



Tops and Bottoms Regatta 2019

Saturday, July 27, 2019

Rabbit Lake, Kenora, ON

You're Invited! The Kenora Rowing Club invites you to join us for the 2019 Tops and Bottoms regatta on Rabbit Lake in Kenora. Tops & Bottoms will feature both 1000m masters and a 2000 metre juniors course with stakeboat start. The Kenora Rowing Club site is situated in a park-like setting with Garrow Park and a public beach right next door, just 10 minutes from downtown Kenora. Tops and Bottoms is a great development regatta for new rowers. The focus of the event is masters (tops) and juniors (bottoms) , we will try to accommodate those between Junior and Master age categories travelling with their crew as we see fit. Please contact regatta co-chair Jessica Jones at 16jessicajones@gmail.com if you have "odd aged" crews that you are bringing.

Regatta Site: The Kenora Rowing Club has worked hard to produce an exceptional venue for rowing regattas, including a buoyed course with stake-boat holders.

The Kenora Rowing Club is located 110 Birchwood Crescent on the south side of Rabbit Lake. There is room for boat storage on site, and the location is equipped with washrooms, First Aid, and a concession stand.

Accommodations: Kenora is a busy place in the summer, so book your accommodations as soon as possible. There are several hotels, resorts and camp

grounds in the area. Camping at the club is available for one tent per club for boat security purposes. See www.stayinkenora.com for further information on hotels.

Parks

Anicinabe Park is located in Kenora just 10-15 minutes from the rowing venue, with camp sites, washrooms and showers, beach, and paddle board, kayak and boat rentals. Check out their website: <http://www.anicinabepark.ca/>

Rushing River Provincial Park is a beautiful park with camp sites, trails, and beaches, located 20-30 minutes east of Kenora and Rabbit Lake. Here is their website and on-line booking: <http://www.ontarioparks.com/park/rushingriver>

Resorts

The Kenora area has many resorts and lodges. Redden's is on the east side of Kenora, about 20 minutes away <http://www.reddenscamp.com/> Perch Bay Resort is on the west side of town about 20 minutes from the regatta site <http://www.perchbay.com/>

Entertainment: A BBQ will be held on site directly following the regatta. **Tickets for non-rowers will be available for sale on site during the regatta.**

Eligibility/Categories:

*Novice Rowers: Defined as any rower in their first year of rowing.
Junior B Rowers: U17 Born 2003 or later
Junior Rowers: U19 born 2001 or later
U23: Note: Will row in Junior events, but in own age category
Master Rowers: 21 +

Schedule of Events (attached): **Heats** (if necessary) will begin at 7:30am. First call will be made at 7:00am. **Finals** will begin at 9:00am.

Awards: Awards will be given to the top finishers of each event at end of day.

Scratches: Scratches should be reported at the coaches meeting on Friday, July 26 at 6:00pm at the club house or by e-mail before the regatta rowkenora@gmail.com

Entries: Regatta Central www.regattacentral.com by July 14 @ 4 pm CST
Questions: E-mail Kenora Rowing Club at rowkenora@gmail.com

Entries received after this date will be accepted if they do not create a heat in the event.

Fees: **\$50.00 Canadian** per competitor PLUS RCA seat fee per event. All fees must be paid on line with Regatta Central or at KRC by one club cheque at the coaches meeting.

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Order of Events

Number	Event
1	Junior Mens 4+/-
2	Junior Womens 8+
3	Master Womens A-H 2X
4	Master Mens 4+/-
5	Junior B Mens 2X
6	Master Womens 4X
Break	
7	Junior Womens 2-
8	Master Mens A-H 1X
9	Junior B Womens 2X
10	Junior Mens 4X
11	Master Womens A-H 1X
12	Mixed Mash Dash 8+
Lunch Break	
13	Junior Womens 2X
14	Master Mens 4X
15	Junior Mens 8+
16	Mixed Master 2X
17	Master Womens 4+/-
18	Junior Womens 4X
Break	
19	Junior Mens 1X
20	Master Mens A-H 2X
21	Junior Womens 1X
22	Junior Mens 2-
23	Junior Womens 4+/-
24	Mixed Master 4X
25	Junior Mens 2X
26	Mixed Junior 2X