

2th James River Sprints, April 8, 201

TIMESHEET

1 M1X	Mens Single	7:50:00		8:20:00		
Lane		End Time	Raw	Final	Place	Splits
	1 Albemarle HS	0:07:13	0:07:13	0:07:13	1	0:00:00
	2 River City Crew	0:07:39	0:07:39	0:07:39	3	0:00:25
	3 Albemarle HS	0:07:56	0:07:56	0:07:56	5	0:00:42
	4 James River HS	0:07:16	0:07:16	0:07:16	2	0:00:02
	5 River City Crew	0:07:40	0:07:40	0:07:40	4	0:00:27

2 W1X	Womens Single	7:55:45		8:25:45		
Lane		End Time	Raw	Final	Place	Splits
	1 Albemarle HS	0:09:32	0:09:32	0:09:32	1	0:00:00
	2 Albemarle HS	0:10:40	0:10:40	0:10:40	4	0:01:08
	3 River City Crew	0:10:09	0:10:09	0:10:09	3	0:00:37
	4 Albemarle HS	0:10:06	0:10:06	0:10:06	2	0:00:33

3 WN4 A	Womens Novice 4+	8:04:45		8:34:45		
Lane		End Time	Raw	Final	Place	Splits
	1 Capital Rowing Club	0:10:19	0:10:19	0:10:19	4	0:01:02
	2 Grandby HS	0:10:01	0:10:01	0:10:01	2	0:00:45
	3 James River HS	0:10:11	0:10:11	0:10:11	3	0:00:55
	4 Holton-Arms School	0:09:16	0:09:16	0:09:16	1	0:00:00

4 WN4 B	Womens Novice 4+	8:11:45		8:41:45		
Lane		End Time	Raw	Final	Place	Splits
	1 Mount Vernon Crew	0:09:58	0:09:58	0:09:58	2	0:01:18
	2 Grandby HS	0:10:17	0:10:17	0:10:17	3	0:01:38
	3 Triangle Rowing Club	0:08:39	0:08:39	0:08:39	1	0:00:00
	4 West Potomac Crew	0:10:50	0:10:50	0:10:50	4	0:02:11

5 WN4 C	Womens Novice 4+	8:20:45		8:50:45		
Lane		End Time	Raw	Final	Place	Splits

1 River City Crew	0:08:50	0:08:50	0:08:50	1	0:00:00
2 Triangle Rowing Club	0:09:22	0:09:22	0:09:22	2	0:00:31
3 Capital Rowing Club	0:10:17	0:10:17	0:10:17	3	0:01:26

6 MN8 A	Mens Novice 8+	8:29:30		8:59:30		
	Lane	End Time	Raw	Final	Place	Splits
	1 Grandby HS	0:07:48	0:07:48	0:07:48	3	0:00:47
	2 Mount Vernon Crew	0:08:29	0:08:29	0:08:29	4	0:01:28
	3 Triangle Rowing Club	0:07:01	0:07:01	0:07:01	1	0:00:00
	4 James River HS	0:07:23	0:07:23	0:07:23	2	0:00:22

7 MN8 B	Mens Novice 8+	8:39:30		9:09:30		
	Lane	End Time	Raw	Final	Place	Splits
	1 Triangle Rowing Club	0:07:43	0:07:43	0:07:43	1	0:00:00
	2 West Potomac Crew	0:07:52	0:07:52	0:07:52	2	0:00:09
	3 Westfield HS	0:09:09	0:09:09	0:09:09	3	0:01:26

8 WLt4 A	Womens Lightwt 4+	8:46:00		9:16:00		
	Lane	End Time	Raw	Final	Place	Splits
	1 Capital Rowing Club	0:09:33	0:09:33			
	2 Mount Vernon Crew	0:11:51	0:11:51	0:11:51	3	0:02:17
	3 Grandby HS	0:09:33	0:09:33	0:09:33	1	0:00:00
	4 Holton-Arms School	0:10:23	0:10:23	0:10:23	2	0:00:50

9 WLt4 B	Womens Lightwt 4+	8:54:00		9:24:00		
	Lane	End Time	Raw	Final	Place	Splits
	1 River City Crew	0:09:22	0:09:22	0:09:22	1	0:00:00
	2 James River HS	0:09:53	0:09:53	0:09:53	3	0:00:31
	3 Grandby HS	0:09:43	0:09:43	0:09:43	2	0:00:22

