## 2011 Stonewall Regatta

Official Results

| Plac | -ane | Organization | Net Time | \% | Delta | Raw | Handic Penalty | Split |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Race 1: Mens Open 1x @ 08:45 AM |  |  |  |  |  |  |  |  |
| 1st | 1 | Potomac (G. Young) | 04:18.17 |  |  | 04:18.17 |  |  |
| 2nd |  | Three Rivers (D. Reid) | 04:20.25 | 0.8\% | 00:02.08 | 04:20.25 |  | 00:00:02.08 |
| 3rd |  | Occoquan (K. Gibel) | 04:36.04 | 6.9\% | 00:15.79 | 04:36.04 |  | 00:00:17.87 |
| 4th |  | Alexandria (J. Mitchell) | 04:42.68 | 9.5\% | 00:06.64 | 04:42.68 |  | 00:00:24.51 |
| 5th | 0 | Capital (A. Whelan) | 04:45.04 | 10.4\% | 00:02.36 | 04:45.04 |  | 00:00:26.87 |
| 6th | 3 | Alexandria C (C. Weipert) | 04:55.61 | 14.5\% | 00:10.57 | 04:55.61 |  | 00:00:37.44 |
| Race 2: Womens Open 8+ (1) @ 08:53 AM |  |  |  |  |  |  |  |  |
| 1st | 1 | Annapolis Juniors (E. Berg) | 03:53.00 |  |  | 03:53.00 |  |  |
| 2nd |  | Capital (L. Chalmers) | 03:55.04 | 0.9\% | 00:02.04 | 03:55.04 |  | 00:00:02.04 |
| 3rd | 2 | Three Rivers (J. Brogan) | 04:05.09 | 5.2\% | 00:10.05 | 04:05.09 |  | 00:00:12.09 |
| Race 3: Womens Open 8+ (2) @ 09:01 AM |  |  |  |  |  |  |  |  |
| 1st | 3 | Thompson (L. Mikels) | 03:50.09 |  |  | 03:50.09 |  |  |
| 2nd |  | Baltimore (M. Penning) | 03:54.77 | 2.0\% | 00:04.68 | 03:54.77 |  | 00:00:04.68 |
| 3rd |  | Annapolis/Alexandria [Composite] (r. bremer) | 03:58.58 | 3.7\% | 00:03.81 | 03:58.58 |  | 00:00:08.49 |
| Race 4: Mens Open 4+ 1 @ 09:09 AM |  |  |  |  |  |  |  |  |
| 1st |  | Potomac A (C. Jungbluth) | 03:37.10 |  |  | 03:37.10 |  |  |
| 2nd | 3 | Capital A (P. Clements) | 03:44.15 | 3.2\% | 00:07.05 | 03:44.15 |  | 00:00:07.05 |
| 3 rd |  | DC Strokes A (S. Shakir) | 03:53.33 | 7.5\% | 00:09.18 | 03:53.33 |  | 00:00:16.23 |
| 4th |  | Potomac B (T. Crawford) | 03:54.88 | 8.2\% | 00:01.55 | 03:54.88 |  | 00:00:17.78 |
| 5th |  | Susquehanna (M. Kleimeier) | 04:02.05 | 11.5\% | 00:07.17 | 04:02.05 |  | 00:00:24.95 |



| Plac | ane | Organization | Net Time | \% | Delta | Raw | Handic | Penalty | Split |
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| Race 10: Womens Masters 1x (D/F) @ 09:57 AM |  |  |  |  |  |  |  |  |  |
| 1st | 3 | Alexandria (N. Faigen) | 04:56.50 |  |  | 04:56.50 |  |  |  |
| 2nd |  | Potomac (D. Perrone) | 05:05.65 | 3.1\% | 00:09.15 | 05:20.25 | 00:14.60 |  | 00:00:23.75 |
| 3rd | 4 | Capital (P. Soller) | 05:55.18 | 19.8\% | 00:49.53 | 06:09.78 | 00:14.60 |  | 00:01:13.28 |
| Race 11: Womens Masters 1x (B/C) @ 10:05 AM |  |  |  |  |  |  |  |  |  |
