix | ced C-D 4x Heat 2 @ 08:10 AM | | | | | | |
| 1st | 3 | Deep Cove (J.Gardiner, M.Uhlenbruck, S.Sobat, L.Uhlenbruck) | 03:08.47 | | | 03:28.47 | 00:03:28.47 | |
| 2nd | 4 | Delta Deas A (S.McCall, P.Woehrle, J.Woehrle, J.McCall) | 03:09.73 | 0.7% | 00:01.26 | 03:33.73 | 00:03:28.47 | 00:00:05.26 |
| 3rd | 2 | Delta Deas D (S.Chan, A.Keith, A.Gerchikov, S.Stalker) | 03:36.13 | 14.7% | 00:26.40 | 03:55.13 | 00:03:28.47 | 00:00:26.66 |
| Race 9 | a: Wo | mens AA-A 1x Heat 1 @ 08:20 AM | | | | | | |
| 1st | 3 | VRC D (J.Kolakowska) | 04:20.29 | | | 04:20.29 | 00:04:20.29 | |
| 2nd | 2 | VRC B (L.Kelly) | 04:22.59 | 0.9% | 00:02.30 | 04:22.59 | 00:04:20.29 | 00:00:02.30 |
| 3rd | 4 | BLRC (T.Dotzeva) | 04:29.70 | 3.6% | 00:07.11 | 04:29.70 | 00:04:20.29 | 00:00:09.41 |
| Race 9 | b: Wo | mens AA-A 1x Heat 2 @ 08:30 AM | | | | | | |
| 1st | 4 | Station L (K.Buels) | 04:11.56 | | | 04:11.56 | 00:04:11.56 | |
| 2nd | 2 | VRC A (K.Shackleford) | 04:14.13 | 1.0% | 00:02.57 | 04:14.13 | 00:04:11.56 | 00:00:02.57 |
| 3rd | 3 | VRC C (W.Yuen) | 04:26.23 | 5.8% | 00:12.10 | 04:26.23 | 00:04:11.56 | 00:00:14.67 |
| Cascadio | Macto | ors Pegatta | | | | | | |

| Place | Lane | Organization | Net Time | % | Delta | Raw | Winning | Split |
|----------|--------|---|----------|-------|----------|----------|-------------|-------------|
| Race 5a | a: Wo | mens D+ 1x Heat 1 @ 08:40 AM | | | | | | |
| 1st | 4 | Delta Deas A (S.Macdonald) | 04:08.71 | | | 04:32.71 | 00:04:32.71 | |
| 2nd | 3 | Nicomekl B (H.Healey) | 04:12.11 | 1.4% | 00:03.40 | 04:44.11 | 00:04:32.71 | 00:00:11.40 |
| 3rd | 2 | Station L A (L.Wylder) | 04:14.85 | 2.5% | 00:02.74 | 04:44.85 | 00:04:32.71 | 00:00:12.14 |
| 4th | 5 | VRC (F.Crowley) | 05:31.45 | 33.3% | 01:16.60 | 06:04.45 | 00:04:32.71 | 00:01:31.74 |
| Race 5 | b: Wo | mens D+ 1x Heat 2 @ 08:50 AM | | | | | | |
| 1st | 5 | Delta Deas B (D.Bartholomew) | 04:04.35 | | | 04:38.35 | 00:04:33.72 | 00:00:04.63 |
| 2nd | 2 | Whistler Rowing (J.Frazee) | 04:07.72 | 1.4% | 00:03.37 | 04:33.72 | 00:04:33.72 | |
| 3rd | 1 | Station L (M.Murdock) | 04:15.57 | 4.6% | 00:07.85 | 04:42.57 | 00:04:33.72 | 00:00:08.85 |
| 4th | 4 | Station L C (K.Futornick) | 06:17.50 | 54.5% | 02:01.93 | 06:52.50 | 00:04:33.72 | 00:02:18.78 |
| | 3 | Nicomekl A (M.Tisdelle) | Scratch | | | | | |
| Race 1 | 0a: Me | ens C-D 2x Heat 1 @ 09:00 AM | | | | | | |
| 1st | 2 | Deep Cove (J.Gardiner, M.Uhlenbruck) | 03:16.53 | | | 03:35.53 | 00:03:35.53 | |
| 2nd | 3 | VRC A (J.Walle-Jensen, D.Craveiro) | 03:19.68 | 1.6% | 00:03.15 | 03:38.68 | 00:03:35.53 | 00:00:03.15 |
| 3rd | 4 | Station L (S.Baird, A.Glasfeld) | 03:24.19 | 3.9% | 00:04.51 | 03:49.19 | 00:03:35.53 | 00:00:13.66 |
| Race 1 | 0b: M | ens C-D 2x Heat 2 @ 09:10 AM | | | | | | |
| 1st | 4 | BLRC/Sammamish [Composite] (J.Schnelle, L.Grikis) | 03:26.36 | | | 03:42.36 | 00:03:42.36 | |
| 2nd | 2 | VRC B (I.Akgul, A.Barp) | 03:45.50 | 9.3% | 00:19.14 | 04:02.50 | 00:03:42.36 | 00:00:20.14 |
| 3rd | 3 | Delta Deas (S.Etkin, A.Gerchikov) | 03:57.43 | 15.1% | 00:11.93 | 04:23.43 | 00:03:42.36 | 00:00:41.07 |
| Race 13 | 3: Wo | mens Novice AA+ 1x Final @ 09:20 AM | | | | | | |
| 1st | 3 | North Cascades Crew (J.Huffman) | 04:04.12 | | | 04:17.12 | 00:04:17.12 | |
| 2nd | 5 | Whistler Rowing (J.Groff) | 04:04.80 | 0.3% | 00:00.68 | 04:39.80 | 00:04:17.12 | 00:00:22.68 |
| 3rd | 2 | VRC A (S.Williams) | 04:39.19 | 14.4% | 00:34.39 | 04:39.19 | 00:04:17.12 | 00:00:22.07 |
| 4th | 1 | VRC B (A.Toal) | 04:45.62 | 17.0% | 00:06.43 | 04:53.62 | 00:04:17.12 | 00:00:36.50 |
| 5th | 4 | Station L (K.Futornick) | 06:04.57 | 49.3% | 01:18.95 | 06:39.57 | 00:04:17.12 | 00:02:22.45 |
| Cascadia | Maeta | ers Regatta | | | | | | |

| Place | Lane | Organization | Net Time | % | Delta | Raw | Winning | Split |