10	W2nd4	Women's V 2nd 4+	9:01:45		9:31:45		
	Lane		End Time	Raw	Final	Place	Splits
	1	Holton-Arms School	0:09:24	0:09:24	0:09:24	4	0:00:31
	2	Bishop Sullivan Cathol	0:10:34	0:10:34	0:10:34	6	0:01:41
	3	Episcopal HS - Virginia	0:09:08	0:09:08	0:09:08	3	0:00:15
	4	Bishop Ireton HS	0:10:02	0:10:02	0:10:02	5	0:01:09
	5	Holton-Arms School	0:09:00	0:09:00	0:09:00	2	0:00:07
	6	West Potomac Crew	0:08:53	0:08:53	0:08:53	1	0:00:00

11	MV4 A	Mens Varsity 4+	9:11:15		9:41:15		
	Lane		End Time	Raw	Final	Place	Splits
	1	Bishop Sullivan Cathol	0:09:23	0:09:23	0:09:23	4	0:01:24
	2	Bishop Ireton HS	0:09:05	0:09:05	0:09:05	2	0:01:06
	3	James River HS	0:07:59	0:07:59	0:07:59	1	0:00:00
	4	Frank W Cox HS	0:09:10	0:09:10	0:09:10	3	0:01:11

12	MV4 B	Mens Varsity 4+	9:20:15		9:50:15		
	Lane		End Time	Raw	Final	Place	Splits
	1	Princess Anne HS	0:08:38	0:08:38	0:08:38	4	0:01:16
	2	River City Crew	0:08:06	0:08:06	0:08:06	3	0:00:45
	3	Triangle Rowing Club	0:07:21	0:07:21	0:07:21	1	0:00:00
	4	West Potomac Crew	0:07:56	0:07:56	0:07:56	2	0:00:34

13	MV4 C	Mens Varsity 4+	9:28:15		9:58:15		
	Lane		End Time	Raw	Final	Place	Splits
	1	West Potomac Crew	0:08:03	0:08:03	0:08:03	3	0:00:23
	2	Triangle Rowing Club	0:07:40	0:07:40	0:07:40	1	0:00:00
	3	Capital Rowing Club	0:09:19	0:09:19	0:09:19	4	0:01:39
	4	Mount Vernon Crew	0:08:00	0:08:00	0:08:00	2	0:00:19

14	M4X	Mens Quad	9:36:15		10:06:15		
	Lane		End Time	Raw	Final	Place	Splits
	1	Albemarle HS	0:06:58	0:06:58	0:06:58	1	0:00:00

2	Triangle Rowing Club	0:09:03	0:09:03	0:09:03	4	0:02:04
3	Grandby HS	0:07:20	0:07:20	0:07:20	2	0:00:21
4	Albemarle HS	0:08:04	0:08:04	0:08:04	3	0:01:06

15	WV8 A	Womens Varsity 8+	9:46:15		10:16:15		
	Lane		End Time	Raw	Final	Place	Splits
	1	Frank W Cox HS	0:08:07	0:08:07	0:08:07	3	0:00:13
	2	Grandby HS	0:08:46	0:08:46	0:08:46	5	0:00:52
	3	Triangle Rowing Club	0:08:08	0:08:08	0:08:08	4	0:00:14
	4	James River HS	0:07:54	0:07:54	0:07:54	1	0:00:00
	5	River City Crew	0:07:57	0:07:57	0:07:57	2	0:00:03

16	WV8 B	Womens Varsity 8+	9:55:45	10:25:45			
	Lane		End Time	Raw	Final	Place	Splits
	1	Bishop Sullivan Cathol	0:08:59	0:08:59	0:08:59	4	0:01:05
	2	West Potomac Crew	0:07:54	0:07:54	0:07:54	1	0:00:00
	3	Episcopal HS - Virginia	0:08:21	0:08:21	0:08:21	2	0:00:27
	4	Grandby HS	0:08:24	0:08:24	0:08:24	3	0:00:30
	5	Holton-Arms School	0:09:42	0:09:42	0:09:42	5	0:01:48

17	WV8 C	Womens Varsity 8+	10:05:15	10:35:15			
	Lane		End Time	Raw	Final	Place	Splits
	1	Mount Vernon Crew	0:09:42	0:09:42	0:09:42	3	0:01:42
	2	Triangle Rowing Club	0:08:38	0:08:38	0:08:38	2	0:00:38
	3	Westfield HS	0:10:00	0:10:00	0:10:00	4	0:02:00
	4	Holton-Arms School	0:08:00	0:08:00	0:08:00	1	0:00:00