| 1st |  | Capital (R. Hollins) | 04:50.64 |  |  | 04:56.04 | 00:05.40 |  |  |
| 2nd |  | Baltimore (E. Erbelding) | 05:00.78 | 3.5\% | 00:10.14 | 05:10.38 | 00:09.60 |  | 00:00:14.34 |
| 3rd |  | Alexandria B (H. Wentz) | 05:02.32 | 4.0\% | 00:01.54 | 05:02.32 |  |  | 00:00:06.28 |
|  | 3 | Alexandria F (E. Ashton) | Scratch |  |  |  |  |  |  |
| Race 12: Mens Masters 2-1 @ 10:13 AM |  |  |  |  |  |  |  |  |  |
| 1st |  | DC Strokes (S. Shakir) | 04:13.53 |  |  | 04:15.13 | 00:01.60 |  |  |
| 2nd | 4 | Alexandria (N. Johnson) | 04:17.19 | 1.4\% | 00:03.66 | 04:17.19 |  |  | 00:00:02.06 |
| Race 12: Mens Masters 2-2 @ 10:21 AM |  |  |  |  |  |  |  |  |  |
| 1st | 0 | Potomac (J. Walsh) | 04:02.20 |  |  | 04:02.20 |  |  |  |
| 2nd | 1 | Capital (M. Heslep) | 04:14.69 | 5.2\% | 00:12.49 | 04:25.39 | 00:10.70 |  | 00:00:23.19 |
| Race 13: Womens Masters 4+ (E/G) @ 10:21 AM |  |  |  |  |  |  |  |  |  |
| 1st | 2 | Three Rivers (R. Williams) | 04:46.10 |  |  | 04:47.30 | 00:01.20 |  |  |
| 2nd |  | Potomac B (M. Chambers) | 04:48.52 | 0.8\% | 00:02.42 | 04:48.52 |  |  | 00:00:01.22 |
| 3 rd |  | Potomac A (S. Trice) | 05:03.31 | 6.0\% | 00:14.79 | 05:16.31 | 00:13.00 |  | 00:00:29.01 |
| 4th |  | Annapolis (D. Smith) | 05:07.21 | 7.4\% | 00:03.90 | 05:08.41 | 00:01.20 |  | 00:00:21.11 |
| Race 14: Womens Masters 4+ (C/D) @ 10:29 AM |  |  |  |  |  |  |  |  |  |
| 1st | 0 | Alexandria (B. Beverly) | 04:40.90 |  |  | 04:40.90 |  |  |  |
| 2nd |  | Three Rivers (E. Szigethy) | 04:55.24 | 5.1\% | 00:14.34 | 04:55.24 |  |  | 00:00:14.34 |
| 3 rd |  | Virginia (J. Haarstick) | 04:58.80 | 6.4\% | 00:03.56 | 04:58.80 |  |  | 00:00:17.90 |
| 4th | 3 | Rock Creek (B. Hill) | 05:04.21 | 8.3\% | 00:05.41 | 05:04.21 |  |  | 00:00:23.31 |


| Plac | ane | Organization | Net Time | \% | Delta | Raw | Handic | Penalty | Split |
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| Race 15: Womens Masters 4+ (C) @ 10:37 AM |  |  |  |  |  |  |  |  |  |
| 1st | 2 | Annapolis A (L. Clarke) | 04:13.70 |  |  | 04:13.70 |  |  |  |
| 2nd | 5 | Baltimore (E. Turtle) | 04:19.89 | 2.4\% | 00:06.19 | 04:19.89 |  |  | 00:00:06.19 |
| 3 rd |  | Rock Creek (S. Milton) | 04:21.95 | 3.3\% | 00:02.06 | 04:21.95 |  |  | 00:00:08.25 |
| 4th | 3 | Three Rivers (L. Suplick) | 04:37.26 | 9.3\% | 00:15.31 | 04:37.26 |  |  | 00:00:23.56 |
| 5th | 1 | Annapolis C (S. Cook) | 04:42.30 | 11.3\% | 00:05.04 | 04:42.30 |  |  | 00:00:28.60 |
| Race 16: Womens Masters 4+ (A) @ 10:45 AM |  |  |  |  |  |  |  |  |  |
| 1st | 0 | Virginia A (M. Brannan) | 04:16.90 |  |  | 04:16.90 |  |  |  |