|----------|---------|--|----------|-------|----------|----------|-------------|-------------|
| Race 2 | 2a: W | omens B-C 1x Heat 1 @ 09:30 AM | | | | | | |
| 1st | 3 | Delta Deas A (T.Gambrel) | 03:58.91 | | | 04:19.91 | 00:04:18.59 | 00:00:01.32 |
| 2nd | 5 | Pocock (J.Lowe) | 04:03.59 | 2.0% | 00:04.68 | 04:18.59 | 00:04:18.59 | |
| 3rd | 2 | VRC A (W.Yuen) | 04:15.29 | 6.9% | 00:11.70 | 04:27.29 | 00:04:18.59 | 00:00:08.70 |
| 4th | 4 | Station L B (E.McGrand) | 04:21.01 | 9.3% | 00:05.72 | 04:43.01 | 00:04:18.59 | 00:00:24.42 |
| Race 2 | 2b: W | omens B-C 1x Heat 2 @ 09:40 AM | | | | | | |
| 1st | 2 | North Cascades Crew (W.Clark) | 04:00.02 | | | 04:11.02 | 00:04:11.02 | |
| 2nd | 4 | Delta Deas B (L.Jones) | 04:05.00 | 2.1% | 00:04.98 | 04:26.00 | 00:04:11.02 | 00:00:14.98 |
| 3rd | 3 | Station L A (P.Luong) | 04:07.20 | 3.0% | 00:02.20 | 04:17.20 | 00:04:11.02 | 00:00:06.18 |
| | 5 | Deep Cove B (G.Rijniersce) | Scratch | | | | | |
| Race 2 | 2c: W | omens B-C 1x Heat 3 @ 09:50 AM | | | | | | |
| 1st | 4 | VRC B (A.Sproull) | 03:57.18 | | | 04:16.18 | 00:04:16.18 | |
| 2nd | 2 | Victoria City (T.Taylor) | 03:59.67 | 1.0% | 00:02.49 | 04:18.67 | 00:04:16.18 | 00:00:02.49 |
| 3rd | 3 | Deep Cove A (N.Fournier) | 04:16.71 | 8.2% | 00:17.04 | 04:32.71 | 00:04:16.18 | 00:00:16.53 |
| Race 1 | 7a: Mo | ens AA-B 2x Heat 1 @ 10:00 AM | | | | | | |
| 1st | 1 | Rose City/BLRC [Composite] (L.Grikis, D.Ellis) | 03:21.55 | | | 03:28.55 | 00:03:28.55 | |
| 2nd | 3 | Sammamish (M.McGinnis, P.Eames) | 03:24.05 | 1.2% | 00:02.50 | 03:36.05 | 00:03:28.55 | 00:00:07.50 |
| 3rd | 2 | VRC A (R.Black, M.Garforth) | 03:38.80 | 8.6% | 00:14.75 | 03:40.80 | 00:03:28.55 | 00:00:12.25 |
| 4th | 4 | VRC B (E.Hudson, D.Yau) | 03:45.98 | 12.1% | 00:07.18 | 03:50.98 | 00:03:28.55 | 00:00:22.43 |
| Race 1 | 7b: M | ens AA-B 2x Heat 2 @ 10:10 AM | | | | | | |
| 1st | 4 | Deep Cove (J.Gardiner, M.Uhlenbruck) | 03:27.97 | | | 03:39.97 | 00:03:35.40 | 00:00:04.57 |
| 2nd | 2 | VRC C (B.Myra, N.Barmeier) | 03:28.40 | 0.2% | 00:00.43 | 03:35.40 | 00:03:35.40 | |
| 3rd | 3 | Delta Deas (P.Osztian, J.Norris) | 03:35.97 | 3.8% | 00:07.57 | 03:47.97 | 00:03:35.40 | 00:00:12.57 |
| | 8a: W | omens AA-B 2x Heat 1 @ 10:20 AM | | | | | | |
| 1st | 5 | Station L (M.Murdock, K.Buels) | 03:47.23 | | | 04:01.23 | 00:04:01.23 | |
| 2nd | 2 | Delta Deas (K.Boyd, S.Payne) | 03:52.09 | 2.1% | 00:04.86 | 04:07.09 | 00:04:01.23 | 00:00:05.86 |
| 3rd | 3 | Gorge RC (S.Low, D.Reimer) | 03:52.80 | 2.5% | 00:00.71 | 04:02.80 | 00:04:01.23 | 00:00:01.57 |
| 4th | 4 | Deep Cove (S.Wareing, T.Fraser) | 04:00.64 | 5.9% | 00:07.84 | 04:15.64 | 00:04:01.23 | 00:00:14.41 |
| Cascadia | a Maste | rs Regatta | | | | | | |

| Place | Lane | Organization | Net Time | % | Delta | Raw | Winning | Split |
|---------|--------|--|----------|-------|----------|----------|-------------|-------------|
| Race 18 | 8b: W | omens AA-B 2x Heat 2 @ 10:30 AM | | | | | | |
| 1st | 3 | North Cascades (J. Huffman, W. Clark) | 03:44.12 | | | 03:56.12 | 00:03:56.12 | |
| 2nd | 5 | Pocock (J.Lowe, M.Christopher) | 03:46.96 | 1.3% | 00:02.84 | 04:01.96 | 00:03:56.12 | 00:00:05.84 |
| 3rd | 2 | VRC (K.Shackleford, C.Rowley) | 03:51.11 | 3.1% | 00:04.15 | 03:59.11 | 00:03:56.12 | 00:00:02.99 |
| 4th | 4 | Vernon (N.Jedlinski, G.Melvin) | 04:07.01 | 10.2% | 00:15.90 | 04:12.01 | 00:03:56.12 | 00:00:15.89 |
| Race 27 | 7a: Me | ens B-C 1x Heat 1 @ 10:40 AM | | | | | | |
| 1st | 2 | Lake Washington (B.Thompson) | 03:26.54 | | | 03:48.54 | 00:03:48.54 | |
| 2nd | 4 | VRC C (B. Wager) | 03:40.42 | | 00:03.88 | 03:56.42 | 00:03:48.54 | 0:00:07.88 |
| 3rd | 3 | VRC B (N.Barmeier) | 03:42.66 | 7.8% | 00:02.24 | 03:52.66 | 00:03:48.54 | 00:00:04.12 |
