



# Edmonton Rowing Club

## The Head of the North Saskatchewan Regatta

September 26, 2015  
Edmonton, Alberta

The Edmonton Rowing Club will be hosting its annual Head of the North Saskatchewan Regatta on Saturday September 26, 2015. All activities will be coordinated from the ERC boathouse in Laurier Park.

The Regatta will be in head race format. The course will be a 4 km (approximately) race starting 500m from the Groat Road Bridge and ending at the Buena Vista Boatlaunch.

### **If the water levels in the North Saskatchewan River are sufficiently low**

1. Just over halfway (approx. 2.25 km) there is a section of the river that is significantly deeper (approx. 2x deeper) than the rest. If necessary there will be a carefully buoyed 'no passing zone' for approximately 500m in this area, where all boats must proceed single-file. The decision of the implementation of this no passing zone will be made by the local organizing committee, the chief umpire and the assistant chief umpire the morning of the regatta and announced at the coaches meeting. The water levels will be re-assessed mid-day to determine the continuing safety of the regatta.

### **Racing Categories**

**Open:** open to all competitors

**Junior:** athletes under the age of 19 years throughout 2015

**Masters:** athletes who are 27 years of age and older as of January 1, 2015. Age handicaps will apply

**Novice:** athletes who started rowing after September 1, 2014

### **Categories**

Open Men	1x, 2x, 2-, 4x, 4-, 8+
Open Women	1x, 2x, 2-, 4x, 4-, 8+
Junior Men	4x, 8+
Junior Women	4x, 8+
Novice Men	4x, 8+
Novice Women	4x, 8+
Master Men	1x, 2x, 2-, 4x, 4-, 8+
Master Women	1x, 2x, 2-, 4x, 4-, 8+
Mixed Master	2x, 4x, 8+

This regatta is focused on participation. The regatta has been planned for two launches:

Flight One: **Launch time:** 9:20 AM, **Start time:** 10:00 AM

Flight Two: **Launch time:** 12:20 PM, **Start time:** 1:00 PM

## Entries

- Due on September 23rd, 2015 by 8:00 pm. Late entries will be accepted until September 25<sup>th</sup> 8:00 pm. Adjustments may be made to the schedule pending entries
- Entry fee is \$20 per person and the late entry fee is \$25.00 per person.
- No limit to number of entries per club or per launch. Intent of regatta is to maximize participation.
- Masters rowers will be evaluated per the Garrett-Zezza Handicap method (as described in the RCA rules of racing)
- Coaches meeting will be at 8:30 am on Saturday at the boathouse to be followed by a general address to the participating athletes reviewing the course, schedule and safety issues.
- All boats are to have left the dock 40 minutes prior to the start of that launch

## Entry Procedure

- Registration can currently be done by contacting Audra Vair at [audravair@gmail.com](mailto:audravair@gmail.com).
- A Regatta Central link is in development, and will be added when updated.

## General

- All participants, rowers and coxswains must be registered and in good standing with RCA.
- **Please be prepared for all weather.**
- *For directions to the clubhouse or additional information see [www.edmontonrowing.ca](http://www.edmontonrowing.ca)*

**Course Map (First race course- no passing zone map is at the end of document)**



**Launch One leave dock 9:20 a.m.**

**Start Time 10:00 a.m.**

**Categories and Launch Order:**

Open Women	8+, 4x, 4-
Junior Women	8+
Mixed Master	8+
Master Women	8+, 4x, 4-
Novice Women	8+
Open Men	2x, 2-, 1x
Junior Men	4x
Master Men	2x, 2-, 1x
Novice Men	4x

**Launch Two leave dock 12:20 p.m.**

**Start Time 1:00 p.m.**

**Categories and Launch Order:**

Open Men	8+, 4x, 4-
Junior Men	8+
Master Men	8+, 4x, 4-
Mixed Master	4x
Novice Men	8+
Open Women	2x, 2-, 1x
Junior Women	4x
Mixed Master	2x
Master Women	2x, 2-, 1x
Novice Women	4x

Approximate Race Course  
Potential No Passing Zone