| 2nd |  | DC Strokes A (M. Plisch) | 04:23.84 | 2.7\% | 00:06.94 | 04:23.84 |  |  | 00:00:06.94 |
| 3 rd | 4 | Capital A (J. Ney) | 04:24.60 | 3.0\% | 00:00.76 | 04:24.60 |  |  | 00:00:07.70 |
| 4th |  | Capital D (L. Lehnert) | 04:31.84 | 5.8\% | 00:07.24 | 04:31.84 |  |  | 00:00:14.94 |
| 5th | 1 | Virginia B (J. MacArthur) | 04:43.39 | 10.3\% | 00:11.55 | 04:43.39 |  |  | 00:00:26.49 |
| 6th | 5 | DC Strokes B (S. Jacoby) | 05:00.02 | 16.8\% | 00:16.63 | 05:00.02 |  |  | 00:00:43.12 |
| Race 17: Womens Masters 4+ (B) @ 10:53 AM |  |  |  |  |  |  |  |  |  |
| 1st | 4 | Capital B (M. Nielsen) | 04:25.00 |  |  | 04:25.00 |  |  |  |
| 2nd |  | Baltimore (N. Levin) | 04:39.40 | 5.4\% | 00:14.40 | 04:39.40 |  |  | 00:00:14.40 |
| 3 rd | 3 | Capital C (D. Pianko) | 04:41.06 | 6.1\% | 00:01.66 | 04:41.06 |  |  | 00:00:16.06 |
| 4th |  | Annapolis (K. Corona) | 04:41.81 | 6.3\% | 00:00.75 | 04:41.81 |  |  | 00:00:16.81 |
| 5th | 1 | DC Strokes (L. Antognoli) | 05:12.35 | 17.9\% | 00:30.54 | 05:12.35 |  |  | 00:00:47.35 |
| Race 18: Mens Masters 8+ (A/B) @ 11:01 AM |  |  |  |  |  |  |  |  |  |
| 1st | 5 | Capital A (R. Stedman) | 03:26.60 |  |  | 03:26.60 |  |  |  |
| 2nd | 4 | Capital B (P. Flynn) | 03:34.70 | 3.9\% | 00:08.10 | 03:37.60 | 00:02.90 |  | 00:00:11.00 |
| 3 rd |  | Chicago (CRU) (W. Moudry) | 03:50.77 | 11.7\% | 00:16.07 | 03:51.07 | 00:00.30 |  | 00:00:24.47 |
| 4th | 1 | Capital C (J. Lightbourne) | 03:56.39 | 14.4\% | 00:05.62 | 03:57.79 | 00:01.40 |  | 00:00:31.19 |
| 5th |  | DC Strokes B (S. Lau) | 03:59.10 | 15.7\% | 00:02.71 | 04:02.60 | 00:03.50 |  | 00:00:36.00 |
| 6th | 3 | DC Strokes A (T. Liggett) | 04:00.76 | 16.5\% | 00:01.66 | 04:02.66 | 00:01.90 |  | 00:00:36.06 |


| Plac | Lane | Organization | Net Time | \% | Delta | Raw | Handic | Penalty | Split |
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| Race 19: Mens Masters 8+ (E) @ 11:09 AM |  |  |  |  |  |  |  |  |  |
| 1 st | 3 | Rock Creek D (G. van der Vink) | 03:51.80 |  |  | 03:51.80 |  |  |  |
| 2nd | 1 | Alexandria (R. LaFace) | 03:55.99 | 1.8\% | 00:04.19 | 03:55.99 |  |  | 00:00:04.19 |
| 3rd | 2 | Rock Creek E (L. Bourgeois) | 04:26.35 | 14.9\% | 00:30.36 | 04:26.35 |  |  | 00:00:34.55 |
| Race 20: Mens Masters 8+ (B/C/D) @ 11:17 AM |  |  |  |  |  |  |  |  |  |
| 1st | 1 | Potomac (N. Holland) | 03:26.80 |  |  | 03:26.80 |  |  |  |
| 2nd | 2 | Virginia (B. Hood) | 03:38.07 | 5.4\% | 00:11.27 | 03:38.07 |  |  | 00:00:11.27 |
| 3rd | 3 | Three Rivers (K. Krieger) | 03:55.83 | 14.0\% | 00:17.76 | 03:55.83 |  |  | 00:00:29.03 |
| Race 21: Womens Masters 4x @ 11:25 AM |  |  |  |  |  |  |  |  |  |