| 4th | 5 | Deep Cove (K.Chow) | 04:30.42 | 30.9% | 00:47.76 | 04:52.42 | 00:03:48.54 | 00:01:03.88 |
| Race 27 | 7b: M | ens B-C 1x Heat 2 @ 10:50 AM | | | | | | |
| 1st | 3 | Station L (A.Glasfeld) | 03:30.35 | | | 03:52.35 | 03:52.35 | |
| 2nd | 5 | BLRC (N.Dotzev) | 03:33.06 | 1.0% | 00:02.71 | 03:55.06 | 03:52.35 | 00:00:02.71 |
| 3rd | 4 | Delta Deas (R. Hoare) | 03:42.25 | | | 03:53.25 | 03:52.35 | |
| 4th | 2 | VRC A (E.Hudson) | 03:51.26 | 7.7% | 00:09.01 | 04:03.26 | 03:52.35 | 00:00:10.91 |
| Race 28 | 8a: W | omens C-D 4x Heat 1 @ 11:00 AM | | | | | | |
| 1st | 2 | Delta Deas A (T.Gambrel, S.Macdonald, C.Easton, L.Jones) | 03:22.44 | | | 03:44.44 | 00:03:44.44 | |
| 2nd | 4 | Delta Deas B (J.Woehrle, J.Mills, D.Bartholomew, J.McCall) | 03:26.09 | 1.8% | 00:03.65 | 03:51.09 | 00:03:44.44 | 00:00:06.65 |
| 3rd | 5 | Deep Cove B (S.Wareing, G.Rijniersce, J.Bigler, A.Takacs-Cox) | 03:33.33 | 5.4% | 00:07.24 | 03:49.33 | 00:03:44.44 | 00:00:04.89 |
| 4th | 3 | Bedford (M.Woodward, S.Clarke, L.Mross, D.Collum) | 03:58.49 | 17.8% | 00:25.16 | 04:18.49 | 00:03:44.44 | 00:00:34.05 |

| Place | Lane | Organization | Net Time | % | Delta | Raw | Winning | Split |
|--------|--------|--|----------|-------|----------|----------|-------------|-------------|
| Race 2 | 8b: W | omens C-D 4x Heat 2 @ 11:10 AM | | | | | | |
| 1st | 2 | Deep Cove A | 03:24.65 | | | 03:43.65 | 00:03:43.65 | |
| | | (S.Sobat, N.Fournier, T.Fraser, L.Uhlenbruck) | | | | | | |
| 2nd | 4 | Station L | 03:32.80 | 4.0% | 00:08.15 | 03:46.80 | 00:03:43.65 | 00:00:03.15 |
| | | (P.Luong, C.Humblet, L.Wylder, M.Murdock) | | | | | | |
| 3rd | 3 | Nicomekl/Delta Deas/Whistler Rowing [Composite] (J.Frazee, H.Healey, K.Boyd, S.Payne) | 03:34.33 | 4.7% | 00:01.53 | 03:55.33 | 00:03:43.65 | 00:00:11.68 |
| 4th | 5 | Delta Deas C | 04:00.11 | 17.3% | 00:25.78 | 04:17.11 | 00:03:43.65 | 00:00:33.46 |
| | | (C.Veitch, S.Stalker, S.Chan, W.Brown) | | | | | | |
| Race 3 | 1a: Mi | ixed AA-B 2x Heat 1 @ 11:20 AM | | | | | | |
| 1st | 4 | Station L B (A.Glasfeld, K.Buels) | 03:32.84 | | | 03:44.84 | 00:03:44.84 | |
| 2nd | 3 | North Cascades Crew (F.Brainerd, W.Clark) | 03:35.95 | 1.5% | 00:03.11 | 03:50.95 | 00:03:44.84 | 00:00:06.11 |
| 3rd | 5 | VRC E (B.Myra, A.OShea) | 03:38.37 | 2.6% | 00:02.42 | 03:51.37 | 00:03:44.84 | 00:00:06.53 |
| 4th | 2 | Delta Deas (S.Payne, P.Osztian) | 03:46.40 | 6.4% | 00:08.03 | 03:55.40 | 00:03:44.84 | 00:00:10.56 |
| Race 3 | 1b: Mi | ixed AA-B 2x Heat 2 @ 11:30 AM | | | | | | |
| 1st | 3 | BLRC/Sammamish [Composite] (J.Schnelle, C.Ewton) | 03:28.55 | | | 03:43.55 | 00:03:43.55 | |
| 2nd | 4 | VRC D (B.Wager, C.Rowley) | 03:38.86 | 4.9% | 00:10.31 | 03:52.86 | 00:03:43.55 | 00:00:09.31 |
| 3rd | 5 | Gorge RC (S.Low, D.Nova) | 03:40.53 | 5.7% | 00:01.67 | 03:44.53 | 00:03:43.55 | 00:00:00.98 |
| 4th | 2 | VRC A (A.Toal, S.Wong) | 04:06.57 | 18.2% | 00:26.04 | 04:10.57 | 00:03:43.55 | 00:00:27.02 |
| Race 3 | 1c: Mi | xed AA-B 2x Heat 3 @ 11:40 AM | | | | | | |
| 1st | 4 | VRC C (J.Walle-Jensen, A.Sproull) | 03:32.50 | | | 03:45.50 | 00:03:45.50 | |
| 2nd | 3 | Station L A (A.Freeman, P.Luong) | 03:37.55 | 2.4% | 00:05.05 | 03:46.55 | 00:03:45.50 | 00:00:01.05 |
| 3rd | 2 | VRC B (J.Cheung, D.Yau) | 03:51.58 | 9.0% | 00:14.03 | 03:53.58 | 00:03:45.50 | 00:00:08.08 |
| 4th | 5 | Deep Cove (K.Chow, K.Russell) | 03:54.91 | 10.5% | 00:03.33 | 04:09.91 | 00:03:45.50 | 00:00:24.41 |
| Race 1 | 1: Ad | aptive 1x Final @ 11:50 AM | | | | | | |
| 1st | 2 | Station L B (K.Erickson) | 06:22.88 | | | 06:27.88 | 00:06:27.88 | |
| 2nd | 4 | Station L A (B.Carr) | 06:26.84 | 1.0% | 00:03.96 | 06:31.84 | 00:06:27.88 | 00:00:03.96 |
| | 3 | Vancouver Lake (A.Davis) | Scratch | | | | | |
| | | _ | | | | | | |