18	WV8 D	Womens Varsity 8+	10:15:15	10:45:15			
	Lane		End Time	Raw	Final	Place	Splits
	1	Triangle Rowing Club	0:08:58	0:08:58	0:08:58	3	0:00:43
	2	Westfield HS	0:08:15	0:08:15	0:08:15	1	0:00:00
	3	West Potomac Crew	0:08:47	0:08:47	0:08:47	2	0:00:32
	4	Capital Rowing Club	0:09:12	0:09:12	0:09:12	4	0:00:57

19	MN4 A	Mens Novice 4+	10:23:15		10:53:15		
	Lane		End Time	Raw	Final	Place	Splits
	1	Grandby HS	0:08:08	0:08:08	0:08:08	2	0:00:02
	2	Jordan Lake Rowing Cl	0:11:17	0:11:17	0:11:17	4	0:03:11
	3	Mount Vernon Crew	0:08:06	0:08:06			
	4	Triangle Rowing Club	0:08:06	0:08:06	0:08:06	1	0:00:00
	5	Princess Anne HS	0:10:03	0:10:03	0:10:03	3	0:01:57

20	MN4 B	Mens Novice 4+	10:32:30		11:02:30		
	Lane		End Time	Raw	Final	Place	Splits
	1	James River HS	0:09:36	0:09:36	0:09:36	3	0:01:07
	2	Triangle Rowing Club	0:09:00	0:09:00	0:09:00	2	0:00:31
	3	River City Crew	0:08:29	0:08:29	0:08:29	1	0:00:00
	4	Frank W Cox HS	0:10:24	0:10:24	0:10:24	4	0:01:55

21	MN4 C	Mens Novice 4+	10:40:30		11:10:30		
	Lane		End Time	Raw	Final	Place	Splits
	1	West Potomac Crew	0:10:39	0:10:39	0:10:39	3	0:01:09
	2	Mount Vernon Crew	0:10:13	0:10:13	0:10:13	2	0:00:43
	3	Capital Rowing Club	0:09:30	0:09:30	0:09:30	1	0:00:00
	4	Grandby HS	0:11:05	0:11:05	0:11:05	4	0:01:35

22	MLt4 A	Mens Lightwt 4+	10:49:30		11:19:30		
	Lane		End Time	Raw	Final	Place	Splits
	1	Frank W Cox HS	0:08:45	0:08:45	0:08:45	3	0:01:03
	2	Grandby HS	0:08:23	0:08:23	0:08:23	2	0:00:41
	3	River City Crew	0:07:42	0:07:42	0:07:42	1	0:00:00

23	MLt4 B	Mens Lightwt 4+	10:56:15		11:26:15		
	Lane		End Time	Raw	Final	Place	Splits
	1	Triangle Rowing Club	0:07:53	0:07:53	0:07:53	1	0:00:00
	2	James River HS	0:08:52	0:08:52	0:08:52	2	0:00:59

3	Grandby HS	0:09:33	0:09:33	0:09:33	3	0:01:40
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24	WN8 A	Womens Novice 8+	12:16:00		12:46:00		
	Lane		End Time	Raw	Final	Place	Splits
	1	Mount Vernon Crew	0:10:05	0:10:05	0:10:05	4	0:01:01
	2	Jordan Lake Rowing Cl	0:09:54	0:09:54	0:09:54	2	0:00:50
	3	Capital Rowing Club	0:09:04	0:09:04	0:09:04	1	0:00:00
	4	Grandby HS	0:09:54	0:09:54	0:09:54	3	0:00:50
	5	Westfield HS	0:10:59	0:10:59	0:10:59	5	0:01:55

25	WN8 B	Womens Novice 8+	12:26:30		12:56:30		
			End Time	Raw	Final	Place	Splits
	1	West Potomac Crew	0:09:59	0:09:59	0:09:59	4	0:01:30
	2	Mount Vernon Crew	0:10:50	0:10:50	0:10:50	5	0:02:21
	3	Triangle Rowing Club	0:08:29	0:08:29	0:08:29	1	0:00:00
	4	James River HS	0:09:16	0:09:16	0:09:16	2	0:00:47
	5	Princess Anne HS	0:09:44	0:09:44	0:09:44	3	0:01:15