| 1st | 3 | Capital (A. Iyer) | 04:15.50 |  |  | 04:15.50 |  |  |  |
| 2nd | 1 | Baltimore (P. Merkle) | 04:18.18 | 1.0\% | 00:02.68 | 04:27.18 | 00:09.00 |  | 00:00:11.68 |
| 3 rd |  | Potomac (D. Perrone) | 04:19.26 | 1.5\% | 00:01.08 | 04:38.16 | 00:18.90 |  | 00:00:22.66 |
| 4th |  | Three Rivers A (J. Brogan) | 04:21.82 | 2.5\% | 00:02.56 | 04:22.62 | 00:00.80 |  | 00:00:07.12 |
| 5th | 4 | Three Rivers B (L. Suplick) | 04:35.30 | 7.7\% | 00:13.48 | 04:40.90 | 00:05.60 |  | 00:00:25.40 |
| Race 22a: Adaptive 2x @ 11:33 AM |  |  |  |  |  |  |  |  |  |
| 1st |  | Capital B (J. Tezak) | 08:33.50 |  |  | 08:33.50 |  |  |  |
| 2nd | 4 | Capital A (D. Fink) | 11:53.94 | 39.0\% | 03:20.44 | 11:53.94 |  |  | 00:03:20.44 |
| Race 22b: Adaptive 1x @ 11:33 AM |  |  |  |  |  |  |  |  |  |
|  |  | Capital (A. Wells) | Did Not Einish |  |  |  |  |  |  |
| Race 23: Adaptive Novice 2x @ 12:40 PM |  |  |  |  |  |  |  |  |  |
| 1st | 2 | Capital (C. Lenneman) | 07:09.70 |  |  | 07:09.70 |  |  |  |
| 2nd |  | Athletes w/o Limits D (M. Worley) | 07:18.68 | 2.1\% | 00:08.98 | 07:18.68 |  |  | 00:00:08.98 |
| 3rd | 3 | Athletes w/o Limits C (C. Perry) | 08:45.26 | 22.2\% | 01:26.58 | 08:45.26 |  |  | 00:01:35.56 |


| Plac | Lane | Organization | Net Time | \% | Delta | Raw | Handic | Penalty | Split |
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| Race 24a: Adaptive 2x 500m @ 12:48 PM |  |  |  |  |  |  |  |  |  |
| 1st | 4 | Capital A (C. Davis) | 06:49.06 |  |  | 06:49.06 |  |  |  |
| 2nd | 3 | Capital B (B. Herman) | 11:20.99 | 66.5\% | 04:31.93 | 11:20.99 |  |  | 00:04:31.93 |
| Race 24b: Adaptive 1x 500m @ 12:48 PM |  |  |  |  |  |  |  |  |  |
| Exhib | 0 | Capital C (R. Jones) | 05:20.70 |  |  | 05:20.70 |  |  |  |
| Race 25: Mixed Masters 2x @ 12:56 PM |  |  |  |  |  |  |  |  |  |
| 1st | 3 | Alexandria (J. Mitchell) | 04:19.00 |  |  | 04:22.10 | 00:03.10 |  |  |
| 2nd | 2 | Alexandria B (N. Uber) | 04:25.98 | 2.7\% | 00:06.98 | 04:25.98 |  |  | 00:00:03.88 |
| 3rd | 1 | Alexandria A (C. Idler) | 04:44.34 | 9.8\% | 00:18.36 | 04:46.94 | 00:02.60 |  | 00:00:24.84 |
| 1st | 1 | Virginia (B. Faurot) | 04:35.02 |  |  | 04:54.52 | 00:19.50 |  | 00:00:07.12 |
| 2nd | 3 | Potomac (H. Trevithick) | 04:45.90 | 4.0\% | 00:10.88 | 04:47.40 | 00:01.50 |  |  |
| 3rd | 2 | Baltimore (J. Hannum) | 04:52.40 | 6.3\% | 00:06.50 | 04:52.40 |  |  | 00:00:05.00 |
| Race 27: Womens Open 4+ (1) @ 01:12 PM |  |  |  |  |  |  |  |  |  |
| 1st | 4 | Thompson (L. Mikels) | 04:19.30 |  |  | 04:19.30 |  |  |  |
| 2nd | 1 | Annapolis Juniors (E. Berg) | 04:34.02 | 5.7\% | 00:14.72 | 04:34.02 |  |  | 00:00:14.72 |