| Place | Lane | Organization | Net Time | % | Delta | Raw | Winning | Split |
|--------|--------|---|----------|-------|----------|------------|-------------|-------------|
| Race 1 | : Mixe | d C-D 4x Final @ 12:45 PM | | | | | | |
| 1st | 4 | Deep Cove (J.Gardiner, M.Uhlenbruck, S.Sobat, L.Uhlenbruck) | 03:04.29 | | | 03:24.29 | 00:03:24.29 | |
| 2nd | 3 | VRC (J.Walle-Jensen, A.Sproull, L.McCulloch, D.Craveiro) | 03:09.35 | 2.7% | 00:05.06 | 03:30.35 | 00:03:24.29 | 00:00:06.06 |
| 3rd | 5 | Delta Deas A (S.McCall, P.Woehrle, J.Woehrle, J.McCall) | 03:11.82 | 4.1% | 00:02.47 | 03:35.82 | 00:03:24.29 | 00:00:11.53 |
| 4th | 2 | Delta Deas B (K.Boyd, P.Osztian, S.Gauvin, J.Norris) | 03:22.65 | 10.0% | 00:10.83 | 03:44.65 | 00:03:24.29 | 00:00:20.36 |
| Race 3 | : Men | s AA-C 2- Final @ 12:55 PM | | | | | | |
| 1st | 5 | Sammamish (M.McGinnis, P.Eames) | 03:33.41 | | | 03:45.41 | 00:03:45.41 | |
| 2nd | 4 | VRC A (I. Akgul, A. Barp) | 03:42.07 | | 00:08.66 | 03:59.07 | 00:03:45.41 | 0:00:13.66 |
| 3rd | 3 | VRC B (P. Burton, T. McNerney) | 04:04.22 | | 00:22.00 | 04:08.22 | 00:03:45.41 | 0:00:22.81 |
| 4th | 2 | VRC C (S.Loewen, K.Arnold) | 04:21.31 | 22.4% | 00:17.09 | 04:26.31 | 00:03:45.41 | 00:00:40.90 |
| Race 5 | : Wom | nens D+ 1x Final @ 01:15 PM | | | | | | |
| 1st | 3 | Delta Deas A (S.Macdonald) | 04:04.13 | | | 04:28.13 | 00:04:28.13 | |
| 2nd | 4 | Delta Deas B (D.Bartholomew) | 04:05.37 | | 00:01.24 | 04:39.37 | 00:04:28.13 | 0:00:11.24 |
| 3rd | 5 | Whistler Rowing (J.Frazee) | 04:08.27 | 1.7% | 00:02.90 | 04:34.27 | 00:04:28.13 | 00:00:06.14 |
| 4th | 2 | Nicomekl B (H.Healey) | 04:11.69 | | 00:03.42 | 04:43.69 | 00:04:28.13 | 0:00:15.69 |
| 5th | 1 | Station L A (L.Wylder) | 04:18.69 | 6.0% | 00:07.00 | 04:48.69 | 00:04:28.13 | 00:00:20.56 |
| Race 6 | : Men | s AA-A 1x Final @ 01:25 PM | | | | | | |
| 1st | 3 | Rose City (D.Ellis) | 03:38.62 | | | 03:38.62 | 00:03:38.62 | |
| 2nd | 2 | Gorge RC (D.Nova) | 03:39.78 | 0.5% | 00:01.16 | 03:39.78 | 00:03:38.62 | 00:00:01.16 |
| 3rd | 1 | VRC B (M. Garforth) | 03:55.62 | | | 0:03:55.62 | 00:03:38.62 | 0:00:17.00 |
| 4th | 5 | Delta Deas (P.Osztian) | 04:24.62 | 21.0% | 00:29.00 | 04:24.62 | 00:03:38.62 | 00:00:46.00 |
| | 4 | VRC A (B.Myra) | Scratch | | | | | |
| Race 7 | : Mixe | d AA-B 4+ Final @ 01:35 PM | | | | | | |
| 1st | 3 | VRC B (T.Bennett, J.van Abbema, K.Arnold, S.Wong, [K.Finkler]) | 03:47.56 | | | 03:47.56 | 00:03:47.56 | |
| 2nd | 4 | VRC A (G.Overholtzer, S.Patseas, P.Burton, T.McNerney, [R.McDaniel]) | 03:53.24 | 2.5% | 00:05.68 | 03:53.24 | 00:03:47.56 | 00:00:05.68 |

| 3rd 1 VRC A (K.Shackleford) 04:18.30 00:01.22 04:18.3 00:04:11.68 00:04:11 | | | | | | | | | |
|---|---------|-------|---|----------|-------|------------|------------|-------------|-------------|
| Image: Section of the sectio | Race 8: | Mixe | ed E+ 4x Final @ 01:45 PM | | | | | | |
| 3rd 2 Delta Deas B (J. Fera, S. Etkin, S. Gauvin, D. Darling) 03:47.54 0:00:10.04 0:03:47.54 0:00:337.50 0 Race 9: Womens AA-A 1x Final @ 01:55 PM 1st 4 Station L (K.Buels) 04:11.68 04:11.68 04:11.68 00:00:1.20 04:17.08 00:01.120 04:11.68 00:01:11.6 | 1st | 4 | | 03:37.50 | | | 03:37.50 | 00:03:37.50 | |
| (J. Fera, S. Etkin, S. Gauvin, D. Darling) Race 9: Womens AA-A 1x Final @ 01:55 PM 1st 4 Station L (K.Buels) 04:11.68 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 | 2nd 3 | 3 | • | 03:45.29 | | 0:00:07.79 | 0:03:45.29 | 00:03:37.50 | |
| 1st 4 Station L (K.Buels) 04:11.68 04:11.68 00:04:11.68 00:04:11.68 2nd 3 VRC D (J.Kolakowska) 04:17.08 2.1% 00:05.40 04:17.08 00:04:11.68 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32< | 3rd 2 | 2 | | 03:47.54 | | 0:00:10.04 | 0:03:47.54 | 00:03:37.50 | |