26	WN8 C	Womens Novice 8+	12:38:00		13:08:00		
	Lane		End Time	Raw	Final	Place	Splits
	1	Triangle Rowing Club	0:08:42	0:08:42	0:08:42	1	0:00:00
	2	West Potomac Crew	0:11:41	0:11:41	0:11:41	3	0:02:59
	3	Episcopal HS - Virginia	0:12:36	0:12:36	0:12:36	4	0:03:54
	4	River City Crew	0:09:07	0:09:07	0:09:07	2	0:00:26

27	M2X A	Mens Double	12:46:00		13:16:00		
	Lane		End Time	Raw	Final	Place	Splits
	1	Bishop Ireton HS	0:08:45	0:08:45	0:08:45	4	0:00:49
	2	Albemarle HS	0:07:56	0:07:56	0:07:56	1	0:00:00
	3	River City Crew	0:08:08	0:08:08	0:08:08	2	0:00:12
	4	Albemarle HS	0:09:23	0:09:23	0:09:23	5	0:01:27
	5	Capital Rowing Club	0:08:42	0:08:42	0:08:42	3	0:00:46

28 M2X B	Mens Double	12:53:45		13:23:45		
Lane		End Time	Raw	Final	Place	Splits
1	Albemarle HS	0:06:55	0:06:55	0:06:55	1	0:00:00
2	West Potomac Crew	0:09:26	0:09:26	0:09:26	4	0:02:31
3	Albemarle HS	0:08:53	0:08:53	0:08:53	3	0:01:59
4	Triangle Rowing Club	0:07:05	0:07:05	0:07:05	2	0:00:10

29 W2X A	Womens Double	13:00:45		13:30:45		
Lane		End Time	Raw	Final	Place	Splits
1	Bishop Sullivan Cathol	0:09:03	0:09:03			
2	Capital Rowing Club	0:10:09	0:10:09	0:10:09	2	0:01:07
3	Grandby HS	0:10:54	0:10:54	0:10:54	3	0:01:51
4	Albemarle HS	0:09:03	0:09:03	0:09:03	1	0:00:00

30 W2X B	Womens Double	13:08:45		13:38:45		
Lane		End Time	Raw	Final	Place	
1	Capital Rowing Club	0:10:11	0:10:11	0:10:11	2	0:00:43
2	River City Crew	0:10:25	0:10:25	0:10:25	3	0:00:57
3	Triangle Rowing Club	0:09:28	0:09:28	0:09:28	1	0:00:00

31 WV4 A	Womens Varsity 4+	13:14:30		13:44:30		
Lane		End Time	Raw	Final	Place	Splits
1	Capital Rowing Club	0:09:33	0:09:33	0:09:33	4	0:01:10
2	West Potomac Crew	0:08:22	0:08:22	0:08:22	1	0:00:00
3	James River HS	0:09:07	0:09:07	0:09:07	3	0:00:45
4	Bishop Sullivan Cathol	0:09:57	0:09:57	0:09:57	5	0:01:35
5	River City Crew	0:08:27	0:08:27	0:08:27	2	0:00:05

32 WV4 B	Womens Varsity 4+	13:23:45		13:53:45		
Lane		End Time	Raw	Final	Place	Splits
1	Episcopal HS - Virginia	0:08:47	0:08:47	0:08:47	2	0:00:36
2	Frank W Cox HS	0:08:52	0:08:52	0:08:52	3	0:00:42
3	Triangle Rowing Club	0:09:07	0:09:07	0:09:07	4	0:00:57

4	Holton-Arms School	0:08:10	0:08:10			
5	West Potomac Crew	0:08:10	0:08:10	0:08:10	1	0:00:00

33	WV4 C	Womens Varsity 4+	13:33:00		14:03:00	
	Lane		End Time	Raw	Final	Place Splits
	1	Triangle Rowing Club	0:09:00	0:09:00	0:09:00	1 0:00:00
	2	Capital Rowing Club	0:10:03	0:10:03	0:10:03	4 0:01:03
	3	Holton-Arms School	0:09:00	0:09:00		
	4	Grandby HS	0:09:23	0:09:23	0:09:23	2 0:00:23
	5	Mount Vernon Crew	0:10:07	0:10:07	0:10:07	5 0:01:07
	6	Episcopal HS - Virginia	0:09:55	0:09:55	0:09:55	3 0:00:55