| 3 rd | 2 | Baltimore (M. Penning) | 04:39.06 | 7.6\% | 00:05.04 | 04:39.06 |  |  | 00:00:19.76 |
| 4th | 3 | Capital (M. Dobmeier) | 04:52.28 | 12.7\% | 00:13.22 | 04:52.28 |  |  | 00:00:32.98 |
| Race 28: Womens Open 4+ (2) @ 01:20 PM |  |  |  |  |  |  |  |  |  |
| 1st | 2 | Alexandria (S. Patton) | 04:31.30 |  |  | 04:31.30 |  |  |  |
| 2nd | 3 | Virginia (M. Brannan) | 04:40.86 | 3.5\% | 00:09.56 | 04:40.86 |  |  | 00:00:09.56 |
| 3rd | 4 | Thompson (L. Beaufort) | 04:58.07 | 9.9\% | 00:17.21 | 04:58.07 |  |  | 00:00:26.77 |
| 4th | 1 | Capital (C. Constantine) | 05:18.13 | 17.3\% | 00:20.06 | 05:18.13 |  |  | 00:00:46.83 |
| Race 29: Womens Open 4+ (3) @ 01:28 PM |  |  |  |  |  |  |  |  |  |
| 1st | 2 | Annapolis (r. bremer) | 04:43.30 |  |  | 04:43.30 |  |  |  |
| 2nd | 3 | DC Strokes (M. Plisch) | 04:49.48 | 2.2\% | 00:06.18 | 04:49.48 |  |  | 00:00:06.18 |
| 3 rd | 1 | Capital (C. Erling) | 04:57.51 | 5.0\% | 00:08.03 | 04:57.51 |  |  | 00:00:14.21 |
|  | 4 | Thompson (L. Mikels) | Scratch |  |  |  |  |  |  |


| Plac | Lane | Organization | Net Time | \% | Delta | Raw | Handic | Penalty | Split |
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| Race 30: Mens Open 8+ (1) @ 01:36 PM |  |  |  |  |  |  |  |  |  |
| 1st | 4 | Potomac (C. Jungbluth) | 03:33.80 |  |  | 03:33.80 |  |  |  |
| 2nd | 2 | Capital (P. Clements) | 03:37.40 | 1.7\% | 00:03.60 | 03:37.40 |  |  | 00:00:03.60 |
| 3 rd | 3 | Virginia (B. Hood) | 03:59.48 | 12.0\% | 00:22.08 | 03:59.48 |  |  | 00:00:25.68 |
| 4th | 1 | DC Strokes (S. Lau) | 04:16.91 | 20.2\% | 00:17.43 | 04:16.91 |  |  | 00:00:43.11 |
| Race 31: Mens Open 8+ (2) @ 01:44 PM |  |  |  |  |  |  |  |  |  |
| 1st | 5 | Capital (P. Courtney) | 04:24.50 |  |  | 04:24.50 |  |  |  |
| 2nd | 1 | Thompson (C. Dowling) | 04:35.64 | 4.2\% | 00:11.14 | 04:35.64 |  |  | 00:00:11.14 |
| 3 rd | 4 | DC Strokes (K. Kriese) | 04:39.74 | 5.8\% | 00:04.10 | 04:39.74 |  |  | 00:00:15.24 |
| 4th | 2 | Chicago (CRU) (T. Williams) | 05:02.50 | 14.4\% | 00:22.76 | 05:02.50 |  |  | 00:00:38.00 |
| 5th | 3 | Athletes w/o Limits (B. Calvert) | 05:09.34 | 17.0\% | 00:06.84 | 05:09.34 |  |  | 00:00:44.84 |
| Race 32: Womens Masters 8+ (C/D) @ 01:52 PM |  |  |  |  |  |  |  |  |  |
| 1st | 2 | Alexandria (B. Beverly) | 04:34.51 |  |  | 04:36.31 | 00:01.80 |  | 00:00:00.81 |
| 2nd |  | Rock Creek (S. Milton) | 04:35.50 | 0.4\% | 00:00.99 | 04:35.50 |  |  |  |
| 3rd | 1 | Three Rivers (V. Keenan) | 04:35.73 | 0.4\% | 00:00.23 | 04:37.53 | 00:01.80 |  | 00:00:02.03 |
| Race 33: Womens Masters 8+ (D/F) @ 02:00 PM |  |  |  |  |  |  |  |  |  |