| 2nd 3 VRC D (J.Kolakowska) 04:17.08 2.1% 00:05.40 04:17.08 00:04:11.68 00 3rd 1 VRC A (K.Shackleford) 04:18.30 00:01.22 04:18.3 00:04:11.68 00 4th 2 VRC B (L.Kelly) 04:21.46 3.9% 00:03.16 04:21.46 00:04:11.68 00 Race 10: W=: C-D 2x Final @ 02:05 PM 1st 4 BLRC/Sammamish [Composite] (L.Grikis, J.Schnelle) 03:11.32 03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00 3rd 2 VRC A (J.Walle-Jensen, D.Craveiro) 03:26.02 7.7% 00:13.82 03:45.02 00:03:27.32 00 3rd 2 VRC B (I.Akgul, A.Barp) 03:54.63 22.6% 00:28.61 04:11.63 00:03:27.32 00 4th 5 VRC B (I.Akgul, A.Barp) 03:26.17 03:26.61 04:11.63 00:03:47.78 00 5 Winstler Rowing (G.Groff, R.King) 03:26.17 03:36.17 00:03:37.34 04:07.34 00:03:47.78 | Race 9: | Wor | nens AA-A 1x Final @ 01:55 PM | | | | | | |
| 3rd 1 VRC A (K.Shackleford) 04:18.30 00:01.22 04:18.31 00:04:11.68 02 4th 2 VRC B (L.Kelly) 04:21.46 3.9% 00:03.16 04:21.46 00:04:11.68 00 Race 10: Kerster C-D 2x Final @ 02:05 PM 1st 4 BLRC/Sammanish [Composite] (L.Grikis, J.Schnelle) 03:11.32 03:27.32 00:03:27.32 00:03:27.32 00:03:27.32 00 2nd 3 Deep Cove (J.Gardiner, M.Uhlenbruck) 03:12.20 0.5% 00:00.88 03:31.20 00:03:27.32 00 3rd 2 VRC A (J.Walle-Jensen, D.Craveiro) 03:26.02 7.7% 00:13.82 03:45.02 00:03:27.32 00 4th 5 VRC B (I.Akgul, A.Barp) 03:54.63 22.6% 00:28.61 04:11.63 00:03:27.32 00 8tace 12: Merster Novice AA+ 2x Final @ 02:25 PM 1st 4 Delta Deas (A.Keith, P.Woehrle) 03:26.17 03:56.17 00:03:47.78 00 1st 4 Delta Deas (A.Keith, P.Woehrle) 03:37.34 100:03:47.78 00 Exhib 2 Whistler Rowing (G.Groff, R.King) | 1st | 4 | Station L (K.Buels) | 04:11.68 | | | 04:11.68 | 00:04:11.68 | |
| 4th 2 VRC B (L.Kelly) 04:21.46 3.9% 00:03.16 04:21.46 00:04:11.68 00 Race 10: Mers C-D 2x Final @ 02:05 PM 1st 4 BLRC/Sammanish [Composite] (L.Grikis, J.Schnelle) 03:11.32 03:27.32 00:03:27.32 00:03:27.32 00 2nd 3 Deep Cove (J.Gardiner, M.Uhlenbruck) 03:12.20 0.5% 00:01.88 03:31.20 00:03:27.32 00 3rd 2 VRC A (J.Walle-Jensen, D.Craveiro) 03:26.02 7.7% 00:13.82 03:45.02 00:03:27.32 00 4th 5 VRC B (I.Akgul, A.Barp) 03:54.63 22.6% 00:28.61 04:11.63 00:03:27.32 00 Race 12: Mers Novice AA+ 2x Final @ 02:25 PM 1st 4 Delta Deas (A.Keith, P.Woehrle) 03:26.17 03:56.17 00:03:47.78 00 Exhib 2 Whistler Rowing (G.Groff, R.King) 03:37.34 04:07.34 00:03:47.78 00 Exhib 2 Whistler Rowing (G.Groff, R.King) 03:37.34 04:07.34 00:03:47.78 00 A Delta Deas (A.Keith, P.Woehrle) | 2nd | 3 | VRC D (J.Kolakowska) | 04:17.08 | 2.1% | 00:05.40 | 04:17.08 | 00:04:11.68 | 00:00:05.40 |
| Race 10: Mens C-D 2x Final @ 02:05 PM 1st 4 BLRC/Sammanish [Composite] (L.Grikis, J.Schnelle) 03:11.32 03:27.32 00:03:27.32 2nd 3 Deep Cove (J.Gardiner, M.Uhlenbruck) 03:12.20 0.5% 00:00.88 03:31.20 00:03:27.32 00 3rd 2 VRC A (J.Walle-Jensen, D.Craveiro) 03:26.02 7.7% 00:13.82 03:45.02 00:03:27.32 00 4th 5 VRC B (I.Akgul, A.Barp) 03:54.63 22.6% 00:28.61 04:11.63 00:03:27.32 00 Race 12: Mens Novice AA+ 2x Final @ 02:25 PM 1st 4 Delta Deas (A.Keith, P.Woehrle) 03:26.17 03:56.17 00:03:47.78 00 Exhib 2 Whistler Rowing (G.Groff, R.King) 03:37.34 04:07.34 00:03:47.78 00 Exhib 2 Whistler Rowing (G.Groff, R.King) 03:59.82 04:18.82 00:04:18.82 00:04:18.82 1st 5 Victoria City (T.Taylor) 03:59.82 04:18.82 00:04:18.82 00 2nd 3 VRC B (L. McCulloch) 04:05.04 00:05.12 04:32.04 | 3rd | 1 | VRC A (K.Shackleford) | 04:18.30 | | 00:01.22 | 04:18.3 | 00:04:11.68 | 0:00:06.62 |
| 1st 4 BLRC/Sammamish [Composite] (L.Grikis, J.Schnelle) 03:11.32 03:27.32 00:03:27.32 2nd 3 Deep Cove (J.Gardiner, M.Uhlenbruck) 03:12.20 0.5% 00:00.88 03:31.20 00:03:27.32 00 3rd 2 VRC A (J.Walle-Jensen, D.Craveiro) 03:26.02 7.7% 00:13.82 03:45.02 00:03:27.32 00 4th 5 VRC B (I.Akgul, A.Barp) 03:54.63 22.6% 00:28.61 04:11.63 00:03:27.32 00 Race 12: Mens Novice AA+ 2x Final @ 02:25 PM 1st 4 Delta Deas (A.Keith, P.Woehrle) 03:26.17 03:56.17 00:03:47.78 00 Exhib 2 Whistler Rowing (G.Groff, R.King) 03:37.34 04:07.34 00:03:47.78 00 Ist 5 Victoria City (T.Taylor) 03:59.82 04:18.82 00:04:18.82 00 1st 5 Victoria City (T.Taylor) 03:59.82 04:32.04 00:04:18.82 00 1st 5 Victoria City (T.Taylor) 03:59.82 04:32.04 00:04:18.82 00 3rd 1 VRC (W.Yuen) | 4th | 2 | VRC B (L.Kelly) | 04:21.46 | 3.9% | 00:03.16 | 04:21.46 | 00:04:11.68 | 00:00:09.78 |
