

Time	Event	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
8:40	LW1X	HT1			UBC (Stevenson)	Alberta (Bruha)	UBC (Donnelly)	
8:50	LW1X	HT2		Alberta (Cooke)	UBC (Lindsay)	Calgary (Cousins)	Alberta (Dolphin)	
9:00	LM1X	HT1		UBC (Nadeau)	Calgary (Kennedy)	UVIC (Walls)	UVIC (Clarke)	
9:10	LM1X	HT2		UVIC (Hollands)	UFV (Stahl)	UVIC (Miller)	UBC (Enns)	
9:20	M1X	HT1	UVIC (Peers)	MRU (Mills)	Alberta (Wawrzonek)	UVIC (Brodeur)	UVIC (Szymanowski)	Alberta (Smith)
9:30	M1X	HT2	UBC (Silva Pinto)	UBC (Wick)	UVIC (Larson)	Calgary (Wenzel)	UBC (van Gessel)	Alberta (Thery)
9:40	W2-	HT1	UBC (Cameron)	UFV (Olive)	Regina (Simpkins)	UBC (Greber)	Calgary (Anderson)	
9:50	W2-	HT2		UFV (Siemens)	UVIC (Simpson)	UBC (Clark)	UVIC (McKinlay)	
10:00	M2-	HT1		UVIC (Hare)	UVIC (Sawers)	Calgary (Dvorak)	UBC (Schultz)	
10:10	M2-	HT2		UBC (Beach)	UBC (Vos de Wael)	UVIC (Donaldson)	UVIC (Arscott)	
10:20	MV4-		UVIC (Hare)	Calgary (Ritsema)	UVIC (Simpson)	UBC (Ross)	Alberta (Smith)	
10:30	LW1X	BF						
10:40	LW1X	AF	Alberta (S. Bruha)	Alberta (E. Dolphin)	UBC (C. Stevenson)	UBC (J. Lindsay)	UBC (S. Donnelly)	Alberta (S. Cooke)
10:50	LM1X	BF	()	()	Calgary (W. Kennedy)	UFV (A. Stahl)	()	()
11:00	LM1X	AF	UVIC (C. Clarke)	UBC (E. Enns)	UVIC (B. Walls)	UVIC (E. Hollands)	UBC (M. Nadeau)	UVIC (I. Cabral)
11:10	WV4-				Calgary (Anderson)	Calgary (Kruschel)		
UMPIRE BREAK								
12:30	W2V8+		UBC (Wesolowski)	UVIC (Balooch)	Calgary (Bansal)	LRC (Ewald)	Calgary (Slywka)	
12:40	M2V8+			UVIC (Hollands)	Calgary (Wood)	UBC (Renner)	UVIC (Simpson)	

Time	Event	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
12:50	LW4+		UVIC (Craven)	UBC (LaFreniere)	Calgary (Hidber)	UBC (Hardwicke-)	Alberta (Cooke)	
13:00	M1X	BF	MRU (A. Mills)	Alberta (G. Thery)	UVIC (J. Peers)	Calgary (K. Wenzel)	Scratch	Scratch
13:10	M1X	AF	Alberta (A. Smith)	UVIC (B. Larson)	UVIC (L. Brodeur)	UBC (S. van Gessel)	UVIC (M.)	UBC (T. Wick)
13:20	W1X		UVIC (Balooch)	Alberta (Hartley)	UVIC (Cattet)	UBC (Walker)	Calgary (van Rijswijk)	Regina (Connel)
13:30	LM4+				UBC (Precious)	UVIC (Hollands)		

UMPIRE BREAK

14:30	W2-	BF	()	()	UFV (M. Olive)	UFV (J. Siemens)	Regina (J. Simpkins)	()
14:40	W2-	AF	Calgary (H. Anderson)	UVIC (I. mckinlay)	UBC (P. Cameron)	UVIC (M. Simpson)	UBC (C. Greber)	UBC (K. Clark)
14:50	M2-	BF						
15:00	M2-	AF	UVIC (K. Hare)	UVIC (I. Donaldson)	UBC (C. Schultz)	UBC (D. Vos de Wael)	UVIC (A. Sawers)	UVIC (E. Arscott)
15:10	NW8+		LRC (Van Brabant)		Calgary (Webster)		Calgary (Slywka)	
15:20	LM2X			UBC (Precious)	UVIC (Couchman)	Calgary (Dean)	UVIC (Gulka)	
15:30	LW2X		Calgary (Harris)	UVIC (Hardcastle)	UBC (Hardwicke- Brown)	UBC (LaFreniere)	UFV (Grubb)	Alberta (Cooke)
15:50	NM8+		Calgary (Proppe)		Calgary (Wood)		Lacareal (Composite)	
16:00	W2V4-		UFV (Siemens)	LRC (Van Brabant)	LRC (Ewald)	Calgary (Bansal)	Regina (Simpkins)	
16:10	WV8+		UVIC (Simpson)	Calgary (Anderson)	UVIC (McKinlay)	UBC (Cameron)	Calgary (Hidber)	UBC (Wesolowski)
16:20	M2V4-		Calgary (Wood)	UBC (Renner)	LRC (Hobbs)	UVIC (Miller)	Alberta (Scivoletto)	
16:30	MV8+			UVIC (Donaldson)	UVIC (Simpson)	UBC (Meijssen)	Calgary (Dvorak)	