| 1st | 2 | Three Rivers (S. Folan) | 04:37.80 |  |  | 04:38.70 | 00:00.90 |  |  |
| 2nd |  | Rock Creek (P. Kristal) | 04:43.12 | 1.9\% | 00:05.32 | 04:43.12 |  |  | 00:00:04.42 |
| 3rd | 3 | Potomac (N. Petrisko) | 04:56.14 | 6.6\% | 00:13.02 | 05:07.34 | 00:11.20 |  | 00:00:28.64 |
| Race 34: Womens Masters 8+ (B) @ 02:08 PM |  |  |  |  |  |  |  |  |  |
| 1st | 2 | Capital A (M. Nielsen) | 04:23.40 |  |  | 04:23.40 |  |  |  |
| 2nd |  | Baltimore (M. Penning) | 04:29.90 | 2.5\% | 00:06.50 | 04:29.90 |  |  | 00:00:06.50 |
| 3 rd |  | Annapolis (S. Cook) | 04:45.09 | 8.2\% | 00:15.19 | 04:45.09 |  |  | 00:00:21.69 |
| 4th | 1 | DC Strokes (S. Jacoby) | 04:52.93 | 11.2\% | 00:07.84 | 04:52.93 |  |  | 00:00:29.53 |
| 5th | 5 | Capital B (L. Lehnert) | 04:54.44 | 11.8\% | 00:01.51 | 04:54.44 |  |  | 00:00:31.04 |


| Plac | ane | Organization | Net Time | \% | Delta | Raw | Handic | Penalty | Split |
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| Race 35: Mens Masters 4+ (C) @ 02:16 PM |  |  |  |  |  |  |  |  |  |
| 1st | 2 | Potomac (D. Bales) | 04:05.20 |  |  | 04:05.20 |  |  |  |
| 2nd |  | Virginia (B. Hood) | 04:18.22 | 5.3\% | 00:13.02 | 04:18.22 |  |  | 00:00:13.02 |
| 3rd |  | Three Rivers (K. Krieger) | 04:27.37 | 9.0\% | 00:09.15 | 04:27.37 |  |  | 00:00:22.17 |
| 4th |  | DC Strokes (B. Heath) | 04:47.00 | 17.0\% | 00:19.63 | 04:47.00 |  |  | 00:00:41.80 |
| 5th | 1 | Capital (M. Hintz) | 05:05.37 | 24.5\% | 00:18.37 | 05:05.37 |  |  | 00:01:00.17 |
| Race 36: Mens Masters 4+ (E/F/G) @ 02:24 PM |  |  |  |  |  |  |  |  |  |
| 1st | 2 | Three Rivers (M. Vernallis) | 04:27.20 |  |  | 04:28.60 | 00:01.40 |  |  |
| 2nd |  | Alexandria A (R. LaFace) | 04:29.94 | 1.0\% | 00:02.74 | 04:29.94 |  |  | 00:00:01.34 |
| 3rd |  | Rock Creek (B. Fry) | 04:42.83 | 5.8\% | 00:12.89 | 04:54.63 | 00:11.80 |  | 00:00:26.03 |
| 4th | 3 | Alexandria B (D. Wilson) | 04:55.25 | 10.5\% | 00:12.42 | 05:02.35 | 00:07.10 |  | 00:00:33.75 |
| Race 37: Mens Masters 4+ (A) @ 02:32 PM |  |  |  |  |  |  |  |  |  |
| 1st | 2 | Chicago (CRU) (W. Moudry) | 04:19.90 |  |  | 04:19.90 |  |  |  |
| 2nd |  | Capital C (E. Leslie) | 04:44.17 | 9.3\% | 00:24.27 | 04:44.17 |  |  | 00:00:24.27 |
| 3rd | 1 | Capital (M. Unnikrishnan) | 04:44.83 | 9.6\% | 00:00.66 | 04:44.83 |  |  | 00:00:24.93 |
| Race 38: Mens Masters 4+ (D/E) @ 02:40 PM |  |  |  |  |  |  |  |  |  |
| 1st | 1 | Capital (R. Stedman) | 04:02.30 |  |  | 04:05.90 | 00:03.60 |  |  |
| 2nd |  | Potomac (G. Love) | 04:06.62 | 1.8\% | 00:04.32 | 04:08.92 | 00:02.30 |  | 00:00:03.02 |