| 2nd 3 Deep Cove (J.Gardiner, M.Uhlenbruck) 03:12.20 0.5% 00:00.88 03:31.20 00:03:27.32 00 3rd 2 VRC A (J.Walle-Jensen, D.Craveiro) 03:26.02 7.7% 00:13.82 03:45.02 00:03:27.32 00 4th 5 VRC B (I.Akgul, A.Barp) 03:54.63 22.6% 00:28.61 04:11.63 00:03:27.32 00 Race 12: Mens Novice AA+ 2x Final @ 02:25 PM V 1st 4 Delta Deas (A.Keith, P.Woehrle) 03:26.17 03:56.17 00:03:47.78 00 Exhib 2 Whistler Rowing (G.Groff, R.King) 03:37.34 04:07.34 00:03:47.78 00 Ist 5 Victoria City (T.Taylor) 03:59.82 04:18.82 00:04:18.82 00 2nd 3 VRC B (L. McCulloch) 04:05.04 00:05.12 04:32.04 00:04:18.82 00 3rd 1 VRC (W.Yuen) 04:16.60 7.0% 00:11.56 04:28.60 00:04:18.82 00 | Race 10 | D: Me | ns C-D 2x Final @ 02:05 PM | | | | | | |
| 3rd 2 VRC A (J.Walle-Jensen, D.Craveiro) 03:26.02 7.7% 00:13.82 03:45.02 00:03:27.32 00 4th 5 VRC B (I.Akgul, A.Barp) 03:54.63 22.6% 00:28.61 04:11.63 00:03:27.32 00 Race 12: Mens Novice AA+ 2x Final @ 02:25 PM 1st 4 Delta Deas (A.Keith, P.Woehrle) 03:26.17 03:36.17 00:03:47.78 00 Exhib 2 Whistler Rowing (G.Groff, R.King) 03:37.34 04:07.34 00:03:47.78 00 Exhib 2 Victoria City (T.Taylor) 03:59.82 04:18.82 00:04:18.82 00 1st 5 Victoria City (T.Taylor) 03:59.82 04:05.04 00:05.12 04:32.04 00:04:18.82 00 2nd 3 VRC B (L. McCulloch) 04:05.04 00:05.12 04:32.04 00:04:18.82 00 3rd 1 VRC (W.Yuen) 04:16.60 7.0% 00:11.56 04:28.60 00:04:18.82 00 | 1st | 4 | BLRC/Sammamish [Composite] (L.Grikis, J.Schnelle) | 03:11.32 | | | 03:27.32 | 00:03:27.32 | |
| 4th 5 VRC B (I.Akgul, A.Barp) 03:54.63 22.6% 00:28.61 04:11.63 00:03:27.32 00 Race 12: Mens Novice AA+ 2x Final @ 02:25 PM 1st 4 Delta Deas (A.Keith, P.Woehrle) 03:26.17 03:56.17 00:03:47.78 00 Exhib 2 Whistler Rowing (G.Groff, R.King) 03:37.34 04:07.34 00:03:47.78 00 Race 14: Womens Ltwt AA-C 1x Final @ 02:35 PM 1st 5 Victoria City (T.Taylor) 03:59.82 04:18.82 00:04:18.82 00 1st 5 Victoria City (T.Taylor) 03:59.82 04:32.04 00:04:18.82 00 2nd 3 VRC B (L. McCulloch) 04:05.04 00:05.12 04:32.04 00:04:18.82 00 3rd 1 VRC (W.Yuen) 04:16.60 7.0% 00:11.56 04:28.60 00:04:18.82 00 | 2nd | 3 | Deep Cove (J.Gardiner, M.Uhlenbruck) | 03:12.20 | 0.5% | 00:00.88 | 03:31.20 | 00:03:27.32 | 00:00:03.88 |
| Race 12: Wers Novice AA+ 2x Final @ 02:25 PM 1st 4 Delta Deas (A.Keith, P.Woehrle) 03:26.17 03:56.17 00:03:47.78 00 Exhib 2 Whistler Rowing (G.Groff, R.King) 03:37.34 04:07.34 00:03:47.78 00 Race 14: Worrens Ltwt AA-C 1x Final @ 02:35 PM 1st 5 Victoria City (T.Taylor) 03:59.82 04:18.82 00:04:18.82 2nd 3 VRC B (L. McCulloch) 04:05.04 00:05.12 04:32.04 00:04:18.82 | 3rd | 2 | VRC A (J.Walle-Jensen, D.Craveiro) | 03:26.02 | 7.7% | 00:13.82 | 03:45.02 | 00:03:27.32 | 00:00:17.70 |
| 1st 4 Delta Deas (A.Keith, P.Woehrle) 03:26.17 03:56.17 00:03:47.78 00 Exhib 2 Whistler Rowing (G.Groff, R.King) 03:37.34 04:07.34 00:03:47.78 00 Race 14: Womens Ltwt AA-C 1x Final @ 02:35 PM 1st 5 Victoria City (T.Taylor) 03:59.82 04:18.82 00:04:18.82 2nd 3 VRC B (L. McCulloch) 04:05.04 00:05.12 04:32.04 00:04:18.82 00:04:18.82 3rd 1 VRC (W.Yuen) 04:16.60 7.0% 00:11.56 04:28.60 00:04:18.82 00 | 4th | 5 | VRC B (I.Akgul, A.Barp) | 03:54.63 | 22.6% | 00:28.61 | 04:11.63 | 00:03:27.32 | 00:00:44.31 |
| Exhib 2 Whistler Rowing (G.Groff, R.King) 03:37.34 04:07.34 00:03:47.78 00 Race 14: Womens Ltwt AA-C 1x Final @ 02:35 PM 1st 5 Victoria City (T.Taylor) 03:59.82 04:18.82 00:04:18.82 02:04:18.82 00:04:1 | Race 12 | 2: Me | ns Novice AA+ 2x Final @ 02:25 PM | | | | | | |