34	W4X	Womens Quad	13:43:30		14:13:30	
	Lane		End Time	Raw	Final	Place Splits
	1	Bishop Ireton HS	0:08:58	0:08:58	0:08:58	2 0:00:31
	2	Albemarle HS	0:08:27	0:08:27	0:08:27	1 0:00:00
	3	Triangle Rowing Club	0:09:46	0:09:46	0:09:46	3 0:01:19

35	M2nd4	Mens V 2nd 4+	13:51:15		14:21:15	
	Lane		End Time	Raw	Final	Place Splits
	1	James River HS	0:09:07	0:09:07	0:09:07	4 0:00:50
	2	Bishop Ireton HS	0:09:00	0:09:00	0:09:00	3 0:00:43
	3	Triangle Rowing Club	0:09:24	0:09:24	0:09:24	5 0:01:07
	4	River City Crew	0:08:17	0:08:17	0:08:17	1 0:00:00
	5	West Potomac Crew	0:08:34	0:08:34	0:08:34	2 0:00:17

36	MV8 A	Mens Varsity 8+	14:00:45		14:30:45	
	Lane		End Time	Raw	Final	Place Splits
	1	Triangle Rowing Club	0:06:25	0:06:25	0:06:25	1 0:00:00
	2	Grandby HS	0:06:49	0:06:49	0:06:49	2 0:00:24
	3	Westfield HS	0:07:31	0:07:31	0:07:31	4 0:01:06
	4	West Potomac Crew	0:06:55	0:06:55	0:06:55	3 0:00:30
	5	Bishop Sullivan Cathol	0:08:01	0:08:01	0:08:01	5 0:01:36

37	MV8 B	Mens Varsity 8+	14:10:15		14:40:15	
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Lane		End Time	Raw	Final	Place	Splits
	1 River City Crew	0:06:48	0:06:48	0:06:48	2	0:00:11
	2 James River HS	0:07:15	0:07:15	0:07:15	4	0:00:38
	3 Mount Vernon Crew	0:07:22	0:07:22	0:07:22	5	0:00:45
	4 Triangle Rowing Club	0:06:49	0:06:49	0:06:49	3	0:00:12
	5 Westfield HS	0:06:37	0:06:37	0:06:37	1	0:00:00

38 Mx4	Mixed 4+	14:16:45		14:46:45		
Lane		End Time	Raw	Final	Place	Splits
	1 James River HS	0:08:57	0:08:57	0:08:57	1	0:00:00
	2 Jordan Lake Rowing Cl	0:10:13	0:10:13	0:10:13	3	0:01:16
	3 Frank W Cox HS	0:10:10	0:10:10	0:10:10	2	0:01:14

39 Mx8 A	Mixed 8+	14:26:15		14:56:15		
Lane		End Time	Raw	Final	Place	Splits
	1 Triangle Rowing Club	0:07:25	0:07:25	0:07:25	1	0:00:00
	2 River City Crew	0:08:40	0:08:40	0:08:40	2	0:01:15
	3 Mount Vernon Crew	0:09:54	0:09:54	0:09:54	3	0:02:29
	4 Bishop Sullivan Cathol	0:10:54	0:10:54	0:10:54	4	0:03:29

40 Mx8 B	Mixed 8+	14:34:15		15:04:15		
Lane		End Time	Raw	Final	Place	Splits
	1 Bishop Sullivan Cathol	0:07:39	0:07:39			
	2 James River HS	0:07:39	0:07:39	0:07:39	1	0:00:00
	3 Triangle Rowing Club	0:08:01	0:08:01	0:08:01	2	0:00:21
	4 Capital Rowing Club	0:08:56	0:08:56	0:08:56	3	0:01:16

41 Mx8 C	Mixed 8+	14:43:15		15:13:15		
Lane		End Time	Raw	Final	Place	Splits
	1 River City Crew	0:07:47	0:07:47			
	2 West Potomac Crew	0:07:47	0:07:47	0:07:47	1	0:00:00
	3 Triangle Rowing Club	0:08:16	0:08:16	0:08:16	2	0:00:29

42 Mx8 D	Mixed 8+	14:52:45		15:22:45		
Lane		End Time	Raw	Final	Place	Splits
1	Grandby HS	0:09:32	0:09:32	0:09:32	4	0:01:59
2	Bishop Ireton HS	0:07:33	0:07:33	0:07:33	1	0:00:00
3	Princess Anne HS	0:08:37	0:08:37	0:08:37	3	0:01:04
4	Mount Vernon Crew	0:08:24	0:08:24	0:08:24	2	0:00:51