| 3 rd |  | Baltimore (M. Chin) | 04:12.26 | 4.1\% | 00:05.64 | 04:13.36 | 00:01.10 |  | 00:00:07.46 |
| 4th |  | Virginia (S. Bamman) | 04:21.93 | 8.1\% | 00:09.67 | 04:21.93 |  |  | 00:00:16.03 |
| 5th | 4 | Rock Creek (G. van der Vink) | 04:34.21 | 13.2\% | 00:12.28 | 04:36.51 | 00:02.30 |  | 00:00:30.61 |
| Race 39: Mens Masters 4+ (B) @ 02:48 PM |  |  |  |  |  |  |  |  |  |
| 1st |  | Capital B (D. Barksdale) | 04:02.30 |  |  | 04:02.30 |  |  |  |
| 2nd | 0 | DC Strokes A (S. Shakir) | 04:12.95 | 4.4\% | 00:10.65 | 04:12.95 |  |  | 00:00:10.65 |
| 3rd |  | Virginia (D. Sutherland) | 04:25.45 | 9.6\% | 00:12.50 | 04:25.45 |  |  | 00:00:23.15 |
| 4th |  | Capital E (J. Lightbourne) | 04:44.37 | 17.4\% | 00:18.92 | 04:44.37 |  |  | 00:00:42.07 |
| 5th |  | DC Strokes C (C. Lewis) | 05:01.36 | 24.4\% | 00:16.99 | 05:01.36 |  |  | 00:00:59.06 |


| Plac | -ane | Organization | Net Time | \% | Delta | Raw | Handic | Penalty | Split |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Race 40: Womens Masters 2x (B/C) @ 02:56 PM |  |  |  |  |  |  |  |  |  |
| 1st | 2 | Virginia (S. Conner) | 04:29.00 |  |  | 04:31.30 | 00:02.30 |  |  |
| 2nd | 0 | Capital (A. lyer) | 04:41.95 | 4.8\% | 00:12.95 | 04:41.95 |  |  | 00:00:10.65 |
| 3 rd | 1 | Alexandria (H. Wentz) | 04:51.86 | 8.5\% | 00:09.91 | 04:52.36 | 00:00.50 |  | 00:00:21.06 |
| 4th |  | Baltimore B (S. Bausch) | 04:57.92 | 10.8\% | 00:06.06 | 05:00.82 | 00:02.90 |  | 00:00:29.52 |
| 5th |  | Baltimore C (L. Pipitone) | 04:58.66 | 11.0\% | 00:00.74 | 05:05.56 | 00:06.90 |  | 00:00:34.26 |
| 6th | 4 | Three Rivers (C. Johns) | 05:03.21 | 12.7\% | 00:04.55 | 05:08.41 | 00:05.20 |  | 00:00:37.11 |
| Race 41: Womens Masters 2x (D/E/F) @ 03:04 PM |  |  |  |  |  |  |  |  |  |
| 1st |  | Baltimore (P. Merkle) | 04:56.79 |  |  | 05:01.49 | 00:04.70 |  | 00:00:03.19 |
| 2nd | 2 | Potomac B (N. Petrisko) | 04:58.30 | 0.5\% | 00:01.51 | 04:58.30 |  |  |  |
| 3 rd |  | Potomac C (G. Edie) | 04:59.43 | 0.9\% | 00:01.13 | 05:09.43 | 00:10.00 |  | 00:00:11.13 |
| 4th | 5 | Potomac A (D. Perrone) | 05:09.33 | 4.2\% | 00:09.90 | 05:20.83 | 00:11.50 |  | 00:00:22.53 |
| 5th | 3 | Three Rivers (S. Carlson) | 05:24.49 | 9.3\% | 00:15.16 | 05:24.49 |  |  | 00:00:26.19 |
| Race 42: Womens Novice 8+ @ 03:12 PM |  |  |  |  |  |  |  |  |  |
| 1st | 1 | DC Strokes (L. Winkler) | 04:51.40 |  |  | 04:51.40 |  |  |  |
| 2nd | 2 | Capital (R. Wagner) | 05:17.57 | 9.0\% | 00:26.17 | 05:17.57 |  |  | 00:00:26.17 |
| Race 43: Adaptive Open 2x @ 03:20 PM |  |  |  |  |  |  |  |  |  |