| Race 14: Womens Ltwt AA-C 1x Final @ 02:35 PM 1st 5 Victoria City (T.Taylor) 03:59.82 04:18.82 00:04:18.82 2nd 3 VRC B (L. McCulloch) 04:05.04 00:05.12 04:32.04 00:04:18.82 00:04:18.82 3rd 1 VRC (W.Yuen) 04:16.60 7.0% 00:11.56 04:28.60 00:04:18.82 00 | 1st | 4 | Delta Deas (A.Keith, P.Woehrle) | 03:26.17 | | | 03:56.17 | 00:03:47.78 | 00:00:08.39 |
| 1st 5 Victoria City (T.Taylor) 03:59.82 04:18.82 00:04:18.82 2nd 3 VRC B (L. McCulloch) 04:05.04 00:05.12 04:32.04 00:04:18.82 | Exhib | 2 | Whistler Rowing (G.Groff, R.King) | 03:37.34 | | | 04:07.34 | 00:03:47.78 | 00:00:19.56 |
| 2nd 3 VRC B (L. McCulloch) 04:05.04 00:05.12 04:32.04 00:04:18.82 00 3rd 1 VRC (W.Yuen) 04:16.60 7.0% 00:11.56 04:28.60 00:04:18.82 00 | Race 14 | 4: Wo | omens Ltwt AA-C 1x Final @ 02:35 PM | | | | | | |
| 3rd 1 VRC (W.Yuen) 04:16.60 7.0% 00:11.56 04:28.60 00:04:18.82 00 | 1st | 5 | Victoria City (T.Taylor) | 03:59.82 | | | 04:18.82 | 00:04:18.82 | |
| | 2nd | 3 | VRC B (L. McCulloch) | 04:05.04 | | 00:05.12 | 04:32.04 | 00:04:18.82 | 00:00:13.22 |
| 4th 2 Deep Cove (A.Takacs-Cox) 04:23.00 9.7% 00:06.40 04:39.00 00:04:18.82 00 | 3rd | 1 | VRC (W.Yuen) | 04:16.60 | 7.0% | 00:11.56 | 04:28.60 | 00:04:18.82 | 00:00:09.78 |
| | 4th | 2 | Deep Cove (A.Takacs-Cox) | 04:23.00 | 9.7% | 00:06.40 | 04:39.00 | 00:04:18.82 | 00:00:20.18 |
| 4 VRC A (S.Barakat) Scratch | | 4 | VRC A (S.Barakat) | Scratch | | | | | |

| Place | Lane | Organization | Net Time | % | Delta | Raw | Winning | Split |
|---------|--------|---|----------|-------|----------|----------|-------------|-------------|
| Race 18 | 3: Wo | mens AA-B 2x Final @ 02:50 PM | | | | | | |
| 1st | 4 | North Cascades Crew (J.Huffman, W.Clark) | 03:48.44 | | | 04:00.44 | 00:04:00.44 | |
| 2nd | 3 | Station L (M.Murdock, K.Buels) | 03:51.16 | 1.2% | 00:02.72 | 04:05.16 | 00:04:00.44 | 00:00:04.72 |
| 3rd | 5 | Pocock (J.Lowe, M. Christopher) | 03:53.34 | | 00:02.18 | 04:08.34 | 00:04:00.44 | 00:00:07.90 |
| 4th | 2 | Delta Deas (K.Boyd, S.Payne) | 04:00.41 | 5.2% | 00:07.07 | 04:15.41 | 00:04:00.44 | 00:00:14.97 |
| Race 17 | 7: Mei | ns AA-B 2x Final @ 03:00 PM | | | | | | |
| 1st | 3 | Rose City/BLRC [Composite] (L.Grikis, D.Ellis) | 03:18.40 | | | 03:25.40 | 00:03:25.40 | |
| 2nd | 2 | Sammamish (M.McGinnis, P.Eames) | 03:24.29 | 3.0% | 00:05.89 | 03:36.29 | 00:03:25.40 | 00:00:10.89 |
| 3rd | 5 | VRC C (B.Myra, N.Barmeier) | 03:45.88 | 13.9% | 00:21.59 | 03:52.88 | 00:03:25.40 | 00:00:27.48 |
| Race 23 | 3: Wo | mens Ltwt AA+ 2x Final @ 03:10 PM | | | | | | |
| 1st | 4 | Whistler Rowing (J.Groff, D.Ziff) | 04:01.62 | | | 04:39.62 | 00:04:30.28 | 00:00:09.34 |
| 2nd | 3 | Nicomekl (A.Duckworth, S.Fletcher) | 04:10.28 | 3.6% | 00:08.66 | 04:30.28 | 00:04:30.28 | |
| Race 22 | 2: Wo | mens B-C 1x Final @ 03:20 PM | | | | | | |
| 1st | 1 | Victoria City (T.Taylor) | 03:58.52 | | | 04:17.52 | 00:04:17.52 | |
| 2nd | 3 | Delta Deas A (T.Gambrel) | 04:00.94 | 1.0% | 00:02.42 | 04:21.94 | 00:04:17.52 | 00:00:04.42 |
| 3rd | 5 | Pocock (J.Lowe) | 04:03.53 | 2.1% | 00:02.59 | 04:18.53 | 00:04:17.52 | 00:00:01.01 |
| 4th | 2 | VRC B (A.Sproull) | 04:04.23 | 2.4% | 00:00.70 | 04:23.23 | 00:04:17.52 | 00:00:05.71 |
| 5th | 4 | North Cascades Crew (W.Clark) | 04:08.56 | 4.2% | 00:04.33 | 04:19.56 | 00:04:17.52 | 00:00:02.04 |
| Race 24 | 4: Mix | ed AA-C 8+ Final @ 03:35 PM | | | | | | |
| 1st | 2 | Station L (L.Wylder, M.Murdock, A.Freeman, C.Humblet, E.McGrand, S.Baird, D.Row, K.Futornick, [K.Buels]) | 03:16.94 | | | 03:38.94 | 03:38.9 | |
| 2nd | 4 | VRC B (T.Bennett, J.van Abbema, J.Hill, S.Loewen, F.Crowley, T.O'Rielly, D.Wood, C.Reynolds, [K.Finkler]) | 03:25.13 | 4.2% | 00:08.19 | 03:44.13 | 00:03:38.94 | 00:00:05.19 |
