

2015 Shamrock Sprints Results

<u>Race</u>	<u>Entry</u>	<u>School</u>	<u>Raw Time</u>	<u>Medal</u>
Senior Boys <u>1500M</u>	D. Jordan	Canisius	04:57.1	1st
	A. Guzman	Canisius	05:07.7	2nd
	M. Flejtuch	Canisius	05:10.4	3rd
	W. Kirch	Canisius	05:10.8	
	J. Sullivan	Canisius	05:14.4	
	D. Darby	Canisius	05:21.4	
	M. Borowiak	Canisius	05:25.2	

Junior Girls <u>1000M</u>	A. Zirnheld	St Marys	03:47.5	1st
	P. Usiak *	Buffalo Sem	04:00.6	2nd
	I. Van Remmen	St Marys	04:01.3	3rd
	G. Pyszczek	St Marys	04:02.1	
	S. Prusinski	Maritime	04:05.2	
	R. Rozeski	Mt. Mercy	04:06.2	
	A. Anderson	Mt. Mercy	04:07.6	
	M. Fabian	Mt. Mercy	04:14.3	
	M. Dedloff	Mt. Mercy	04:40.8	
	K. Frank	Maritime	04:46.3	
	* Senior			

Junior Boys <u>1500M</u>	B. McGroder	Canisius	05:06.9	1st
	H. Sardina	Canisius	05:08.1	2nd
	M. Braun	Canisius	05:18.1	3rd
	H. Hahn	Canisius	05:27.3	
	A. Chriss	Timon	05:34.8	
	S. Connors	Timon	05:39.8	
	A. Gallego	Timon	05:52.9	
	C. Beneditt	Maritime	06:03.2	
	C. Gannon	Timon	06:25.6	

Sophomore Girls <u>1000M</u>	M. Kay	City Honors	03:43.3	1st
	E. Stewart	Saint Paul (Can)	03:44.4	2nd
	S. Lonas	City Honors	03:46.4	3rd
	R. Williams	City Honors	03:58.3	
	F. Siddiqui	Buffalo Sem	04:05.4	
	M. Williams	City Honors	04:07.5	
	A. Kowalak	Buffalo Sem	04:07.7	
	M. Graham	City Honors	04:10.7	
	B. Sillart	Buffalo Sem	04:13.1	
	T. Clark	Buffalo Sem	04:16.4	
	M. Uwangabe	Maritime	04:16.5	
	A. Roy	Buffalo Sem	04:21.5	
	J. Klinko	Maritime	04:27.6	
	M. Waldruff	Maritime	04:32.0	

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Sophomore Boys

1500M

B. Spencer	City Honors		1st
M. Tell	Canisius		2nd
Z. Sebastian	Canisius		3rd
M. Kazmierczak	Canisius		
N. Gorman	City Honors		
R. Graziano	City Honors		
B. Connors	Timon		
K. Bishop	Maritime		
A. Hess	Canisius		
D. White	City Honors		
N. Munoz	Maritime		

Freshman Girls

1000M

V. Bogucki	City Honors	04:04.8	1st
S. Quigley	City Honors	04:10.3	2nd
H. Gotro	St. Marys	04:25.5	3rd
K. Kraft	Buffalo Sem	04:26.1	
K. Wagner	St. Marys	04:27.3	
M. Bontempo	Buffalo Sem	04:27.4	
V. Laport	St. Marys	05:50.3	

Freshman Boys

1500M

N. Sabuda	Canisius	05:21.6	1st
R. Walter	Canisius	05:22.2	2nd
C. Schneck	Timon	05:27.7	3rd
W. Herzog	Canisius	05:31.8	
A. Fatta	Canisius	05:36.4	
N. Christakis	Canisius	05:43.7	
G. Difillipo	Canisius	05:45.4	
K. Flynn	Canisius	05:48.1	
T. Trembly	Canisius	05:58.0	
K. Quinn	Canisius	06:01.3	
B. Finnerty	Canisius	06:08.6	
S. Fayyaz	Canisius	06:28.9	
M. Klodzinski	Timon	06:29.0	

Coxies and 7/8 Grade

1000M

E. Huber	City Honors	04:07.7	1st
P. Tessier	City Honors	04:22.6	2nd
B. Billoni	City Honors	04:27.1	3rd
A. Weigel	City Honors	04:27.8	
H. Michki	Mt. Mercy	04:29.8	
K. Bonilla	City Honors	04:30.1	
E. Donelli	City Honors	04:34.9	

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Mens Masters

1000M

P. Rogers	03:34.9	00:30.6	03:04.3	1st
P. McCarthy	03:48.4	00:36.1	03:12.3	2nd
G. Spragins	03:19.7	00:00.0	03:19.7	3rd
C. Donnelly	03:24.6	00:00.0	03:24.6	4th
T. Stevens	03:38.0	00:02.5	03:35.5	5th
F. Luongo	04:07.3	00:28.9	03:38.4	
D. Copley	04:27.7	00:46.2	03:41.5	
J. Sanders	03:46.0	00:00.4	03:45.6	
M. Mitschow	04:22.4	00:15.6	04:06.8	

Womens Masters

1000M

J. Cobler	03:58.3	00:24.0	03:34.3	1st
L. Wienckowski	03:48.0	00:01.2	03:46.8	2nd
K. Lundquist	03:50.6	00:00.2	03:50.4	3rd
C. Barr	03:51.1	00:00.1	03:51.0	4th
A. Spragins	03:52.0	00:00.0	03:52.0	5th
M. Lauerman	04:13.5	00:14.4	03:59.1	
T. Spencer	04:09.1	00:09.0	04:00.1	
K. Barnum	04:00.8	00:00.2	04:00.6	
K. Pilarz	04:21.9	00:21.0	04:00.9	
M. Bennett	04:18.4	00:16.9	04:01.5	
D. Reedy	04:18.6	00:13.2	04:05.4	
K. Crowley	04:33.1	00:16.9	04:16.2	
K. Hamilton	04:19.0	00:00.6	04:18.4	
C. Bender	04:35.8	00:14.4	04:21.4	
K. Gall	04:36.9	00:12.1	04:24.8	