| 1st | 1 | Athletes w/o Limits B (S. Lea) | 04:55.10 |  |  | 04:55.10 |  |  |  |
| 2nd |  | Athletes w/o Limits A (M. Lautenberger) | 05:22.48 | 9.3\% | 00:27.38 | 05:22.48 |  |  | 00:00:27.38 |
| 3 rd |  | Athletes w/o Limits (C. Linderman) | 05:40.61 | 15.4\% | 00:18.13 | 05:40.61 |  |  | 00:00:45.51 |
| 4th | 4 | Capital (A. Wells) | 06:23.10 | 29.8\% | 00:42.49 | 06:23.10 |  |  | 00:01:28.00 |
| Race 44: Mens Masters 2x (D/E/G) @ 03:28 PM |  |  |  |  |  |  |  |  |  |
| 1st | 1 | Baltimore (J. Anderson) | 04:08.50 |  |  | 04:09.70 | 00:01.20 |  |  |
| 2nd | 3 | Potomac/Capital [Composite] (B. Cox) | 04:24.16 | 6.3\% | 00:15.66 | 04:46.56 | 00:22.40 |  | 00:00:36.86 |
| 3 rd |  | Fairmount (B. Hudome) | 04:29.27 | 8.4\% | 00:05.11 | 04:30.47 | 00:01.20 |  | 00:00:20.77 |
| 4th | 2 | Capital (M. Allen) | 05:01.53 | 21.3\% | 00:32.26 | 05:01.53 |  |  | 00:00:51.83 |


| Plac | -ane | Organization | Net Time | \% | Delta | Raw | Handic | Penalty | Split |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Race 45: Mens Masters 2x (A/C) @ 03:36 PM |  |  |  |  |  |  |  |  |  |
| 1st | 0 | Potomac (T. Nix) | 03:49.50 |  |  | 03:57.30 | 00:07.80 |  |  |
| 2nd |  | Virginia (O. Barth) | 04:01.43 | 5.2\% | 00:11.93 | 04:10.93 | 00:09.50 |  | 00:00:13.63 |
| 3rd |  | Alexandria (J. Mitchell) | 04:09.72 | 8.8\% | 00:08.29 | 04:09.72 |  |  | 00:00:12.42 |
| 4th |  | Capital (T. Fox) | 04:17.26 | 12.1\% | 00:07.54 | 04:25.86 | 00:08.60 |  | 00:00:28.56 |
| 5th | 4 | Unaffiliated (J. Zeller) | 04:23.02 | 14.6\% | 00:05.76 | 04:33.52 | 00:10.50 |  | 00:00:36.22 |
| Race 46: Mixed Masters 8+ (D/E) @ 03:44 PM |  |  |  |  |  |  |  |  |  |
| 1st | 4 | Three Rivers (J. Goldblum) | 03:56.90 |  |  | 03:56.90 |  |  |  |
| 2nd | 2 | Rock Creek (S. Milton) | 04:03.15 | 2.6\% | 00:06.25 | 04:12.25 | 00:09.10 |  | 00:00:15.35 |
| 3rd |  | Annapolis (T. Bremer) | 04:30.28 | 14.1\% | 00:27.13 | 04:39.38 | 00:09.10 |  | 00:00:42.48 |
| 4th | 3 | Capital (M. Churchill) | 04:56.71 | 25.2\% | 00:26.43 | 05:12.31 | 00:15.60 |  | 00:01:15.41 |
| Race 47: Mixed Masters 8+ (A/B) @ 03:52 PM |  |  |  |  |  |  |  |  |  |
| 1st | 4 | Annapolis/Potomac [Composite] (r. bremer) | 03:47.40 |  |  | 03:49.40 | 00:02.00 |  |  |
| 2nd |  | Baltimore (M. Chin) | 04:07.54 | 8.9\% | 00:20.14 | 04:11.44 | 00:03.90 |  | 00:00:22.04 |
| 3rd |  | DC Strokes (A. Fish) | 04:28.01 | 17.9\% | 00:20.47 | 04:29.01 | 00:01.00 |  | 00:00:39.61 |
| 4th |  | Thompson (A. C) | 04:38.19 | 22.3\% | 00:10.18 | 04:38.19 |  |  | 00:00:48.79 |
| 5th |  | Capital (C. Constantine) | 04:49.06 | 27.1\% | 00:10.87 | 04:51.46 | 00:02.40 |  | 00:01:02.06 |