| 3rd | 3 | VRC A (T.McNerney, P.Burton, S.Patseas, G.Overholtzer, S.Williams, J.Bruner, S.Fox, M.Sawyer, [R.McDaniel]) | 03:39.60 | 11.5% | 00:14.47 | 03:45.60 | 00:03:38.94 | 00:00:06.66 |

| Place | Lane | Organization | Net Time | % | Delta | Raw | Winning | Split |
|---------|--------|--|----------|-------|----------|----------|-------------|-------------|
| Race 26 | 6: Mer | ns AA-B 4+ Final @ 03:45 PM | | | | | | |
| 1st | 3 | VRC A (K.Arnold, P.Roote, S.Wong, E.Li, [A.Dinsdale]) | 03:34.78 | | | 03:34.78 | 00:03:34.78 | |
| 2nd | 2 | VRC B (J.Walle-Jensen, I.Akgul, A.Barp, D.Craveiro, [W.Yuen]) | 03:38.29 | 1.6% | 00:03.51 | 03:38.29 | 00:03:34.78 | 00:00:03.51 |
| Race 27 | 7: Mer | ns B-C 1x Final @ 03:55 PM | | | | | | |
| 1st | 3 | Lake Washington (B.Thompson) | 03:25.41 | | | 03:48.41 | 00:03:48.41 | |
| 2nd | 5 | Station L (A.Glasfeld) | 03:34.35 | 4.4% | 00:08.94 | 03:56.35 | 00:03:48.41 | 00:00:07.94 |
| 3rd | 4 | BLRC (N.Dotzev) | 03:44.17 | 9.1% | 00:09.82 | 04:06.17 | 00:03:48.41 | 00:00:17.76 |
| 4th | 2 | VRC C (B.Wager) | 03:48.94 | 11.5% | 00:04.77 | 04:04.94 | 00:03:48.41 | 00:00:16.53 |
| Race 28 | B: Wo | mens C-D 4x Final @ 04:05 PM | | | | | | |
| 1st | 4 | Deep Cove A (S.Sobat, N.Fournier, T.Fraser, L.Uhlenbruck) | 03:27.09 | | | 03:46.09 | 00:03:46.09 | |
| 2nd | 3 | Delta Deas A (T.Gambrel, S.Macdonald, C.Easton, L.Jones) | 03:27.81 | 0.3% | 00:00.72 | 03:49.81 | 00:03:46.09 | 00:00:03.72 |
| 3rd | 5 | Station L (P.Luong, C.Humblet, L.Wylder, M.Murdock) | 03:31.81 | 2.3% | 00:04.00 | 03:49.81 | 00:03:46.09 | 00:00:03.72 |
| 4th | 2 | Delta Deas B (J.Woehrle, J.Mills, D.Bartholomew, J.McCall) | 03:34.65 | 3.7% | 00:02.84 | 03:59.65 | 00:03:46.09 | 00:00:13.56 |
| Race 29 | 9: Mix | ed E+ 2x Final @ 04:15 PM | | | | | | |
| 1st | 3 | Delta Deas A (S.Gauvin, J.Norris) | 03:25.36 | | | 03:53.36 | 00:03:53.36 | |
| 2nd | 2 | Deep Cove (A.McArthur, A.Grant) | 03:34.97 | 4.7% | 00:09.61 | 04:07.97 | 00:03:53.36 | 00:00:14.61 |
| 3rd | 4 | Delta Deas B (J.Fera, D.Darling) | 03:37.64 | 6.0% | 00:02.67 | 04:09.64 | 00:03:53.36 | 00:00:16.28 |
| Race 31 | 1: Mix | ed AA-B 2x Final @ 04:35 PM | | | | | | |
| 1st | 4 | BLRC/Sammamish [Composite] (J.Schnelle, C.Ewton) | 03:25.96 | | | 03:40.96 | 00:03:40.96 | |
| 2nd | 3 | Station L B (A.Glasfeld, K.Buels) | 03:31.20 | 2.5% | 00:05.24 | 03:43.20 | 00:03:40.96 | 00:00:02.24 |
| 3rd | 2 | VRC C (J.Walle-Jensen, A.Sproull) | 03:39.05 | 6.4% | 00:07.85 | 03:52.05 | 00:03:40.96 | 00:00:11.09 |
| 4th | 5 | North Cascades Crew (F.Brainerd, W.Clark) | 03:44.34 | 8.9% | 00:05.29 | 03:59.34 | 00:03:40.96 | 00:00:18.38 |
| 5th | 1 | Station L A (A.Freeman, P.Luong) | 03:44.51 | 9.0% | 00:00.17 | 03:53.51 | 00:03:40.96 | 00:00:12.55 |

| Place | Lane | Organization | Net Time | % | Delta | Raw | Winning | Split |
|--------|-------|---|----------|-------|----------|----------|-------------|-------------|
| Race 3 | 2: Wo | mens Ltwt D+ 1x Final @ 04:45 PM | | | | | | |
| 1st | 3 | VRC (L.McCulloch) | 04:14.00 | | | 04:41.00 | 00:04:41.00 | |
| 2nd | 2 | Nicomekl B (M.Tisdelle) | 04:14.09 | 0.0% | 00:00.09 | 04:44.09 | 00:04:41.00 | 00:00:03.09 |
| 3rd | 5 | Whistler Rowing (D.Ziff) | 04:45.88 | 12.6% | 00:31.79 | 05:27.88 | 00:04:41.00 | 00:00:46.88 |
| 4th | 4 | Nicomekl A (S.Fletcher) | 04:49.56 | 14.0% | 00:03.68 | 05:20.56 | 00:04:41.00 | 00:00:39.56 |
| Race 3 | 4: Wo | mens Novice AA+ 4x+ Final @ 04:55 PM | | | | | | |
| 1st | 4 | VRC B (F.Crowley, J.Hill, S.Fox, T.O'Rielly) | 03:58.53 | | | 04:19.53 | 00:04:19.53 | |
| 2nd | 3 | VRC A (A.Toal, S.Williams, G.Overholtzer, J.Bruner) | 04:18.48 | 8.4% | 00:19.95 | 04:24.48 | 00:04:19.53 | 00:00:04.95 |
| 3rd | 2 | Nicomekl (S.deBruyckere, S.Vantyler, K.Litke, C.Easton) | 04:27.85 | 12.3% | 00:09.37 | 04:42.85 | 00:04:19.53 | 00:00:23.32 |